## **PICKLEBALL**

## with Coach Cleo





WHEN: Tuesdays

WHERE: Clubhouse Court #4

**SESSIONS**:

8:00-8:55 a.m.- Beginner

9:00-9:55 a.m.- Intermediate/Advanced

10:00-10:55 a.m.- Intermediate/Advanced

## **PROGRAM OVERVIEW**

- Instructional: Learn to hit, ready position, basic footwork, dink shot, continental hit/v-grip
- Learn to serve, Forehand/Backhand strokes, return serve, third shot drop, overhead smash shot, lob, volleys & slice
- Mock games and learn how to track scores

Must provide CVE ID, Residents only. Sessions operate on a first come first serve basis. Failure to abide by the rules will result in loss of Clubhouse privileges.

If you are Interested in private lessons with Coach Cleo, please email cleo.collange@gmail.com