



MATTHEW BUNN

Mobile: +447900781936

Email: matthew.g.bunn@gmail.com

www.linkedin.com/in/matthewgbunn

PERSONAL PROFILE

Performance nutritionist specialising in combat sports, experienced in delivering evidence based nutrition and weight-cutting protocols to help fighters make weight safely while optimising performance, recovery, and body composition.

AREAS OF EXPERTISE

- Education
- ESL Teaching
- Health Science
- Nutrition
- Combat Sports Nutrition

CORE SKILLS

- AfN Registered Nutritionist
- Nutritics Proficient
- Public Speaking
- MS Office Proficiency
- Presentation Skills
- Lockhart & Leith Weight Cutting Specialist

WORK EXPERIENCE

Food and Nutrition Teacher

Hanoi Toronto School Vietnam | Aug 2025–Present

- Designed and implemented Ontario Food & Nutrition curriculum for high school electives.
- Headed the Food Technology department, overseeing program development.
- Instructed students from Grades 3–10 through hands on, inquiry based learning.

Health Science Teacher

Ministry of Education United Arab Emirates | 2019–Jan 2024

- Developed and executed dynamic lessons tailored to students' English language and scientific proficiency levels.
- Implemented Ministry of Education curriculum for grades 11 and 12 (ages 16–18).
- Prepared students for exams through comprehensive teaching methodologies.

Performance Nutritionist

Rotherham United Football Club | 2018 – 2019

- Spearheaded nutrition programs for first-team players, resulting in improved on-field performance metrics.
- Conducted nutritional assessments and devised effective fueling and supplement strategies, ensuring 100% compliance with weight requirements.
- Fostered team engagement through educational seminars and motivational interviews, enhancing adherence to nutritional guidelines.

EDUCATION HISTORY

University of Nottingham

PGCE Education (International) 2020–2021

- Understanding Learning and Teaching in International Contexts
- Inquiring into Educational Practice in International Contexts
- Educational Aims and Values in International Contexts

Sheffield Hallam University

BSc Honours Nutrition, Diet & Lifestyle 2015–2018
(2:1 Classification)

- Project for Nutrition Lead
- Behaviour Change
- Epidemiology of Diet & Disease
- Nutrition for Sport
- Physical Activity and Health