



TUMBLING CLASS SCHEDULE

LEVEL 1

Saturdays, 10:45 - 12:00 PM
February 21, 28 | March 21 | April 18, 25

Focus: Basic Walkovers & Round-offs

LEVEL 1.5

Saturdays, 9:15 - 10:30 AM
February 21, 28 | March 21 | April 18, 25

Focus: Connected Walkovers & Advanced Variations
Requirements: Front & Back Walkover

LEVEL 2

Sundays, 4:00 - 5:15 PM
February 22 | March 1, 22 | April 19, 26

Focus: Back Handsprings

LEVEL 2.5

Saturdays, 9:15 - 10:30 AM
February 21, 28 | March 21 | April 18, 25

Focus: Connected Back Handsprings & Advanced Variations
Requirements: Standing & Running Back Handspring

LEVEL 3/3.5

Sundays, 5:30 - 6:45 PM
February 22 | March 1, 22 | April 19, 26

Focus: Running Tucks, Punch Fronts, & Aerials
Requirements: Roundoff Double Back Handspring

LEVEL 4

Saturdays, 10:45 - 12:00 PM
February 21, 28 | March 21 | April 18, 25

Focus: Standing Tucks, Connected Handsprings to Tucks, Layouts, Beginner Twists, & Advanced Variations
Requirements: Roundoff Back Handspring Tuck

LEVEL 5/6

Saturdays, 12:15 - 1:30 PM
February 21, 28 | March 21 | April 18, 25

Focus: Connected Handsprings to Layout/Full, Fulls, Arabians, Doubles, & Advanced Variations
Evaluation Needed to Enter Class

Cost: \$200 for 8 Classes, Drop In: \$30 per class

Ages: 7-18

Classes included in Elite Tuition and offered at discounted rate for Partial Season Athletes

updated 1/20/26