

3 years-Kindergarten League

I. PLAYING TIME

- A. All players must receive equal playing time, regardless of previous experience or skill level.
- B. Playing time will not be limited by a player's inability to attend practice.

II. OFFICIAL GAME TIME/ SCORING

- A. A game will consist of four six minute quarters.
- B. The clock will run continuously and will only stop for timeouts and injuries.
- C. League standings will not be kept.
- D. Players cannot foul out. Officials may call fouls if appropriate but explain the rules to the players.
- E. The goal will be set at a height of six feet for three and four year olds.
- F. The goal will be set at a height of seven feet for five and six year olds.
- G. A junior sized basketball will be used for both three and four year olds and five and six year old leagues.
- H. **No score will be kept.**

III. TIMEOUTS

- A. Each team will be allowed two timeouts per half.
- B. Timeouts will not carry over from the first half to the second half.
- C. Timeouts will last one minute.
- D. Timeouts may be called by either the coach or the players on the court.
- E. Timeouts may only be called by the team in possession of the basketball.

IV. DEFENSE

- A. Man to Man defense only.
- B. No press of any type is allowed.
- C. Players must retreat across the mid-court line and allow the ball and player with the ball to cross mid-court unimpeded.

V. SUBSTITUTIONS

- A. Teams may substitute players on dead balls, during time-outs, or at the end of the quarter.

VI. MISCELLANEOUS

- A. Games may not be protested due to any circumstances. The ruling of the officials is final.
- B. Games will not be rescheduled due to a team conflict with the published schedule.
- C. Team rosters will not consist of more than 10 player.
- D. Any questions, comments or concerns should be directed to Recreation Manager

1st-2nd Grade League

I. PLAYING TIME

- A. All players must receive equal playing time, regardless of previous experience or skill level.
- B. Playing time will not be limited by a player's inability to attend practice.

II. OFFICIAL GAME TIME/ SCORING

- A. A game will consist of four seven minute quarters.
- B. The clock will run continuously and will only stop for timeouts and injuries.
- C. Competitive Basketball will keep league standings. League standings will not be kept for non-competitive basketball.
- D. No overtime periods will be played.
- E. Officials may call fouls when appropriate to explain the rules to the players. Players can only foul out in the competitive league.
- F. Free throws will be shot from the white stripe.
- G. The goal will be set at a height of eight feet.
- H. A women's sized basketball (28.5") will be used.

III. TIMEOUTS

- A. Each team will be allowed two timeouts per half.
- B. Timeouts will not carry over from the first half to the second half.
- C. Timeouts will last one minute.
- D. Timeouts may be called by either the coach or the players on the court.
- E. Timeouts may only be called by the team in possession of the basketball.

IV. DEFENSE

Only man to man defense is permitted and begins at half court.

- A. No press of any type is allowed.
- B. Players must retreat across the mid-court line and allow the ball and player with the ball to cross mid-court unimpeded.
- C. No double teaming

V. SUBSTITUTIONS

- A. Teams may substitute players on dead balls, during time-outs, or at the end of the quarter.

VI. MISCELLANEOUS

- A. Games may not be protested due to any circumstances. The ruling of the officials is final
- B. Games will not be rescheduled due to a team conflict with the published schedule.
- C. Team rosters will not consist of more than 10 players.
- D. Any questions, comments or concerns should be directed to the Recreation Manager.

3rd-5th Grade League

I. PLAYING TIME

- A. All players must receive equal playing time, regardless of previous experience or skill level.
- B. Playing time will not be limited by a player's inability to attend practice.

II. OFFICIAL GAME TIME/ SCORING

- A. A game will consist of four eight minute quarters.
- B. The clock will run continuously and will only stop for timeouts and injuries.
- C. Competitive Basketball will keep league standings. League standings will not be kept for non-competitive basketball.
- D. Competitive Basketball will keep score. Score will not be kept for non-competitive basketball.
- E. Two minute overtime periods will be played.
- F. Fouls will be kept by the officials. A player will foul out of the game after five fouls.
- G. Free throws will be shot from the regulation free throw line.
- H. The goal will be set at a height of 10 feet.
- I. A women's sized basketball (28.5") will be used.

III. TIMEOUTS

- A. Each team will be allowed 2 timeouts per half.
- B. Timeouts will not carry over from the first half to the second half.
- C. Timeouts will last one minute.
- D. Timeouts may be called by the coach or the players on the court.
- E. Timeouts can only be called by the team in possession of the ball.

IV. DEFENSE

- A. Man to Man defense for 3-4th grade. Zone and Man to Man is permitted for 5-6th grades.
- B. 5th-6th Pressing only allowed last two minutes of the game if you are within 10 points.

V. SUBSTITUTIONS

- A. Teams may substitute players on dead balls, during time-outs, or at the end of the quarter.

VI. MISCELLANEOUS

- A. Games may not be protested due to any circumstances. The ruling of the officials is final.
- B. Games will not be rescheduled due to a team conflict with the published schedule.
- C. Team rosters will not consist of more than 10 players.
- D. Any questions, comments or concerns should be directed to the Recreation Manager.

Reschedule/Cancellation Policy:

Games that are cancelled due to inclement weather or scheduling conflicts may be rescheduled but are not guaranteed. Any other cancellations will NOT be rescheduled.

Spectator Conduct

Only positive reinforcement is accepted during sporting events.

Fans that display poor sportsmanship can and will be asked to leave the facility.

Badgering officials is a form of poor sportsmanship and will not be tolerated.

Fans should refrain from vocal instruction of players during a game. This should be left up to the coach. Also parents are not allowed on the court/field during game time for any reason. If a parent goes onto the court during the game they are subject to suspension for the rest of the season and other sporting events.

Spectators who have been asked to leave are subject to being banned from further events. This will be at the consent of the Sports Coordinator and Sports Committee.

Parents are asked to stand 10 feet from the sidelines during play.

Coaches will contact all parents on his or her roster by the Sunday following the coaches meeting.