

## Professional Disclosure Statement

---

**Name:** Kevin R Budd, MS, LLC, NCC, MT-BC

**Business Address:** Virtual/Telehealth Only

**Phone Number:** (616)-315-0702

**Email:** info@collectiveresonancecenter.com

---

### Description of Services

The world around us—its cultural messages and expectations—shapes how we see ourselves and how we relate to others. Sometimes, these influences can pull us away from our sense of authenticity and leave us feeling disconnected or overwhelmed. Using a relational-cultural approach, I tend to encourage the exploration of the larger cultural context behind our struggles to build deeper understanding, reclaim a sense of agency, and move toward meaningful change. Together, we create a space that is affirming and compassionate—a place where connection, reflection, and healing can unfold. Through this partnership, we can begin to restore the parts that long to be known, accepted, and empowered.

I work with individuals (adolescents [14+] and adults), couples/partners, and groups supporting general mental health and mental illness content.

### Areas of Specialty

- Adolescents and Young Adults (14-29)
  - LGBTQIA2+
  - Gender Identity & Exploration
  - Grief
  - Relational Trauma/Challenges
  - Life Changes & Identity Development
- 

### Qualifications & Experience

**License:** Limited Licensed Counselor (LLC)

**License #:** 6451024458

**Education:** Master of Science: Counseling  
California State University-Fullerton

**Credential:** National Certified Counselor (NCC)

**Credential #:** 1739925

**Credential:** Board Certified Music Therapist (MT-BC)

**Credential #:** 13115

**Education:** Master of Music: Music Therapy  
Illinois State University, Normal, IL

As a board-certified music therapist, I have had the privilege of over eight years of clinical experience supporting the mental health of children, adolescents, and adults across the spectrum of care, from inpatient crisis stabilization to outpatient services. During my counseling training, I gained advanced clinical experience supporting the LGBTQIA+ population and college-aged students.

---

## Theoretical Orientation

In addition to using a relational-cultural and person-centered framework, I tend to use an integrative approach including aspects of Gestalt, Psychodynamic, Somatic, DBT, and Trauma-Informed Care. Counseling can be more than just talk therapy. I find integrating Music Therapy and creative-based experiences can be effective modalities when navigating issues that are challenging to process or when seeking additional coping strategies.

---

## But is Virtual/Telehealth Therapy Right for Me?

For those more familiar with in-person care, telehealth/virtual therapy can seem foreign and bring uncertainty about the therapeutic experience including an important question: “Does it work?” As in-person and telehealth do offer a different “feel” respectively, research continues to validate the satisfaction, efficacy, and longevity of usage by clients of telehealth therapy services ([Waite et al., 2022](#)).

---

## Client Rights and Responsibilities

Clients have the right to:

- Confidentiality, except in cases of harm to self/others or legal mandates.
- Be informed about the counseling process, including potential risks and benefits.
- Refuse or discontinue treatment at any time.

Clients are responsible for:

- Attending scheduled sessions or providing at least 24 hours' notice for cancellations.
  - Actively participating in therapy.
  - Providing accurate emergency contact information.
- 

## Fees and Payment Policies

- **Session Rates**
  - **Individuals:** \$120 per session
  - **Couple/Partners:** \$140 per session

- **Payment Types:** Cash Pay & Out-of-Network Superbill Reimbursement (if PPO, 20-80% reimbursed, check with insurance company)
- **Cancellation Policy:** Clients are responsible for full payment if an appointment is missed or canceled without 24 hours' notice.

*\*If experiencing financial insecurity, ask about sliding scale options based on monthly income.*

---

## Supervisor Information

**Name:** Elizabeth Carr

**License Type and Number:** LPC #6401014557

**Contact Information:** (248)-939-3007; ecarrlpc@gmail.com

Clients can contact my supervisor directly with questions or concerns if they feel uncomfortable discussing them with me.

---

## Emergency Contact Information

In case of a crisis, please contact 911 or go to the nearest emergency room.

Additional resources:

- National Suicide Hotline: 988
- Trevor Hotline (LGBTQ+ Youth): Text 'START' to 678-678
- Kent County Mobile Crisis Response Services: 616-333-1000

I respond to emails and calls within 48 business hours. I do not check messages/emails after 5PM (ET) or on weekends.

---

## Filings of Complaints

In the event that you would like to file a complaint regarding services, the following address and number can be used:

Michigan Department of Licensing and Regulatory Affairs  
Bureau of Professional Licensing  
Investigations and Inspections Division  
PO Box 30670  
Lansing, MI 48909  
(517) 241-0205

### **Acknowledgment**

I have read and understand this Professional Disclosure Statement.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_