PRE-TRYOUT TRAINING

RESERVE YOUR SPOT TODAY SIGN UP FOR ONE OR AS MANY AS YOU WOULD LIKE

FRIDAY, MAY 13TH

5:00 - 6:15 PM LEVEL 1 TUMBLING

6:30 - 7:45 PM LEVEL 4 TUMBLING

8:00 - 9:00 PM FLEXIBILITY & CONDITIONING

SATURDAY, MAY 14TH

10:30 - 11:45 AM LEVEL 1 TUMBLING

12:00 - 1:00 PM LEVEL 1 STUNTS

1:15 - 2:30 PM LEVEL 2/3 STUNTS

2:45 - 4:00 PM LEVEL 2 TUMBLING

4:15 - 5:30 PM LEVEL 3 TUMBLING

SUNDAY, MAY 15TH

10:30 - 11:45 AM LEVEL 2 TUMBLING

12:00 - 1:15 PM LEVEL 4 TUMBLING

1:30 - 2:30 PM LEVEL 4/5/6 STUNTS

> 2:45 - 4:00 PM LEVEL 5/6 TUMBLING

MONDAY, MAY 16TH

5:00 - 6:00 PM FLEXIBILITY & CONDITIONING

6:15 - 7:30 PM LEVEL 3 TUMBLING

7:45 - 9:00 PM LEVEL 5/6 TUMBLING

CHECK OUT TUMBLING & STUNT SKILLS BY LEVEL CHARTS ON OUR WEBSITE TO CHOOSE THE CLASS' THAT BEST FIT THE SKILLS YOU'RE TRYING TO MASTER!