

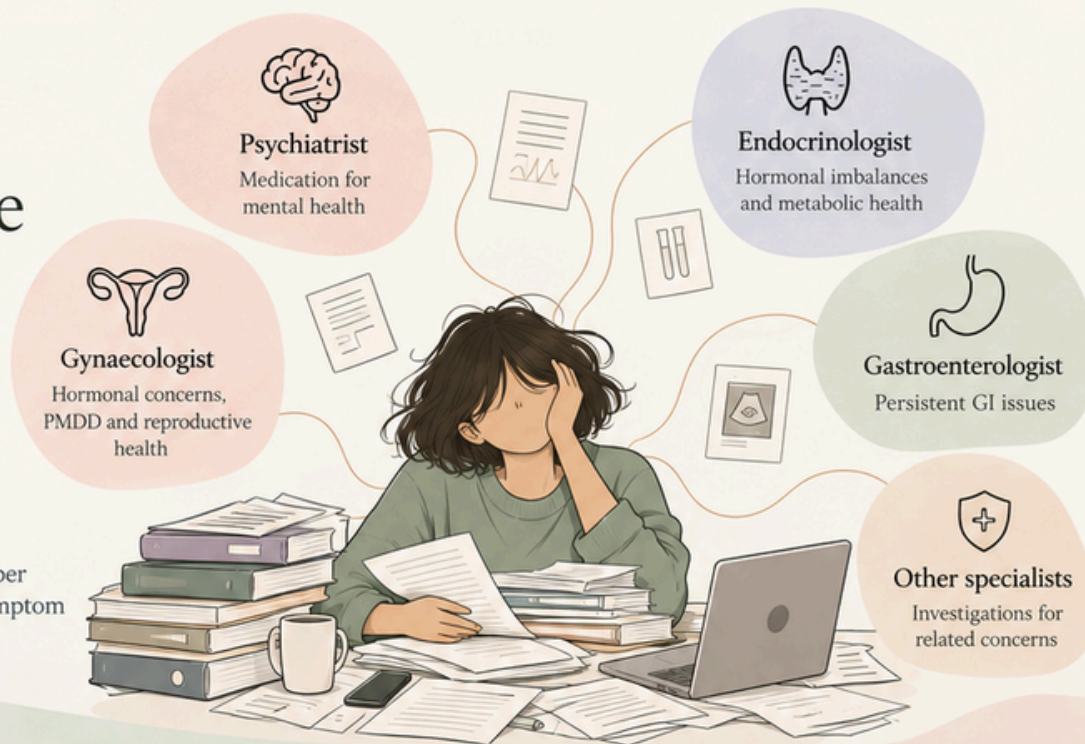


know more..

Because people don't experience their health in specialties.

SoulFlow grew, in part, from a problem I experienced personally.

Over the years, my mental health care became intertwined with a growing number of physical health concerns. Each new symptom or side effect led me to another specialist.



I became my own care coordinator.

Eventually, I created a Google Drive folder and started putting everything there — reports, prescriptions, investigations, scans and medical records. I could give a doctor access to the information they needed. But even then, the responsibility of remembering what happened, when it happened, what medication changed, which doctor said what, and which investigation came before another — still largely rested with me.



Each specialist was looking at a different part of the picture. The psychiatrist had information that the gynaecologist didn't. The gynaecologist had information that the gastroenterologist didn't. And I was the one sitting in the middle, trying to connect the dots.

That experience changed the way I think about care.

It made me realise how easily a person can become fragmented by the healthcare system. Not because individual professionals aren't doing their jobs — quite the opposite.

Each specialist may be doing exactly what their discipline asks of them. The problem can emerge in the space between those disciplines.

A different way of connecting.

SoulFlow was created with this question in mind: what if the person didn't have to be the only bridge between their professionals?

We are building a multidisciplinary professional network where different forms of expertise can exist alongside one another, with appropriate referrals, consultation and collaboration at its centre.

Because comprehensive care doesn't mean everyone needs every specialist.

It means that when another perspective is needed, there is somewhere trusted to turn.