## **PICKLEBALL**



## with Coach Cleo

WHEN: Beginning Wed. 11/1

Tuesday, Wednesday & Thursday

**WHERE**: Tilford Courts

**SESSIONS**:

8-9:30AM Beginner

9:30-11:00AM Intermediate/Advanced



## **PROGRAM OVERVIEW**

**Tuesday-** Instructional: Learn to hit, ready position, basic footwork, dink shot, continental hit/v-grip

**Wednesday**- Learn to serve, Forehand/Backhand strokes, return serve, third shop drop, overhead smash shot

**Thursday**- Mock games and learn how to track scores

Must provide CVE ID, Residents only. Sessions operate on a first come first serve basis. Failure to abide by the rules will result in loss of Clubhouse privileges.