

I Write My Own Story.

I am the author of my own destiny. I am the writer of my own fate. And I love that I can take control of my story.

I am glad that I have taken responsibility for my own narrative. **I now see that others lack the power to have any say in my story.** I am the director of this play.

I choose the characters that I want to play with now. I take back my power.

I am proud of myself and how far I have come on this journey. I now do a rewrite of my history. I forgive those who I am ready to forgive.

I am no longer the victim in my story. I am the hero.

As the hero, I rescue any parts of myself that need to be healed. I give these parts the love they need. I acknowledge all my parts.

I have stopped pushing down the aspects of myself that need to come forth to be forgiven. I do my forgiveness work. I do my healing work.

Now that I have all my parts on board with the new narrative, I can joyfully write my new script. I choose a new path that I have never gone down before.

I now have the courage to reach my destiny. **I now have the strength to be the master of my fate.**

Today, I stand tall as I take command of my life. I am the supreme commander of my life. I take back the power I have given away in the past. I seize new opportunities to fulfill my purpose.

Self-Reflection Questions:

1. What does my new narrative look like?
2. How can I create my happy ending?
3. What characters am I bringing into my life to support my story?

For more information about writing your own story, visit our website at inspirationlifecoaching.com or email misti@inspirationlifecoaching.com.