

Century Village East Tennis Schedule October 1 to May 31

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM	<u>Advanced Beginner</u> Morning drills forehand Backhand one hand vs. two Hands followed by match Play serving games doubles Strategy and court positioning will be discussed	<u>Intermediate Level</u> Morning drills followed by match play doubles strategy and court positioning will be discussed	<u>Advance Level</u> Morning drills, volley and overhead followed by serving and keys to creating more power and consistency Match play will follow playing both 7 points and regular scoring	<u>Advanced Beginner</u> Go over basic rules of tennis related to doubles also tennis etiquette and continue with games related to doubles	<u>Beginners</u> Morning drills followed by games related to doubles serving 5 and 7 points, go over rules and tennis etiquette
9:30 AM	<u>Advance Level Morning</u> Drills volley and overhead followed by serving and keys to creating more power and consistency. Match play will follow playing both 7 points and regular scoring	<u>Advanced Beginner</u> Morning drills forehand backhand steps to hitting the tennis ball Grip ready position back swing point of contact follow through	<u>Intermediate Level</u> Morning drills forehand background one hand versus two hands Grip, stance (ready position) ball contact (point of contact) followed by the follow through match play to follow	<u>Intermediate Level</u> Morning drills going over the volley and overhead followed by games related to doubles	<u>Advanced Level Only</u> Tournament play round robin mixer
11:00 AM	Class Ends		<u>Beginner Class</u> Continuation of Tuesday's class working on forehand and backhand stroke introducing the steps to learning the serve	Class Ends	Continuation with match play playing 7 points and regular scoring
12:00 PM	Class Ends		Class Ends		Class Ends

All players should bring two cans of tennis balls to lessons with them. Lessons are given on a first come first serve basis. All new players, regardless of skill level should attend the Wednesday 11am Beginners Class for evaluation.

Private lessons are available – please contact Ron Perry at: rmperry16@gmail.com