

The CROSS GAITS

June Main Menu

Our reduced main menu is available
Wednesday to Friday 12pm - 2.30pm & 5.00pm - 8.00pm
Saturday & Sunday 12.00pm - 8.00pm

Starters

Lancashire Cheese Soufflé rocket salad with poached pears and roasted walnuts, parmesan shards with a Lancashire bomb fondue (v)	£6.95	Crispy Whitebait served with homemade saffron aioli (pgf)	£5.85
Crispy Salt and Pepper Chicken Bites in a sweet chilli sauce (pgf)	£6.25	Roasted Wood Pigeon with braised puy lentils, liquorice paint, heritage beetroot and puffed rice	£7.25
Creamy Blue Cheese & Garlic Wild Mushrooms on toasted bread with crispy onions (v)	£6.00	Soup of the Day with crusty bread & butter	£5.25

Mains

Pan Roasted Chicken Supreme pan roasted chicken breast, peas & broad beans sautéed in bacon, black garlic puree, asparagus, dauphinoise potatoes and a chicken sauce (gf)	£14.95	Fish and chips beer battered fish with hand cut chips, mushy peas, tartar sauce and lemon (pgf)	£13.95/£9.95
Mushroom and Butternut Squash Gnocchi roasted butternut squash and wild mushrooms, home made thyme ricotta, brown bread, parmesan & sage crumb, toasted seeds, rocket and walnut pesto (v)	£12.95	Lamb Rump roasted heritage carrots, dauphinoise potatoes, pickled red cabbage, carrot puree and crispy kale & thyme jus (gf)	£16.50
King Prawn, Mussel and Chorizo Linguini in a rich tomato sauce, sunblush tomatoes and parmesan	£15.50	Daube de Boeuf a la Bourguignon beef cheek braised in red wine with bacon and pearl onions, roasted heritage carrots, king oyster mushrooms, celeriac mash and asparagus (gf)	£16.95
Wild Mushroom Linguini with truffle oil, parmesan and rocket	£13.95	Chicken Caesar Salad chargrilled chicken breast, gem lettuce, parma ham, croutes, anchovies, hens egg, parmesan and a Caesar dressing (pgf)	£12.95
<i>With Chicken</i>	£14.95		

From The Grill

8oz Rump 10oz Sirloin 16oz T-Bone 30 days matured for exceptional tenderness, succulence and flavour	£16.95 £22.95 £28.95	Cross Gaits Burger 8oz prime homemade burger topped with bacon, cheese, lettuce, tomato and relish served with coleslaw and skin-on-fries	£12.50
All steaks cooked to your liking with grilled vine tomatoes, mushrooms, watercress and hand cut chips or fries (pgf)		Chicken & Bacon Burger chicken breast topped with smoked bacon, cheese, lettuce, tomato and sweet chilli mayo sauce with coleslaw and skin-on-fries (pgf)	£13.50
10oz Bacon Chop served with fried egg, pineapple, watercress and hand cut chips or fries (pgf)	£13.95	Minted Lamb Burger lamb burger, feta cheese, Greek tzatziki, rocket and crispy onion served with coleslaw and skin-on-fries	£12.95
Sauces Peppercorn, blue cheese, garlic butter, gravy (gf)	£2.50		

Sides

Hand Cut Chips (gf)	£3.95	Garlic Bread with Cheese (pgf)	£3.95
Skin-on-Fries (gf)	£3.95	Dressed House Salad (gf)	£3.50
Halloumi Fries	£3.95	Seasonal Vegetables (gf)	£3.50
Garlic Bread (pgf)	£2.95	Gravy & Sauces (gf)	£2.50

Please inform us if anyone in your party has a food allergy before
ordering.

(pgf) - can be prepared gluten free | (gf) - gluten free | (v) - vegetarian

'We don't serve fast food, we serve good food as fast as we can'
Meals are made fresh to order

The CROSS GAITS

Light Bites

Our light bites menu is available 12pm - 5.00pm, Monday to Saturday

**Excluding Bank Holidays*

Lamb Kofta served on stone baked flat bread with salad, Greek tzatziki, pomegranate, crumbled feta and olives with skin-on-fries	£12.50	Hot Roast Beef and Caramelised Onion roast topside smothered in gravy and caramelised onions on a warm ciabatta and served with crispy salad, skin-on-fries and coleslaw	£10.95
Chicken Gyro chargrilled marinated chicken breast on stone baked flat bread with salad, Greek tzatziki, pomegranate, crumbled feta, olives with skin-on-fries	£10.95	FLT beer battered haddock, gem lettuce and tartar sauce in a warm ciabatta and served with crispy salad, skin-on-fries and mushy peas	£9.95
Crispy Falafel Gyro lightly spiced falafel balls on stone baked flat bread with salad, harissa mayo, avocado, olives and humous with skin-on-fries	£9.95	Ploughman's Sandwich honey roast ham, crumbly Lancashire cheese and sandwich pickle on a crusty bloomer and served with crispy salad, crisps and coleslaw	£9.95
Gaits Club Ciabatta chicken, bacon, egg mayo and tomato on a ciabatta, served with coleslaw, salad and skin-on-fries	£10.95	Asian Style Crispy Beef Salad crispy beef tossed in hoi sin and sesame dressing, spring onions and chilli, cos lettuce, toasted cashew nuts and bean sprouts	£10.95
Crab and Prawn crab meat and fresh water prawns bound in lime & dill mayo, topped with avocado on a crusty bloomer and served with crispy salad, crisps and coleslaw	£11.50	Quiche of the Week served with salad, coleslaw and chips or new potatoes	£9.95

Sunday Roast *Sundays Only in addition to our main menu*

roast top loin of beef, honey glazed roast ham or locally sourced roast lamb with seasonal vegetables, honey roasted carrots and parsnips, mash, roast potatoes, homemade stuffing, rich stock gravy & homemade Yorkshire pudding

Beef or Ham £13.95

Lamb £15.95

All Three £17.95

Desserts

Chocolate and Hazelnut Delice white chocolate cremeux, salted hazel nuts, fruit of the forest sorbet and homemade honeycomb	£6.75	Warm Cherry Bakewell homemade cherry bakewell, black cherry and amaretto ice cream, almond praline	£6.50
Rhubarb Trifle forced Yorkshire rhubarb compote, vanilla and Meade sponge, white chocolate cremeux and Chantilly cream	£5.95	Trio of Mrs Dowson's Ice Cream/Sorbet (gf)	£5.50
Sticky Toffee Pudding drizzled in homemade toffee sauce served with vanilla ice cream	£6.25	Local Cheese Board shorrock's Lancashire bomber, Garstang blue cheese, Kidderton ash goats cheese, with chutney, biscuits and celery	£6.95

Hot Drinks

Americano a double shot of espresso topped with hot water	£2.95	Hot Chocolate steamed & frothed milk, topped with cream, marshmallows and a dusting of chocolate	£3.25
Espresso small, strong and served black	£2.45	Yorkshire Tea for those who <i>really</i> love their tea	£2.70
Cappuccino coffee with equal amounts of steamed & frothed milk, topped with a sprinkle of chocolate	£2.95	Speciality Teas including Darjeeling, Earl Grey, English Breakfast, Mint Green & Camomile, Fruit Tea	£2.70
Café Latte a mild refreshing coffee, an espresso with steamed milk & just a touch of froth on top	£2.95	Liqueur Coffees Irish coffee (Jamesons) Calypso (Tia Maria) Baileys Coffee French Coffee (Cointreau or Courvoisier)	£5.75
Mocha a delicious combination of pure espresso & chocolate, filled with steamed & frothed milk	£3.25		