

S.M.O.R.E.S.

If you want to thrive in life you must **Separate** (repeat)

If you want to thrive in life then you must **separate**, if you want to thrive in life you must **separate**.

*Repeat the above verse with
Meditate, Obey, Read the Bible, Eyes on God, Sing His Praises*

If you want to thrive in life
Remember S.M.O.R.E.S.
(Repeat)

If you want to thrive in life you must remember S.M.O.R.E.S.
If you want to thrive in life
Remember S.M.O.R.E.S.



Activity: S'mores

Group materials include:

Marshmallows, chocolate bars, graham crackers, sticks, and plenty of napkins.



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S.M.O.R.E.S.



**Scripture-Based
Step-by Step Guide**

S.M.O.R.E.S.

1. Read Scripture.
2. Read Devotional.
3. Sing Song.
4. Complete Activity.
5. Read the Confession.

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.
John 10:10



Devotional

When you think of camping usually you think of survival guides, but when you think of this camping trip I want you to think of the thriving guide. You may ask what

Is a thriving guide? As Christians we get to do more than just survive, we get to thrive just like John 10:10 tells us. We get to live an abundant life meaning we get to experience all that God has for us. The thriving guide will help you thrive as a Christian and you can remember it by something very common in camping. Tell me other things you think of when camping (tents, fires, hot dogs, s'mores)? S.M.O.R.E.S. we be a way to remember how to thrive as a Christian. **S is for Separate.** Sometimes you have to separate from friends that are doing bad things or you may need to separate yourself and spend time with God. **M is for Meditate.** You must

meditate on scripture by thinking about it over and over. **O is for Obey.** You must obey you parents and God. Obeying your parents gives you good practice for obeying God. **R is for Read the Bible.** You must make a habit of reading the Bible regularly. **E is for Eyes on God.** You must always keep you eyes on God for He will guide you. And **S is for Sing His praise.** Always take time out to Praise God for everything!



Song (sing to the tune of "If You are Happy and You Know it")

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Remember S.M.O.R.E.S. (Repeat)
If you want to thrive in life you
must remember S.M.O.R.E.S. If
you want to thrive in life
Remember S.M.O.R.E.S.