



ON-SITE Personal Training

FOR CENTURY VILLAGE EAST

Sign up for a one-on-one personal training session!

Book 3, 5 or 10 sessions for 30 min » 60 min » or 60 min with a partner

Save more on packages of 5 or 10 sessions!

5% OFF 5 SESSIONS
10% OFF 10 SESSIONS

*Packages expire 3 months after purchase.

**Questions on how to
sign-up?**

Contact:
Cindy at
cvefitness@tfliving.com

CLICK HERE TO BOOK
PERSONAL TRAINING
SESSIONS