

## SUMATANGA CHECKLIST

### Preparing To Go On An Emmaus Walk

- Sleeping quarters have single bunk beds. You will need to take your own linens, (sheets and a blanket or quilt) and your own pillow. Some people take sleeping bags instead of linens. Choose what is most comfortable for you. There is usually one other person in your room, and sometimes there may be three of you.
- You will need to take all your own toiletries. There are two "community" bathrooms on each hall. You will need to also take your own towels and wash cloths. There is a lavatory and mirror in each room, so you can brush your teeth and wash your face there if you choose.
- Dress casually and comfortably, even on Sunday. This includes jeans, sweats, sneakers, and shorts, depending on the weather.
- There will be a book table available, and there will be an opportunity to purchase Camp Sumatanga shirts. These would be the only reasons you would need to have money with you.
- If you forget any of the personal items mentioned above, simply let one of the people in charge (they will be pointed out to you) know what you need, and they will provide it.
- Leave watches and clocks at home.
- Smoking is not allowed in the buildings at Camp. However, if you smoke, there are designated areas.
- If your family needs to reach you, it's best to have them call your sponsor. Your sponsor will likely know who answers the phone, and can get through quickly. However, you can leave these numbers with your family: (256) 538-9828.
- Your transportation to camp and back home again will be provided by your sponsor. You will be notified of a time of departure, and an approximate time of return.