



Financial and Studio Policies

1. Payment Policy:

All payments will be made prior to the training session. Body & Soul Movement accepts cash, check and PayPal.

2. Cancellation Policy:

- a. No charge for a cancellation with 24 hours notice.
- b. Client will be charged the full session fee if the cancellation is made with less than 24 hours notice or if client does not show up for scheduled time. (Emergency situations are taken into account and understood.)

3. Late Policy:

Body & Soul Movement sessions will end timely as scheduled to insure respect of other clients' time and scheduled appointments. Late arrivals are responsible for their full session fee.

4. Studio Policy:

- a. No cell phone conversations in the waiting area. Please maintain quiet activity while waiting for your appointment.
- b. Visitation or observation of client's session by friend or family member must be preapproved before session.
- c. Please limit perfumes and body lotions before working out.
- d. Please come with personal water bottle and socks of your choice for Pilates work. If you forget your socks, you may borrow a pair of studio socks, to be left at the studio after use.

Signature: _____ **Date:** _____