



## Supplemental Wellness has partnered with US BioTek!

Medical testing options can go way beyond the (useless) little blood work your traditional physician does once a year. Also know that many things that are tested with blood should not be. Take hormones, for example. Hormones should not be found in the blood. They should be working in the cells. If you are using hormone replacement therapy and your doctor is testing hormones with a blood test, you are most likely being over prescribed. The best way to check hormones is by monitoring their breakdown products that can only be found in urine. US BioTek not only offers urine-based hormone testing, they have a variety of other options that will be available to clients of Supplemental Wellness! Here's a look at what the **Adrenal** test and **Sex Hormone** tests consisting of primary hormones, their metabolites or break down by-products, plus endocrine disruptors.

AdrenoInsight	SexInsight		EndoInsight		
<b>Glucocorticoids:</b>	<b>Estrogens:</b>	<b>Endo Disruptors:</b>	<b>Estrogens:</b>	<b>Androgens:</b>	<b>Glucocorticoids:</b>
Total Cortisol	Estrone (E1)	Bisphenol A BPA	Estrone (E1)	DHEA	Total Cortisol
Total Cortisone	Estradiol (E2)	PFAS	Estradiol (E2)	DHEA-S	Total Cortisone
Cortisol/Cortisone	Estriol (E3)	PFOA	Estriol (E3)	Androstenedione	Cortisol/Cortisone
THF	2-OH Estradiol	PFOS	2-OH Estradiol	Androsterone	Tetrahydrocortisol
THE	2-OH Estrone	Lead	2-OH Estrone	Etiocholanolone	Tetrahydrocortisone
	4-OH Estradiol	Mercury	4-OH Estradiol	Testosterone	Free Cortisol:
	4-OH Estrone	Cadmium	4-OH Estrone	Epi-Testosterone	Morning
Free Cortisol:	16-OH Estrone	Arsenic	16-OH Estrone	T/Epi-T	Midday
Morning	2-OH / 16-OH E1	Aluminum	2-OH / 16-OH E1	5a-DHT	Afternoon
Midday	2-MeOH Estradiol	Chromium	2-MeOH Estradiol	5a,3a-Androst.	Evening
Afternoon	2-MeOH Estrone	Nickel	2-MeOH Estrone		Free Cortisone:
Evening	2-MeOH / 2-OH		2-MeOH / 2-OH		Morning
Free Cortisone:	4-MeOH Estradiol		4-MeOH Estradiol	<b>Endo Disruptors:</b>	Midday
Morning	4-MeOH Estrone		4-MeOH Estrone	Bisphenol A BPA	Afternoon
Midday	4-MeOH Estrone			PFAS	Evening
Afternoon	4-MeOH E1/4-OH		<b>Progesterone:</b>	PFOA	Free Melatonin:
Evening	4-MeOH E2/4-OH		Pregnanediol	PFOS	Morning
Free Melatonin:			Progesterone	Lead	Midday
Morning	<b>Androgens:</b>		Allopregnanolone	Mercury	Afternoon
Midday	DHEA		Allopregnanediol	Cadmium	Evening
Afternoon	DHEA-S		3a-Dihydroprog.	Arsenic	
Evening	Pregnanediol		20-a Dihydroprog.	Aluminum	<b>Organic Acids:</b>
	Pregnanediol/E2		Deoxycorticost.	Chromium	MethylMalonate
	Total Corisol		Corticosterone	Nickel	Xanthurenate
	Testosterone		Pgdiol/E2		B-hydroxyisov.
					Pyroglutamate
					Indican
					Homovanillate
					Vanilmandelate
					Quinolate
					8-HOdG

**AdrenoInsight** \$210

**SexInsight** \$210

**EndoInsight** \$350

We live in a toxic world! In addition to the Endocrine Disruptor levels reported in the hormone there are other, more complete toxin profiles.

A simple **Glyphosate** level is \$79, or it is included in any panel that reports the Environmental Toxins.

A **Heavy Metals Panel** (\$120) reports out 4 Physiological Minerals such as calcium and magnesium; 14 Trace Minerals such as iodine and selenium and 23 Toxic Metals such as lead, mercury and arsenic.

What to go more in-depth?



 <p><b>All-Tox</b></p> <p>48 Environmental Toxins 16 Mycotoxins 42 Heavy Metals</p> <p><i>Panels Included:</i> Environmental Toxin Panel Mycotoxin Panel Heavy Metals Panel</p> <p><i>Specimen Type:</i> Urine</p>	 <p><b>MOE-Tox</b></p> <p>48 Environmental Toxins 16 Mycotoxins 62 Organic Acids</p> <p><i>Panels Included:</i> Environmental Toxin Panel Mycotoxin Panel 62 Organic Acids Panel</p> <p><i>Specimen Type:</i> Urine</p>	 <p><b>MOE-Tox Complete</b></p> <p>48 Environmental Toxins 16 Mycotoxins 42 Heavy Metals 62 Organic Acids</p> <p><i>Panels Included:</i> Environmental Toxin Panel Mycotoxin Panel Heavy Metals Panel 62 Organic Acids Panel</p> <p><i>Specimen Type:</i> Urine</p>
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**All-Tox \$439**

**MOE-Tox \$519**

**Moe-Tox Complete \$559**

Have a bad gut? We have you covered there as well. Amazing information can be learned by looking at a simple stool specimen.

 <p><b>GI-Basic</b></p> <p><u>Basic</u></p> <p>Parasites, worms Opportunistic Bacteria Fungi, yeasts Bacterial Pathogens Viral Pathogens Normal Bacterial GUT flora</p>	 <p><b>GI-Standard</b></p> <p><u>Standard</u></p> <p>Macroscopic Description GIT Functional Markers SCFAs Parasites, worms Opportunistic Bacteria Fungi, yeasts Bacterial Pathogens Viral Pathogens Normal Bacterial GUT flora Relative Commensal Abundance</p>	 <p><b>GI-Advanced</b></p> <p><u>Advanced</u></p> <p>Macroscopic Description GIT Functional Markers SCFAs Parasites, worms Opportunistic Bacteria Fungi, yeasts Bacterial Pathogens Viral Pathogens Normal Bacterial GUT flora Relative Commensal Abundance Antibiotic Sensitivity Yeast Sensitivity</p>	 <p><b>gutIQ</b></p> <p><u>IQ</u></p> <p>Macroscopic Description GIT Functional Markers SCFAs Parasites, worms Opportunistic Bacteria Fungi, yeasts Bacterial Pathogens Viral Pathogens Normal Bacterial GUT flora Relative Commensal Abundance Antibiotic Resistance Genes Biochemical Functions Health Risk Scores</p>
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**GI-Basic \$229**

**GI-Standard \$319**

**GI-Advanced \$399**

**gutIQ \$469**

**Yeast, Vaginal Microbiome, Oral Microbiome and Food Allergy/Sensitivity Panels are also available!**

Ask for more details. Testing pricing does not include post-test consultation and recommendations.

Thank you! I look forward to helping you on your journey to better health!