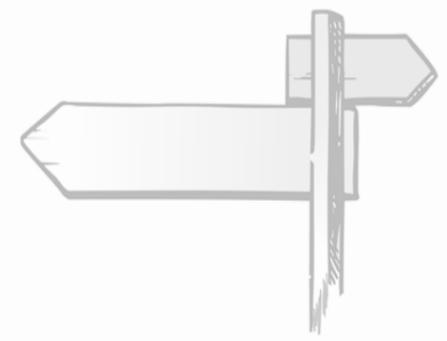


# The CROSS GAITS



## Starters

|   |       |   |       |
|---|-------|---|-------|
| <b>Lancashire Bomb Cheese Croquettes</b><br>croquettes in a kataifi pastry, tomato fondu and dressed mixed leaves (v) | £6.95 | <b>Crispy Whitebait</b><br>served with homemade citrus gel (gf)   | £5.85 |
| <b>Crispy Salt and Pepper Chicken Bites</b><br>in a sweet chilli sauce (pgf)  | £6.25 | <b>Scallops</b><br>cauliflower puree, roasted curried cauliflower and parma ham (gf)                                  | £9.95 |
| <b>Creamy Blacksticks Blue Cheese &amp; Garlic Wild Mushrooms</b><br>on toasted bread with crispy onions (pgf) (v)    | £6.50 | <b>Black Pudding Scotch Egg</b><br>served on a nest of potato straws with a chorizo emulsion and dressed mixed leaves | £5.95 |
| <b>Chicken &amp; Duck Liver Pâté</b><br>with mushroom jam, toasted brioche and dressed leaves (pgf)                   | £5.95 | <b>Soup of the Day</b><br>with crusty bread & butter (pgf)  | £5.25 |

## Mains

|  |                               |  |              |
|--|-------------------------------|--|--------------|
| <b>Lamb Wellington</b><br>lamb bon bons, carrot puree, peas & broad beans sautéed in bacon, basil mashed potato and a lamb sauce   | £22.95                        | <b>Smoked Salmon Linguini</b><br>with roasted mixed cherry tomatoes, courgettes and parmesan (pgf)   | £14.95       |
| <b>Whole Lemon Sole</b><br>with a shrimp and hazelnut beurre noisette, fondant potatoes and sea vegetables<br>*contains bones (gf)   | £16.95                        | <b>8oz Beef Fillet</b><br>served with roasted onions, shallot puree, tender stem broccoli, roasted carrots, dauphinoise potatoes and a red wine sauce (gf)   | £28.95       |
| <b>Cod Loin</b><br>in a mussel volute with buttered spinach, chervil, asparagus and new potatoes (gf)  | £15.95                        | <b>Cheese &amp; Onion Pie</b><br>three cheeses blended with onions in short crust pastry, baked beans and a choice of: chips or mashed potato  | £12.50       |
| <b>Pork Belly</b><br>with pork faggots, apple puree, sautéed cabbage & peas with bacon, carrots, mashed potato and a mustard sauce (gf)                                    | £14.95                        | <b>Chicken &amp; Ham Hock Pie</b><br>slow braised ham hock and tender pieces of chicken breast in a rich sauce, encased in short crust pastry, served with seasonal vegetables and a choice of: chips or mashed potato | £13.95       |
| <b>Chicken Ballotine</b><br>chicken stuffed with sun blush tomatoes and pecorino cheese, charred corn, tender stem broccoli, sweetcorn puree and dauphinoise potatoes (gf) | £13.95                        | <b>Fish and chips</b><br>beer battered fish with hand cut chips and mushy peas (pgf)   | £9.50/£13.50 |
| <b>Wild Mushroom Linguini</b><br>with truffle oil, parmesan and rocket (pgf) (v)   | £13.95<br>With chicken £15.95 | <b>Chicken Caesar Salad</b><br>chargrilled chicken breast, gem lettuce, parma ham, croutes, anchovies, hens egg, parmesan and a Caesar dressing (pgf)  | £11.95       |

## From The Grill

|  |        |  |        |
|--|--------|--|--------|
| <b>8oz Rump</b>  | £16.95 | <b>Cross Gaits Burger</b>  | £12.50 |
| <b>10oz Sirloin</b>  | £21.95 | 8oz prime homemade burger topped with bacon, cheese, lettuce, tomato and relish served with coleslaw and skin-on-fries             |        |
| All steaks cooked to your liking with grilled vine tomatoes, mushrooms, watercress and hand cut chips or fries (pgf) |        | <b>Chicken &amp; Bacon Burger</b>  | £12.95 |
| <b>10oz Bacon Chop</b>   | £12.95 | chicken breast topped with smoked bacon, cheese, lettuce, tomato and sweet chilli mayo sauce with coleslaw and skin-on-fries (pgf) |        |
| served with fried egg, pineapple, watercress and hand cut chips or fries (pgf)                                       |        | <b>Minted Lamb Burger</b>  | £13.50 |
| <b>Sauces</b>  | £2.50  | lamb burger, feta cheese, Greek tzatziki, rocket and crispy onion served with coleslaw and skin-on-fries                           |        |
| Peppercorn, blue cheese, garlic butter, gravy (gf)   |        |  |        |

## Sides

|                            |       |                                       |       |
|----------------------------|-------|---------------------------------------|-------|
| <b>Hand Cut Chips</b> (gf) | £3.95 | <b>Garlic Bread with Cheese</b> (pgf) | £3.95 |
| <b>Skin-on-Fries</b> (gf)  | £3.95 | <b>Dressed House Salad</b> (gf)       | £3.50 |
| <b>Halloumi Fries</b>      | £3.95 | <b>Seasonal Vegetables</b> (gf)       | £3.50 |
| <b>Garlic Bread</b> (pgf)  | £2.95 | <b>Gravy &amp; Sauces</b> (gf)        | £2.50 |

## Desserts

|  |       |   |                                    |
|--|-------|---|------------------------------------|
| <b>Gaits Mess</b><br>crunchy meringue, chantenay cream and berries (gf) (v)                                    | £5.95 | <b>Lemon Tart</b><br>meringue pieces, fruits of the forest sorbet and raspberries (v)   | £6.50                              |
| <b>Chocolate Fondant</b><br>with an orange tweel, burnt orange gel, summer berries and pistachio ice cream (v) | £6.75 | <b>Mrs Dowson's Ice Cream/Sorbet</b> (gf) (v)   | £1.50 per scoop                    |
| <b>Peach Fool</b><br>rum poached peaches with granola, peach cream and champagne sorbet (v)                    | £5.95 | <b>Local Cheese Board</b><br>a selection of locally made and sourced cheeses including Shorrocks Lancashire bomber, Garstang blue cheese, Kidderton ash goats cheese, with chutney, biscuits and celery (pgf) (v) | 3 cheeses £6.95<br>5 cheeses £9.95 |
| <b>Sticky Toffee Pudding</b><br>drizzled in homemade toffee sauce served with vanilla ice cream (v)            | £5.50 |   |                                    |

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|---|--|
| <b>Sunday Roast</b> <i>Sundays Only in addition to our main menu</i><br>roast top loin of beef, honey glazed roast ham or locally sourced roast lamb with seasonal vegetables, honey roasted carrots and parsnips, cauliflower cheese, mash, roast potatoes, homemade stuffing, rich stock gravy & homemade Yorkshire pudding | <i>Beef or Ham</i> £13.95<br><i>Lamb</i> £15.95<br><i>All Three</i> £17.95 |
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**Vegetarian and Vegan menu available separately**

Please inform us if anyone in your party has a food allergy before ordering.

(pgf) - can be prepared gluten free | (gf) - gluten free | (v) - vegetarian

**'We don't serve fast food, we serve good food as fast as we can'**

Meals are made fresh to order