



TIPS ON BUILDING DURATION

Don't walk to your dog with food reached out

Holding food out to your dog will encourage them to move forward. Get the food out when you reach them or release out of position then feed

Initially drip feed

Food should not indicate the end of the exercise. Rewarding multiple times in position. Increase the duration between treats over time

Don't ask for a static behaviour until your dog indicates they are ready

Being still in certain situations can be hard for dogs for a variety of reasons. Until the dog indicates they are ready, through some form of engagement, do not cue 'stay'

Build duration in your dogs preferred position first

We can generalise duration, start with whatever position your dog finds most comfortable.

Layer in difficulty

Don't practice solely in your kitchen then go straight down to the local oval and expect the same results.

Practice disengaging from your dog

Some dogs see you facing them as the cue. Practice turning away, looking at your phone etc.

Remember your release cue!

