Coverage Period: 12/01/2022-12/31/2023

Coverage for: Employee + Dependents | Plan Type: PPO

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EMI Health: MEC Plus

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please call 1-800-662-5851. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-662-5851 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For <u>participating providers</u> : \$0 For <u>non-participating providers</u> : \$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this <u>plan</u> covers.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.emihealth.com or call 1-800-662-5851 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Participating Provider (You		Information	
If you visit a health care	or illness	will pay the least) \$10 copay/ visit for the first 3 visits per year, then not covered	(You will pay the most) Not covered	Coverage is limited to three visits per Year	
provider's office or clinic	<u>Specialist</u> visit	Not covered	Not covered	none	
	Preventive care/screening/immunization	No charge	Not covered	Coverage is limited to one visit per Year for some services. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Not covered	Not covered	none	
	Imaging (CT/PET scans, MRIs)	Not covered	Not covered	none	
If you need drugs to treat your illness or condition	Generic drugs	ACA <u>Preventive Care</u> Mandates - No charge All Others - 50% <u>coinsurance</u>	Not covered	Up to a 30-day supply (retail prescription) per copay; 31-90 day supply (mail order prescription) per copay	
More information about prescription drug coverage is available at	Preferred brand drugs	ACA <u>Preventive Care</u> Mandates - No charge All Others - Not covered	Not covered	Up to a 30-day supply (retail prescription) per copay; 31-90 day supply (mail order prescription) per copay	
www.emihealth.com.	Non-preferred brand drugs	ACA <u>Preventive Care</u> Mandates - No charge All Others - Not covered	Not covered	Up to a 30-day supply (retail prescription) per copay; 31-90 day supply (mail order prescription) per copay	
	Specialty drugs	Not covered	Not covered	N/A	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Participating Provider (You	Non-Participating Provider	Information	
		will pay the least)	(You will pay the most)	illolliation	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Not covered	Not covered	N/A	
Surgery	Physician/surgeon fees	Not covered	Not covered	N/A	
	Emergency room care	Not covered	Not covered	N/A	
If you need immediate medical attention	Emergency medical transportation	Not covered	Not covered	N/A	
	<u>Urgent care</u>	Not covered	Not covered	N/A	
If you have a hospital stay	- (- - - - -	Not covered	Not covered	N/A	
	Physician/surgeon fee	Not covered	Not covered	N/A	
If you need mental health, behavioral health, or	Outpatient services	Not covered	Not covered	N/A	
substance abuse services	Inpatient services	Not covered	Not covered	N/A	
	Office visits	Not covered	Not covered	Cost sharing does not apply to certain	
If you are pregnant	Childbirth/delivery professional services	Not covered	Not covered	<u>preventive</u> services. Maternity care may include tests and services described	
	Childbirth/delivery facility services	Not covered	Not covered	elsewhere in the SBC (i.e. ultrasound).	
	Home health care	Not covered	Not covered	N/A	
	Rehabilitation services	Not covered	Not covered	N/A	
If you need help	Habilitation services	Not covered	Not covered	N/A	
recovering or have other special health needs	Skilled nursing care	Not covered	Not covered	N/A	
	Durable medical equipment	Not covered	Not covered	N/A	
	Hospice services	Not covered	Not covered	N/A	

	Common Medical Event	Services You May Need	What You Participating <u>Provider</u> (You will pay the least)	<u>`</u>	Limitations, Exceptions, & Other Important Information
		Children's eye exam	Routine: No charge	Routine: Not covered	Limited to one <u>preventive</u> visit per Year.
If your child needs der or eye care	If your child needs dental		Non-routine: Not covered	Non-routine: Not covered	N/A
		Children's glasses	Not covered	Not covered	N/A
		Children's dental check-up	Not covered	Not covered	N/A

Excluded Services & Other Covered Services:

Se	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded					
<u>se</u>	services.)					
•	Acupuncture	 Habilitation services 	 Private-duty nursing 			
•	Bariatric surgery	 Hearing aids 	 Routine foot care 			
•	Chiropractic care	 Infertility treatment 	 Weight loss programs 			
•	Cosmetic surgery	 Long-term care 	- , -			
•	Dental care (Adult)	 Non-emergency care when 				
	,	traveling outside the U.S.				

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-800-662-5851, your state insurance department, the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or www.cciio.cms.gov, or for plans subsect to ERISA: the Department of Labor's Employee Benefits Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: EMI Health at 5101 South Commerce Drive, Murray Utah 84107, by phone at 801-662-5851 or toll free at 1-800-662-5851. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-44-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? No.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:



This is not a cost estimator. Treaments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$0
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$0		
<u>Coinsurance</u>	\$10		
What isn't covered			
Limits or exclusions	\$12,600		
The total Peg would pay is	\$12,610		

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan</u> 's overall <u>deductible</u>	\$0
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

otal Example Cost \$5,600

In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$40
<u>Coinsurance</u>	\$60
What isn't covered	
Limits or exclusions	\$4,800
The total Joe would pay is	\$4,900

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan</u> 's overall <u>deductible</u>	\$0
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$2,800
The total Mia would pay is	\$2,800