



FIGS – FIGHTING INEQUALITY FOR GIRLS ON THE SPECTRUM

RECOMMENDED BY MEMBERS OF FIGS WITH SPECIAL THANKS TO LIZA QUIN

General Books

Autism: From Research to Individualised Practice

Reweaving the Autistic Tapestry: Autism, Asperger's Syndrome and ADHD

Targeting Autism: What we know, don't know, and can do to help young children with Autism Spectrum Disorders

Children with Autism and Asperger Syndrome: A Guide for Practitioners and Carers

The ADHD-Autism Connection: A step toward more accurate diagnosis and effective treatments
Autism, Brain and Environment

Children with Autism: Diagnosis and interventions to meet their needs

Asperger's Syndrome: A Guide for Parents and Professionals by Tony Atwood

A Guide to Asperger Syndrome by Christopher Gilberg

Understanding Asperger Syndrome and High Functioning Autism

Keys to parenting a Child with Autism (parenting keys)

Understanding and working with the Spectrum of Autism: An insider's view

Parent Survival Manual: A Guide to Crisis Resolution in Autism and Related Developmental Disorders

Demystifying the Autistic Experience: A Humanistic Introduction for Parents, Caregivers and Educators: A Humanistic Handbook for Parents, Caregivers and Educators

Understanding Autism Spectrum Disorders: Frequently Asked Questions

Disorganised Children: A Guide for Parents and Professionals

Everyday Activities to Help Your Young Child with Autism Live Life to the Full by DS Jacobs and DE Betts

Girls Growing up on the Autism Spectrum by S Nichols, GM Moravcik, SP Tetenbaum

A Brief Guide to Autism Treatments EH Hollister, RL Spritz

Autism Spectrum Disorder through the Life Span D Tantum

The Complete Guide to Asperger's Syndrome by Tony Atwood

NeuroTribes- The legacy of Autism and the future of Neurodiversity – Steve Silberman



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Education

Understanding and Teaching Children with Autism

Autism and Learning: A Guide to Good Practice

Educating Children with Autism

The Martian in the Playground: Understanding the schoolchild with Asperger Syndrome

Access and Inclusion for Children with Autistic Spectrum Disorders

Autism and Flexischooling by C Lawrence

Homeschooling the Child with Asperger Syndrome: Real Help for Parents Anywhere and on Any Budget by L Pyles

Developing Theory of Mind Skills

Mind blindness: An Essay on Autism and the Theory of Mind

Teaching Children with Autism to Mind-Read

Teaching Theory of Mind: A Curriculum for Children with High Functioning Autism, Asperger's Syndrome and Related Social Challenges by K Ordetx

Developing Communication Skills

Enabling Communication in Children with Autism

Visual Supports for Visual Thinkers by L Rogers

Developing Social Skills

Social Awareness Skills for Children

Relationship Development Intervention with Young Children: Social and Emotional Development Activities for Asperger Syndrome, Autism, PDD and NLD

Giggle Times: Establishing the Social Connection: A Programme to develop the Communication Skills of children with Autism, Asperger Syndrome and PDD



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Promoting Positive Behaviour

Asperger Syndrome and difficult Moments: Practical Solutions for Tantrum Rage and Meltdowns

Encouraging Appropriate Behaviours for Children on the Autism Spectrum: Frequently asked questions

Learning to Listen: Positive Approaches and People with Difficult Behaviour

Addressing the Challenging Behaviour of Children with High Functioning Autism/Asperger Syndrome in the Classroom: A Guide for Teachers and Parents

Dangerous Encounters: Avoiding Perilous situations with Autism- A Streetwise Guide for all Emergency Responders, Retailers and Parents

Sensory Issues

Sensory Perceptual Issues in Autism and Asperger Syndrome: Different Sensory Experiences – Different Perceptual Worlds

Sensory Stimulation: Sensory focussed activities for people with physical and multiple disabilities

Asperger Syndrome and Sensory Issues: Practical Solutions for Making Sense of the World

Developing Gross Motor Skills

The Pocket Occupational Therapist for Families of Children with Special Needs by C Kosciński

Developmental Coordination Disorder: Hints and Tips for the Activities of Daily Living

Yoga for Children with Autism Spectrum Disorders: A step by step guide for parents and caregivers

Creativity and Autism

Music, Language and Autism: A Guide for Parents and Practitioners A Ockelford

Autism, Art and Children: The stories we draw

Playing, Laughing and Learning with children on the Autism Spectrum: A practical resource for play ideas for parents and carers

Sleep

Sleep Difficulties and Autism Spectrum Disorders: A Guide for Parents and Professionals by KJ Aitken

Diet

Diet Intervention and Autism: Implementing the Gluten Free and Casein Free Diet for Autistic children and adults



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Can't Eat, Won't Eat

Books for Children with ASD

Finding Out about Asperger Syndrome, High Functioning Autism and PDD

My Social Stories Book

Joey and Sam: Autism

I'm not naughty – I'm Autistic: Jodi's Journey

Blue Bottle Mystery: An Asperger Adventure

Buster and the Amazing Daisy: Adventures with Asperger Syndrome

Panicosaurus: Managing Anxiety in Children Including Those with Asperger Syndrome by KI Al Ghani

Healthy Mindsets for Super Kids: A Resilience Programme for Children aged 7-14 S Azri

What Did You Say and What Do You Mean: An illustrated guide to Understanding Metaphors J Welton

Exploring Feelings for Young Children with High Functioning Autism or Asperger's Syndrome by A Scarpa, A Wells and T Attwood

The Adventures of Maisie Voyager by Lucy Skye

Trueman Bradley – Aspie Detective by AM Russell

Of Mice and Aliens: An Asperger Adventure by K Hoopman

Books for Families

Siblings of Child with Autism: A Guide for Families

What does it mean to have Autism?

That's Life with Autism: Tales and Tips for Families with Autism

A Friend and Relatives Guide to Supporting the Family with Autism by A Palmer

Autism Heroes: Portraits of Families Meeting the Challenge B Firestone

Families of Adults with Autism J Johnson a Van Rensselaer



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Books for Young People and Adults with ASD

Adults with Autism: A Guide to Theory and Practice

Coming out Asperger: Diagnosis, Disclosure and Self Confidence

Build your own life: A Self Help guide for Individuals with Asperger Syndrome

Asperger Syndrome and Adolescence: Practical Solutions for School Success

Asperger Syndrome, the Universe and Everything

Freaks, Geeks and Asperger Syndrome: A user guide to adolescence

The Curious Incident of the Dog in the Night-Time by M Haddon

Autism and Asperger Syndrome: Preparing for Adulthood

Succeeding in College with Asperger Syndrome

Asperger Syndrome Employment Workbook: An Employment workbook for Adults with Asperger Syndrome: A Workbook for Individuals on the Autistic Spectrum, their Families and Helping Professionals

The Other Half of Asperger Syndrome

An Asperger Marriage

Asperger Syndrome and Long Term Relationships

Asperger's Syndrome Workplace Survival Guide by B Bissonnette

Aspergirls by R Simone

Asperger Syndrome and Social Relationships: Adults speak out about Asperger Syndrome G Edmonds L Beardon

Social Skills for Teenagers and Adults with Asperger Syndrome: A Practical Guide to Day to Day Life NJ Patrick

Asperger Syndrome and Anxiety: A Guide to Successful Stress Management by N Dubin

Asperger's Syndrome and Mindfulness: Taking Refuge in the Buddha by C Mitchell

Aspies on Mental Health: Speaking for Ourselves L Beardon and D Worton



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Autobiographies

There's a boy in here: A mother's story of her autistic son

Breaking Autism Barriers: A Father's Story

A Different kind of Boy: A Father's memoir about raising a gifted child with autism

Multicoloured Mayhem: Parenting the many shades of Adolescents and children with Autism, Asperger Syndrome and ADHD

Do you understand me? My life, my thoughts, my autism

Beyond the Wall: Personal Experiences with Autism and Asperger Syndrome

Discovering my Autism: Anxiety, Aggression, Depression and ADHD: A Bio psychological model with Guidelines for Diagnostics and Treatment

A Real Person: Life on the outside

Thinking in Pictures by Temple Grandin

Our Journey through High functioning Autism and Asperger Syndrome: A Roadmap

Eating an Artichoke: A mothers perspective on Asperger Syndrome

The Reason I Jump: One Boy's Voice from the Silence of Autism by Higashida, Naoki and Mitchell, David (1 Jul 2013)