

## Menus

Stepping Stones strives to provide students with nutritious, delicious snacks and lunches.

The menu rotates every four weeks.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Kix	Vanilla wafers	Blueberry muffins	Pumpkin bread	Yogurt
AM SNACK	Milk	Milk	Orange juice (apple juice)	Milk	Fruit punch
LUNCH	Turkey noodle casserole Broccoli Watermelon or Fruit cocktail Milk	BBQ biscuits Green beans Mandarin oranges Milk	Chicken & veggie soup or Ham/cheese wrap Tomatoes/cucumbers Pineapple Milk	Meatloaf w/veggie puree Wild Rice Pears Milk	Baby lasagna Salad (mixed veggies) Peaches Milk
PM SNACK	Saltines & Cheese	Graham crackers	Bananas	Bread w/wow butter	Raisin trail mix
	Apple juice	Grape juice	Milk	Apple juice	Milk
Week 2					
AM SNACK	Animal crackers Milk	Cheese toast Apple juice	Cinnamon waffles Milk	Wheat crackers & string cheese Milk	Cheez-its Apple juice
LUNCH	Macaroni & Cheese	Tomato/rice hamburger	Fish sticks	Ham & eggs	Softshell tacos
	Mixed vegetables	Peas	Sweet potato fries	Carrots	Refried beans
	Pears	Apple slices (applesauce)	Mandarin oranges	Fruit cocktail	Pineapple
	Milk	Milk	Milk	Milk	Milk
PM SNACK	Hi-ho crackers & Edename	Chex Mix	Vanilla pudding	Resh veggies w/ranch	Oatmeal cookies
	Fruit punch	Milk	Pineapple juice (apple juice)	Orange juice (apple juice)	Milk

<sup>\*</sup>Note: Substitutions for infants and toddlers are noted in parentheses



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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3 AM SNACK	Vanilla wafers Milk	Oatmeal or Wow butter & jelly sandwich Milk	Bran muffins Orange juice (apple juice)	Graham crackers Apple juice	Kix cereal Milk
LUNCH	Sloppy joes w/ veggie puree French fries Peaches Milk	Chicken & noodles Salad (mixed veggies) Pineapple Milk	Spinach/rice casserole Saltine crackers Mandarin oranges Milk	Tuna sandwich Green beans Cantaloupe or fruit cocktail Milk	Sausage casserole Carrots Peaches Milk
PM SNACK	Yogurt & rice cakes Apple juice	Tortillas & salsa Milk	Bananas Milk	Fruit bars Milk	Banana bread Grape juice
Week 4 AM SNACK	Animal crackers Apple juice	Bagels & cream cheese Milk	Hi-ho crackers & cottage cheese Grape juice	· Coffee Cake Pineapple juice (apple juice)	Pancakes Fruit punch
LUNCH	Pizza Peas Applesauce Milk	Turkey sandwich Carrot sticks (Beets) Strawberries or pears Milk	Beef stroganoff Mixed veggies Mandarin oranges Milk	Chicken nuggets Corn (mixed veggies) Fruit cocktail Milk	Shepherd's pie Green beans Peaches Milk
PM SNACK	Wheat crackers/String cheese Milk	Cheez-its Orange juice (apple juice)	Chex Mix Milk	Oranges or grapes Milk	Carrot cake Milk

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