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THE YIELDED MIND JOURNAL

Begin This Day in Gratitude - *“Enter His gates with thanksgiving and His courts with praise.” (Psalm 100:4)*

What three gratefuls will you share with a trusted loved one first thing today?

1. _____
2. _____
3. _____

Scripture Revelation to Renew Your Yielded Mind - *“Let this mind be in you which was also in Christ Jesus.” (Philippians 2:5)*

What revelation(s) has been revealed this morning in scripture that has the power to transform and renew your mind?

Opportunities to Serve Today - *“Through love serve one another.” (Galatians 5:13)*

In what ways can you yield yourself in service today? Specifically, for whom, when, and how?

Morning Prayer Meditation: Father, I begin this day with gratitude. You have given me breath, strength, purpose, and provision for this very day. Quiet my inner self and steady my soul in Your presence. Let every anxious idea, intrusive lie, or self-driven impulse be brought under Your authority. Slow me down today and give me eyes to see what I would miss without You. Lead me today into the assignments You have prepared. Make me attentive to the people I can serve, the burdens I can lighten, and the love I can display. Father, I yield my mind, my motives, and this day fully to Your indwelling Holy Spirit. I ask this in the perfect, precious, and powerful name of Jesus, Amen.

Evening Prayer of Repentance, and Amends - *“Search me, O God, and know my heart; test me and know my anxious thoughts” (Psalm 139:23–24)*

In what ways is repentance needed tonight? Are there any amends required, and to whom, if so?

May this day end where it began — yielded fully to the indwelling mind of Christ