



# BACK TO DANCE FALL SEMESTER 2020

## SET UP AND PARTICIPATION OPTIONS:



- A COVERED OUTDOOR "STUDIO" HAS BEEN BUILT IN THE BACK OF THE PARKING LOT WHICH INCLUDES PROPER FLOORING AND SOCIAL DISTANCE..
- ALL CLASSES WILL BE HELD OUTDOORS UNTIL WE DEEM IT SAFE TO GO BACK INSIDE. WITH THAT. ALL CLASSES WILL BE BOTH LIMITED CAPACITY IN- PERSON AND UNLIMITED ENROLLMENT FOR VIRTUAL PARTICIPATION FOR THOSE WHO DO NOT GET A SPACE OR DO NOT FEEL COMFORTABLE ATTENDING IN PERSON.
- FLOORS ARE MARKED TO ASSIST IN SOCIAL DISTANCING. THE YOUNG DANCERS PROGRAM WILL ACCOMODATE 7 STUDENTS IN- PERSON AND WILL SPACE EACH DANCER 9 FEET APART. THE OLDER CLASSES WILL ACCOMODATE 9 STUDENTS IN PERSON AND WILL SPACE EACH DANCER 6.5 FEET APART.
- FANS WILL BE USED TO ASSIST AIR FLOW.
- EACH DANCER WILL ENTER ON ONE SIDE OF THE PLATFORM AND EXIT THE OPPOSITE SIDE OF THE PLATFORM. DANCERS WAITING FOR THE NEXT CLASS TO BEGIN WILL HAVE A MARKED/DISTANCED SEATING AREA TO WAIT UNTIL CALLED UP FOR CLASS.
- ALL PERSONAL ITEMS WILL BE STORED IN COVERED BINS THAT WILL BE SANITIZED AFTER EACH USE.
- IN THE EVENT OF INCLEMENT WEATHER. ALL PROGRAMS WILL BE HELD VIRTUALLY. DETERMINATION OF SUCH EVENTS BY 12PM AND COMMUNICATED TO YOU VIA EMAIL.



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## HEALTH & SAFETY GUIDELINES



- THERE WILL BE NO WAITING OR PARKING IN THE PARKING LOT. AND NO USE OF THE INDOOR FACILITIES FOR ANYONE OTHER THAN DANCERS AND STAFF.
  - A DESIGNATED “DROP OFF” AREA WILL BE CREATED TO ELIMINATE EXTRANEOUS INDIVIDUALS.
  - AIM STAFF WILL ESCORT YOUR DANCER TO AND FROM YOUR VEHICLE.
  - TO PROVIDE ADDITIONAL PHYSICAL DISTANCING. PARENTS OF CHILDREN AGE 6 AND UP WILL NOT BE ALLOWED IN THE STUDIO AREA
- ALL DANCERS AND CAREGIVERS WILL HAVE THEIR TEMPERATURE TAKEN BEFORE EXITING VEHICLE.
- PARTICIPANTS/GUARDIANS WILL BE ASKED TO FILL OUT A WEEKLY HEALTH CHECKLIST. THE CHECKLIST WILL BE AVAILABLE ONLINE. STUDENTS WILL NOT BE ALLOWED IN CLASS UNLESS THE FORM IS FILLED OUT EACH WEEK.
  - THE CHECKLIST WILL INCLUDE THE FOLLOWING QUESTIONS:
    - IN THE LAST 14 DAY HAVE YOU OR ANYONE IN YOUR HOUSEHOLD BEEN IN CLOSE CONTACT WITH A COVID- 19( CONFIRMED OR SUSPECTED CASE- EXCLUDING HEALTHCARE WORKER WEARING APPROPRIATE PPE) OR IS ILL WITH A RESPIRATORY ILLNESS
    - TRAVELED INTERNATIONALLY
    - HAD ANY OF THESE FOLLOWING SYMPTOMS:
      - FEVER ( 100.4 OR HIGHER) OR CHILLS
      - COUGH
      - SHORTNESS OF BREATH OR DIFFICULTY BREATHING
      - FATIGUE
      - MUSCLE OR BODY ACHES
      - HEADACHE
      - NEW LOSS OF TASTE OR SMELL
      - SORE THROAT
      - CONGESTION OR RUNNY NOSE
      - NAUSEA OR VOMITING

PLEASE NOTE IF YES TO ANY OF THE ABOVE. WE ASK THAT YOU PARTICIPATE REMOTELY UNTIL AT LEAST 7 DAYS HAVE PASSED SINCE ANY HOUSEHOLD MEMBER FIRST EXPERIENCED ANY SYMPTOM( S) AND IS IMPROVING. AND UNTIL THE HOUSEHOLD HAS BEEN FEVER FREE FOR 72 HOURS WITHOUT FEVER REDUCING MEDICATIONS.

- IF YOUR CHILD IS SICK FOR ANY REASON WE ARE ASKING THAT THEY NOT ATTEND CLASS. MAKE- UP CLASSES CAN BE DONE AT ANY POINT. SO YOU WILL NOT BE MISSING OUT ON YOUR CLASSES.
  - AIM STAFF RESERVES THE RIGHT TO ASK A STUDENT TO STAY HOME OR CALL HOME FOR THE STUDENT BE PICKED UP EARLY DUE TO ILLNESS.
- EACH STUDENT WILL HAVE A SANITIZED PLASTIC BIN TO HOLD THEIR BELONGINGS WHILE IN CLASS. WE ASK THAT EXTRANEOUS ITEMS BE LEFT AT HOME. ONLY BRING WHAT IS NECESSARY.
- HAND SANITIZER WILL BE USED BEFORE CLASSES START AND AT ANY STOPPING POINT.
- BATHROOM BREAKS WILL BE DONE IN THE STUDIO ONE AT A TIME.
  - TIMERS HAVE BEEN PLACED IN EACH BATHROOM TO ENSURE THAT EACH PERSON WASHES THEIR HANDS FOR 20 SECONDS.
- STUDENT ARE REQUIRED TO HAVE A CLOTH FACE COVERING WITH THEM AT ALL TIMES.
  - THEY MUST WEAR THEIR MASK UPON ARRIVAL/DEPARTURE AND AT ANY POINT THAT THEY ARE NOT DANCING INCLUDING CRAFT TIME AND BATHROOM BREAKS.
    - AS OF NOW. WE WILL NOT MANDATE THE WEARING OF MASKS DURING CLASS. BUT RESERVE THE RIGHT TO ENFORCE THAT POLICY AS ILLNESSES BECOME MORE PREVALENT.



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## MAINTAINING THE SAFETY



- PER THE CDC AND THE EPA GUIDELINES APPROPRIATE AND EFFECTIVE CLEANING MATERIALS ARE INVENTORIED AND WILL BE USED ON A CONSTANT BASIS.
- PER NJ GUIDELINES IN CONJUNCTION WITH THE CDC ALL STUDENTS AND INSTRUCTORS WILL BE ADVISED TO WEAR A MASK WHEN NOT PARTICIPATING IN AEROBIC OR ANAEROBIC ACTIVITIES AS WELL AS THE RECOMMENDED SOCIAL DISTANCING OF 6 FT. ( WE RESERVE THE RIGHT TO REQUIRE MASKING AT ANY POINT)
- THE FLOORS AND BELONGINGS BINS WILL BE CLEANED AND DISINFECTED BETWEEN EACH CLASS AND AT THE BEGINNING AND END OF EACH DAY
- ALL EQUIPMENT BEING USED DURING CLASS TIME WILL BE SANITIZED IMMEDIATELY FOLLOWING USE.
- WE WILL PROVIDE HAND SANITIZER. SANITIZER WILL BE USED AT ANY STOPPING POINT WITHIN THE CLASS AND PRIOR TO LEAVING.
- BATHROOMS ( TOILETS, SINKS, SOAP DISPENSER, PAPER TOWEL DISPENSER, LIGHT SWITCH, DOOR HANDLES) WILL BE WIPED DOWN AFTER EACH USE, AND FULL HEAVY CLEANING DONE AT THE END OF EACH DAY.
- THE SHARING OF WATER BOTTLES AND FOOD IS STRICTLY PROHIBITED. REGARDLESS OF FAMILY.
- STUDENTS ARE ASKED TO BRING WATER BOTTLES HELD INSIDE A SEALED ZIPLOC FREEZER BAG WITH THE STUDENTS NAME ON IT.

# BACK TO DANCE FALL SEMESTER 2020: QUESTIONS & ANSWERS

ART IN MOTION HAS NOT ONLY DONE RESEARCH ON WHAT NJ IS DEEMING APPROPRIATE AND SAFE FOR OUR INSTRUCTION, BUT WE HAVE ALSO BEEN IN CONTACT WITH THE CDC AND THE VARIOUS HEALTH PROFESSIONALS TO GUIDE US THROUGH THIS PROCESS. IN AN EFFORT TO BE COMPLETELY TRANSPARENT. TO THE RIGHT YOU WILL FIND BOTH THE CDC AND NJ D.O.H DOCUMENTATION OF SAFETY PRACTICES AND PROTOCOLS WE ARE FOLLOWING.

- [HTTPS://WWW.NJ.GOV/HEALTH/NEWS/2020/APPROVED/20200615B.SHTML](https://www.nj.gov/health/news/2020/approved/20200615B.SHTML)[HTTPS://NJ.GOV/HEALTH/CD/DOCUMENTS/TOPICS/NCOV/COVID\\_GUIDANCEFORSPORTSACTIVITIES.PDF](https://nj.gov/health/cd/documents/topics/ncov/covid_guidance_for_sports_activities.pdf)
- [HTTPS://WWW.NJ.GOV/HEALTH/NEWS/2020/APPROVED/20200608A.SHTML](https://www.nj.gov/health/news/2020/approved/20200608A.SHTML)
- [HTTP://CDN.CNN.COM/CNN/2020/IMAGES/04/30/REOPENING.GUIDELINES.PDF](http://cdn.cnn.com/cnn/2020/images/04/30/reopening.guidelines.pdf)

## WHAT DO THE DANCERS WEAR?

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THE DANCERS WILL BE ASKED TO WEAR A DANCE CLOTHES AS ALWAYS. FOR GIRLS: LEOTARD/TIGHT TANK TOP AND SHORTS WITH TIGHTS/LEGGING. FOR BOYS: ATHLETIC PANTS/SHORTS AND A FITTED T-SHIRT. STUDENTS WILL BE ASKED TO BRING ALL APPROPRIATE DANCE SHOES FOR THE CLASS THEY WILL BE PARTICIPATING IN. WE ASK THAT ALL DANCERS APPLY BUG SPRAY AT HOME PRIOR TO ARRIVAL.

## WHAT IF I AM NOT COMFORTABLE WITH MY DANCER PARTICIPATING IN PERSON?

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THIS IS A SCARY AND UNCERTAIN TIME FOR EVERYONE, AND WE UNDERSTAND THAT THERE IS NOT ONE BEST SOLUTION. WITH THAT WE WILL BE HAVING ALL CLASSES BOTH IN PERSON AND VIRTUAL. VIRTUAL CLASS PARTICIPATION WILL BE IN REAL TIME, SO THERE IS NO DELAY AND THE EXPERIENCE WILL BE THE SAME WHETHER IN HOME OR IN OUR SUMMER STUDIO.

## CAN I SWITCH THE TYPE OF PARTICIPATION I HAVE CHOSEN?

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OF COURSE!  
YOU CAN DECIDE OR UTILIZE EITHER IN PERSON OR VIRTUAL OPTION AT ANYTIME. IF THERE IS EVER A CASE OF INCLEMENT WEATHER, THERE WILL BE NO IN-PERSON INSTRUCTION, ALL WILL BE ON ZOOM.  
(THAT WILL BE DETERMINED FOR BY 12PM THE DAY OF THE CLASS AND COMMUNICATED VIA EMAIL). IF EITHER OPTION IS TOO MUCH, WE WILL GLADLY CREDIT YOUR ACCOUNT FOR WHATEVER BALANCE YOU DID NOT USE, AND IT CAN BE USED AT ANY TIME!