



INSPIRE DANCE & TUMBLE 2020-2021 Dress Code Guidelines

Twinkle Star Dancers Ages 2.5-7:

Girls: Pink ballet shoes and black patent leather tap shoes. **Boys:** Black ballet shoes and black lace up tap shoes or slip on tap boots. PLEASE plan to purchase shoes with IDT because they are *so much better for our little ones*. The girls tap shoes have velcro straps for easy shoe changes. Our ballet shoes have NO STRINGS that will distract the dancers and take time out of class for repeated re-tying. Dancers will be expected to bring their dance bags into class and change shoes themselves (with teacher assistance). As part of every Twinkle Star Dancer's dress code, "Sparkle" the Bear and the Twinkle Star Kit is **required** for each dancer. This will also help to keep our dancers safe and from sharing germs.

Girl dancers must wear **solid pastel – pink, pale blue or lavender** including skirted dresses, leotards, and ballet skirts. Dancers **must** wear footed tights – **only white, pink or natural are approved colors**. **No** patterned leggings or dance attire please. **Boy dancers** wear solid white t-shirts and plain black shorts or leggings. This creates a uniformity to our classes and it actually helps our dancers to focus better because they feel like a dancer when they are dressed like one!

Hair should be pulled up, off the face and secured with barrettes or a headband. NO jewelry except stud earrings.

Please consider purchasing all your dancewear needs at our studio! This will ensure you get the proper essentials and it will keep the revenue in our studio where we can put it right back into your kids! Selling shoes and dancewear at our studio is an important source of income for us that allows us to provide quality facilities and instructors for our students!

Show Stars Ballet/Lyrical Ages 6-9:

Female dancers wear classic pink, class assigned ballet shoes for all girls. Solid black leotard and **pink tights only** are required for ages 7 and up. Ballet skirts will be permitted. No patterned leggings or dance attire. Hair must be secured in a bun for ballet class. No jewelry except stud earrings. These guidelines are important for proper training as the instructor needs to see the dancers body clearly. This "uniform" also instills discipline in our students and helps to build a confident, professional dancer. **Male dancers** should wear plain white t-shirts with black shorts or leggings and class assigned, **black** ballet shoes.

Show Stars Jazz/Tap Ages 6-9:

Class assigned shoes. **Girl dancers** must wear **solid black** including skirted dresses, leotards, and ballet skirts. Dancers **must** wear footed tights – **only pink and tan are approved colors**. **No** patterned leggings or dance attire please. **Boy dancers** wear solid white t-shirts and plain black shorts or leggings. This creates a uniformity to our classes and it actually helps our dancers to focus better because they feel like a dancer when they are dressed like one!

Ballet Ages 10 & up:

Female Dancers: Classic Pink, class assigned ballet shoes for all girls. Solid black leotard and **pink tights only** are required for ages 7 and up. No ballet skirts will be permitted unless approved by your instructor. No patterned leggings or dance attire. Hair must be secured in a bun for ballet class. No jewelry except stud earrings. These guidelines are important for proper training as the instructor needs to see the dancers body clearly. This "uniform" also instills discipline in our students and helps to build a confident, professional dancer. **Male dancers** should wear plain white t-shirts with black shorts or leggings and class assigned, **black** ballet shoes.

All Hip Hop (including Show Stars Hip Hop):

Classes WITHOUT REQUIRED HIP HOP SHOES listed on Nimbly will receive instructions on shoe requirements from their instructor at the beginning of the season. Hip Hop shoes are not to be worn outside of the studio. T-shirts and shorts/pants are appropriate for hip hop due to the breakdancing movements. We recommend a tank or leotard be worn under a shirt to protect the modesty of our female dancers when performing upside down movements. Hair should be secured out of the face in a braid or ponytail. No jewelry except stud earrings. Water bottles are recommended.

Modern and Lyrical* Ages 10 & up:

Bare feet and solid black leotard are required. Tights are not required. Dance shorts or ballet skirts are recommended but must be a solid color. No patterned leggings or dance attire. Hair must be secured in a bun, ponytail, or braid. No jewelry except stud earrings. These guidelines are important for proper training as the instructor needs to see the dancers as a unified group. This "uniform" also instills discipline in our students and helps to build a confident, professional dancer. Male dancers should wear plain white t-shirts with black shorts or leggings. **Lyrical Competition does require a shoe - Canvas Half Sole.**

Tap (non competition) Ages 10 & up:

Current class required tap shoes. Solid black leotard is required. Tights are not required. Dance shorts, and/or leggings are recommended, but must be a solid color (black preferred). No patterned leggings or dance attire please. Hair must be secured in a bun, ponytail, or braid. No jewelry except stud earrings. These guidelines are important for proper training as the instructor needs to see the dancers as a unified group. This "uniform" also instills discipline in our students and helps to build a confident, professional dancer. **Male dancers** should wear plain white t-shirts with black shorts or leggings.

Musical Theater Ages 10 & up:

Hold off on purchasing shoes for now. We would like to wait and see if the class is going to have enough interest before you spend money on shoes.

Leaps & Turns:

Current class required jazz shoes. Solid black leotard is required. Tights are not required. Dance shorts, and/or leggings are recommended, but must be a solid color (black preferred). No patterned leggings or dance attire please. Hair must be secured in a bun, ponytail, or braid. No jewelry except stud earrings. These guidelines are important for proper training as the instructor needs to see the dancers as a unified group. This "uniform" also instills discipline in our students and helps to build a confident, professional dancer. **Male dancers** should wear plain white t-shirts with black shorts or leggings.

Tumbling and Acro:

Black leather acrobatic shoes are required. Make sure your child doesn't wear them anywhere but the gym and that your child's toenails stay trimmed. Long nails can puncture through the top of the shoe. Approved attire includes biketards, leotards with shorts/leggings, or a tight fitting tank top that will not ride up when upside down paired with shorts/leggings. Hair should be tightly secured in a braid, ponytail, or bun. When choosing a hairstyle, consider that many skills in tumbling such as various rolls and bridges can cause the tumbler to land on or pull their own hair. This can cause tumblers to injure themselves trying to avoid this situation. Fancy bows and clips are not practical in tumbling class. **Male tumblers** should wear solid color t-shirts with solid color shorts or leggings and required black leather acrobatic shoes.

Note:

Classes WITHOUT REQUIRED SHOES listed will receive instructions on shoe requirements from their instructor at the beginning of the season.