

# All About Coupons

Good Deal = Sale + Coupon



**Toshia Jordan**

**toshiajordan@gmail.com**

**www.seedsthatlast.com**

## Multiply the Savings

- Savings Star ([savingstar.com](http://savingstar.com))
- Recycle Bank ([recyclebank.com](http://recyclebank.com))
- Swagbucks  
[swagbucks.com/refer/FavoredMom](http://swagbucks.com/refer/FavoredMom)
- Harris Teeter Evic Member

## Pick Your Blogs and Websites

- Southern Savers  
[www.southernsavers.com](http://www.southernsavers.com)
- The Crazy Coupon Lady  
[www.thekrazycouponlady.com](http://www.thekrazycouponlady.com)
- WRAL Smart Shopper  
[www.wral.com/5onyourside/smartshopper/](http://www.wral.com/5onyourside/smartshopper/)
- Coupon Mom

## Create your System

- Binder
- Envelope file folder
- Filing

## Terms You Should Know

- Stacking, Super Doubles, Triples, Mega Swagbucks Friday, EVIC, Friday Downloads (Kroger)

## Notes

### 11 Easy Steps Saving \$\$\$\$ With Coupons

1. Get at least 1 Sunday Paper.
2. Apply your system for your coupons.
3. Select savings from Savings star.
4. Upload Harris Teeter Electric Coupons.
5. Visit favorite Blog/website for this week's deals and coupon match-ups.
6. Visit Swagbucks for printing coupons instead of printing from coupon.com.
7. Make a list of the items you plan to purchase.
8. Pull or print associated coupons.
9. Pray
10. Go Shopping!!!!
11. Make sure to check your receipt for errors.



**Happy Couponing!!!!!!!!!!**