Alabama Emmaus Community News The Grapes

Vol. 18 No. 2

Community **Humble Servants**

Terrie Alexander Lay Director

Dorothy Ann Webster Spiritual Director

Teresa Holderfield Asst. Lay Director

Gary Formby Asst. Spiritual Director

Angel Rait **Community Coordinator**

> Jim Sims Treasurer

Donna Ambrosius Debra Baker Linda Case Karen Cotton Tami Glenn Teresa Holderfield Sherry Lockhart Dian Long Dianna McQueen Jackie Mize Brian Moore Kay Parker-Phillips Jaime Rickert Deanna Shotts Melanie Skillman Paul Webb Board Representatives

> Patricia Bush Literature

Bob Manney Supplies

Bruce Parris Community Agape

> Dan Bell Name Tags

Changes bring new curves

By TERRIEALEXANDER Lay Director

Dear Emmaus Family,

As we journey through this time of learning new ways of doing things, I have been thinking of my many journeys through life - both big and small. I am reminded of a message by one of my administrators about how to approach a new phase

She told me to look at the "huge learning curve" you get to travel through. I don't think I was as excited about it as she was at the time.

The idea of a "learning curve" sent me on another journey down memory lane when my sweet father was teaching me how to drive.

I heard him say, "When you get to a curve in the road, look at it, think about it, and when you get in the middle of it, give it the gas."

I thought he was just giving me a driving lesson, but now I know he was giving me a life lesson that I will never forget.

That brings me to how I see our Emmaus family in this "huge learning curve" of change.

"...each team has adjusted the wheel and covered the little bumps in the road.... Now our challenge is to listen."

We slowed down; we looked at it; we thought about it, and now we are in the middle of it, giving it the gas and moving through it.

I see how each team has adjusted the wheel and covered the little bumps in the road. These same teams are sharing all the wisdom that they have gained like my Daddy did when he was directing me in my driving lesson.

Now our challenge is to listen and practice these valuable lessons to be ready for the next curve or bump in our journey.

> I thank God for my Emmaus family. DeColores! Terrie Alexander

Spring clean for the soul

By DOROTHY ANN WEBSTER **Spiritual Director**

As I write this, we are dealing with a backed-up sink at our house. We've tried a plunger, and the yuck that it pulled out was...well, yuck! No wonder that sink has been slow to drain! Looks like we may need a profes-

Our lives can get clogged up, too, can't they? We get too busy, or too busy with the wrong activities, and before you know it our minds and our hearts get clogged.

Worries and stresses can contribute. Our priorities get out of whack, and we lose our focus on Christ. That's when we need to do some serious de-clogging.

Lent is a good time for de-clogging. In fact, de-clogging is what Lent is all about. It is a time to look closely at our lives; to undergo an "examination of conscience."

It is a time to consider any obstacles to

grace that we might find, and submit them to the light of God's love. As we see those obstacles for what they are, we can begin to remove them. Obstacles are a good thing to "give up" for Lent, and beyond!

We may need help removing some obstacles. Spiritual friends, a pastor or spiritual director, or a counselor or therapist can provide help. Certainly, the Holy Spirit is with us to help with the removal.

Then the really important next step of refocusing our lives on Christ must occur. As one of my colleagues has said, Lent is a time to realize just how much we need Jesus in our lives! Once we are refocused, we are ready to celebrate Easter with fresh and open hearts and minds

I hope your de-clogging goes well this Lent. Consider it "spring cleaning for your soul!" And then enjoy the fresh breezes of the Holy Spirit, and a joyful Easter filled with new life!

Grace and peace, Dorothy Ann

Board adjusts policy

At the November 2019 meeting of the Alabama Emmaus Board of Directors, changes were made to the Standing Rules. The first is one statement added to the qualifications for clergy:

At least one of the five clergy serving on an AEC Walk Team must be an Elder in the United Methodist Church.

The other changes were made to the use of PowerPoint slides, and Tech Support Guidelines were revised to reflect them:

Guidelines for slides:

- · No PowerPoint presentation should exceed 10 slides representing the main points of the talk, except for the Means of Grace talk, which with discretion, may have up to 15.
- a) Presentations shall not include slides of a personal nature unless referenced in the talk.
- b) Bullet points clicked on within a slide do not constitute an additional slide.
- c) A change in the background of a slide constitutes an additional slide.

All Lay Directors for 2020 have been given these updates and will be using them. Please cooperate in a spirit of charity.

Letters bring 4th Day fun

How long has it been since you went on your Walk? If it's more than five years, this is a great way to spend part of your day – aka 4th Day! Find the letters you received that weekend. Surely you know where they are – right? Take them out and read them again. All those wonderful memories will flood back into your mind and heart! If you haven't looked at them in ten to twenty years, you are in for a treat!!! And yes, there will be tears again! The reasons you had tears in the first place will create them again.

If you have letters from those that are dear who may have now moved to heaven, you will be touched to see the handwriting again. Their thoughts about you will bless you again. It will be as if you can hear them talking to you and you will see again the scenes that surrounded you at that time. Yes, it's a good thing!

If one of the letters is from someone you haven't seen or talked to in a long time, you will feel as if you've just had a visit. It may even prompt one!

Pilgrim letters are indeed special gifts from God. As you reread those written to you, you will gain fresh insight regarding those you write today, especially to those you sponsor. Take a minute and enjoy a blessing!

The Grapevine

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Sometimes pleasant, sometimes not

Be aware of the gifts God drops at our feet

ByANGELRAIT

Community Coordinator

Living on the lake exposes us to a bounty of nature, one of my favorites being the majesty of the deer. The heron are another favorite, watching as they so patiently and quietly stalk, often for quite a long time, and then the thrill we experience as we observe them swoop down and get their catch of the day.

We see things that are cute, like pesky raccoons, and we see things that are not so cute like coyote, fox, beaver, snakes, and even armadillo. This past week my husband got to experience something new, a beautiful bald eagle perched in a tree in our front yard. The eagle was brought to his attention by our cats on the front porch, who were restless and really acting strangely.

Stirling finally noticed the eagle on a branch close to the house. The eagle appeared restless, too. Soon, after taking several pictures, Stirling noticed that the eagle had dropped the remains of his morning fish catch in the driveway under a bunch of trees. His enormous wingspan prevented him from having room to fly below the tree branches to retrieve it. When Stirling stepped out on the porch, the eagle majestically flew away.

This event touched me and made me think about what happened in a different way. I think of this eagle as representing God. God has many gifts to give us; some are grand and unexpected, while others are unusual and "smelly." Here is my take on this story.

There was a smell of fish in the air, and the cats on the porch were all over it. They wanted to get to the gift that had been dropped for them on the driveway, but knew that danger was close by.

The eagle was silently controlling the area protecting *his* gift. It wasn't until Stirling stepped out on the porch and the eagle flew away that he even noticed something on the driveway. Let's just imagine that the eagle was God, bringing a gift by our house. Something He had been wanting us to have for a long while.

It was left where we could find it, but there were obstacles (cats) that prevented us from reaching it. God hovered nearby and protected it until He knew it was within our reach. The fish was impressively large, about a 20-inch long bass, but it wasn't pretty. It had been damaged from the fall and being half eaten.

Sometimes our gifts from God are grand and beautiful, and sometimes they are something "smelly" that may seem undesirable. "No God, not this!" But it is the "smelly" gifts that we often need the most. They are something given to share with the "hungry cats on the porch," that don't care at all what the fish looks like; they just want it and love the "giver" for it.

God places people in our lives to love and to show how God has loved us. Sometimes it is pleasant and convenient and all warm and fuzzy. And sometimes we are given an opportunity to be kind to someone who seems very unlovable, a not-so-easy task.

We must not lose any opportunity that God puts in our way. It may be someone that needs an application to attend an Emmaus Walk. Be aware of the gifts God drops at your feet and don't miss an opportunity to share what God has done for you!

Angel Rait, sjc, #173

Frustrated Grace



The Great Con-mission

UPCOMING WALKS					
Walk	Date	Lay Director	Spiritual Director	Cluster	Board Rep
494	Mar 19-22	Carla Roberts	Tim Alexander	Franklin/Haleyville/ Hamilton	Jackie Mize/ DeannaShotts
495	Apr 23-26	David Speegle	Mac Buttram	Blount/Cullman	Kay Parker Phillips/ Melanie Skillman
496	May 14-17	Rosemary Lewey	Tony Jones	Shoals/Athens/ Moulton-Decatur	Brian Moore/ Tami Glenn
497	Jun 4-7	Butch Burgess	Lynn Gibson	Tuscaloosa/WAL	Sherry Lockhart/ Jaime Rickert
498	Jul 16-19	Tami Kelley	Paul Vick	Gadsden/Marshall/ Cherokee-Dekalb	Teresa Holderfield/ Debra Baker
499	Jul 30-Aug 2	Susan Lewis	Sherrill Clontz	Huntsville	Linda Case/ Karen Cotton
*Men's Walk		Reminder: Candlelight service begins at 7:45; Closing begins at 4:45. Please remember that children are <i>not</i> to be present in Hutto or at meals during a walk!			

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Alabama Emmaus Walk 495 April 23-26, 2020

Tommy Sherrell Attalla Crystal Wain/Marina Sherrell David Speegle (Perseverance) Lay Director Birmingham Kevin Hubbard Jim & Mary Price and Leanoria Sue Keith Asst. Lay Director Charlie Herfurth (Priority) **Buddy Mills** Booneville Cheri & Shawn Gober Rickey Hall (Fourth Day) Michael Wisdom Eric Terrell and Andy Smith Buhl Jim Doak Cole Harrison Caledonia Sarah Rickert Mark Skillman Columbus Dom DeBell Sarah Rickert Jim Saunders Billy Hunt Florence William and April Vaden Brian Stern Florence Barry Phillips and Eric Ross Spiritual Director Mac Buttram (Means of Grace) Mike Smith Gadsden Lisa Smith Brandon Bierley Helena Mark Scogin and Paul Hass Dudley Brock (Prevenient Grace) Asst. Spiritual Directors Don Cadwalader Huntsville Mike and Nancy Nolan Brady Hipps (Justifying Grace) Blake Pattillo Huntsville Robert Pendley & Spencer Walter Cash (Sanctifying Grace) Pendley Richard Saylor (Obstacles to Grace) Larry Conwill Huntsville Bill Smith

Jim DeLary

Fred Falbo

Zac Langer

Dustin Brown

Richard Marks

Danny Mitchell

Name

Rick Hannefield

City

Albertville

Huntsville

Odenville

Sylacauga

Town Creek

Tuscaloosa

Warrior

Sponsor

Brian Franks

Ricky Sparks & Phil Patterson

William Vaden and Eric Ross

Chip Vann Chuck Belitz

Randy Smith

Robin & Luann Scott

Music Bob Bentley

Asst. Table Leaders George Lyrene (Priesthood) Billy Coleman (Study)

Gerald Weatherly (Discipleship)
Tom LoRoque (Changing Our World)
Bob Manney (Christian Action)
Trent Compton (Body of Christ)
Tim Culpepper (Life In Piety)

Table Leaders Bill Peinhart

Bob Burgess Doyle Jones Jim Frazier Rocky Stone Bill Barnett Glenn Stokes

Board Reps. Kay Phillips, Melanie Skillman

Committees

Humble Servant:

Agape: Judy Bonds 256-636-2735 Meal Service: Diane Herfurth 256-708-8740 Refreshments: Shireen Coleman 256-338-6478 72-Hour Prayer Vigil: Gordon Boyd 256-734-3850 Housing: Bain Brown 205-369-7630 Candlelight: Mickey Phillips 256-796-8125 Clean-up: Rita Speegle 256-339-4791 Closing: Mary Nell Saunders 205-522-4828 Entertainment: Dianne Herfurth 256-708-8740 Follow-up: Wendell Copeland 256-734-1135 Speakers' Prayer Chapel: Denise Nails 256-566-0987 Sponsors' Hour: Nella McGraw Diane Lyrene Worship: 256-339-1575 Photographer: Rita Speegle 256-339-4791

Rita Speegle

256-339-4791

Alabama Emmaus Walk 496 May 14-17, 2020

Lay Director Rosemary Lewey (Perseverance Asst. Lay Director Vicki Morese (Priority)

> Melanie Little (Fourth Day) Lynn Littrell Cathy Dutton Cathy Brett Melissa Parks

Spiritual Director Tony Jones (Means of Grace)

Dudley Brock (Prevenient Grace) Asst. Spiritual Directors

Wannell Scott (Justifying Grace) Dale Cohen (Sanctifying Grace) Matt Reed (Obstacles)

John Schuessler Music

Asst. Table Leaders Tammy Harvey (Priesthood)

Janice Alcorn (Study) Kris Murphy (Discipleship) Katie Dobbins (Changing Our World) Shannon Reed (Christian Action) Ann Lyndon (Body of Christ) Stephanie Hipps (Life In Piety)

Table Leaders Kim Taylor

Alicia Carpenter Angela Terry Ashley Carter Kay Seale

Lisa Keyes Matthews Allison Brooks

Board Reps. Brian Moore, Tammi Glenn

Committees

Barbara Chenault 256-522-7930 Agape: Meal Service: Karen Caine 256-221-4683 Refreshments: JoAnn Campbell 256-627-4244 72-Hour Prayer Vigil: Celia Rudolph 256-381-7201 256-655-6283 Housing: Jack McDaniel 256-415-1339 Candlelight: Michael Carr Clean-up: Gerald Glover 256-565-0238 Closing: Adam Hawkins 256-426-5731 Entertainment: Don Shelton 256-214-2454 Teddy Owens Follow-up: Speakers' Prayer Chapel: Donna McDaniel 256-421-5008 Sponsors' Hour: Rob Carpenter Worship Ann Glover 256-566-6560 Photographer: Frederick Martin

Humble Servant: Tim Littrell 256-565-8200

City Name Athens Emily Sturtz Robyn Little Birmingham Julie Pappalardo Birmingham Jane Upton Boaz Connie Yates **Brent** Charlotte LaGrone Brent Christina Richardson Collinsville Rachel McCauley Fayetteville Michelle Williams Gadsden Julia Morrison Harvest Killen Mona Whitworth Hazel Green Sharon Cadwalader Huntsville Wilson Kimberly Jessica Lucas Kristin Tate Madison Tarsha Tubbs Sawyerville Gloria Wood Sylacauga Maryanne and Fred Pate

Tuscaloosa

Kasey Earnest

Sponsor Donna Schollian Jadell Dunn & Susie Heckathorn Suzanne Scott-Trammell & **Sherry Harris** Delilah Gibson Melinda Burnett Melinda Burnett Jennifer Chesnut/Lydia Tucker Angela Steelman Bradley and Sandra Williams Jacob Daugherty and Al & Jana Whitney Creasy Nancy Nolan and Bonnie Vivian McRae Vanessa Fish Portia Shepherd & Sherrie Hiett

Dave Bailey

The Grapevine

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Newsletter of the Board of Directors of the Alabama Walk to Emmaus

Literature options

"Develop a passion for learning. If you do, you will never cease to grow."

The Alabama Emmaus Community has access to a lot of great books to continue your journey after your Walk. Listed below are some of the books offered to the Community on Saturday night prior to Candlelight.

- · Sponsorship
- · Coming Down from the Mountain
- · Fruit of the Spirit
- · What is Chrysalis?
- · One in the Spirit
- · Spiritual Growth through Team Experience
- · The Role of Agape
- · Group Reunion
- · The Early History
- · Day Four

These books are produced by The Upper Room. They are \$6.00 each and are located in the foyer in Hutto. The Board Representatives for the walk occurring will be at the Registration Table to assist you with your purchase.

Worship booklets are also available for \$2 each and DeCOLORES bumper stickers are available for \$1. Worship booklets, Day Four books and DeCOLORES bumper stickers are available on Sunday night prior to Closing.

DeColores! Kathy Hall, Walk 379 Literature/Permanent Committee Praying for You

Our heartfelt sympathy is extended to members of the Emmaus Community and their families in the loss of loved ones.

To **Jeanette Clifton (406)** in the loss of her husband, Franklin Clifton

To **Tommy Lee (358)** in the loss of his father, Thomas Nathan Lee, Sr.

To **Bill Drake (33)** in the loss of his wife, **Kathleen Drake (30)**

To **Ann Livingston (120)** in the loss of her husband, **Gunter Livingston (229)**

To **Kitten Dailey (286)** in the loss of her husband, **Buddy Dailey (285)**