

PICKLEBALL



with Coach Cleo

WHEN: Beginning Tue. 11/4

Tuesday, Wednesday & Thursday

WHERE: Tilford Courts

SESSIONS:

7:30-8:25 AM Beginner

8:30-9:25 AM Intermediate/Advanced

9:30- 10:25 AM Intermediate/Advanced

10:30-11:25 AM Beginner



PROGRAM OVERVIEW

- Instructional: Learn to hit, ready position, basic footwork, dink shot, continental hit/v-grip
- Learn to serve, Forehand/Backhand strokes, return serve, third shot drop, overhead smash shot, lob, volleys & slice
- Mock games and learn how to track scores

Must provide CVE ID, Residents only. Sessions operate on a first come first serve basis. Failure to abide by the rules will result in loss of Clubhouse privileges.

**If you are Interested in private lessons with Coach Cleo, please email
cleo.collange@gmail.com**