

Yoga Recovery Pittsburgh Y12SR Participant Form

* Required

1. Full Name *

2. Date of Birth

Example: January 7, 2019

3. Email Address *

This will only be available to the Y12SR Group Leader and never be shared

4. Phone Number *

This will only be available to the Y12SR Group Leader and never be shared

5. How long have you been in recovery?

We recommend being in a harm-reduction or abstinence routine for at least 6 months prior to attending the Y12SR program

6. What is your substance or behavior of choice?

7. Do you have any physical limitations, visual, or auditory impairments that would prevent you from participating in a yoga practice or meditation?

This is only for the purpose of making our curriculum accessible to as many individuals as possible. Your invitation is not impacted by anything you include in this response.

8. Do you plan to attend primarily in-person, or over Zoom? Or in person at Yoga Factory Pittsburgh? *

Please note that Zoom is not a HIPAA compliant platform and Yoga Recovery Pittsburgh cannot be fully in control of privacy violations. Meetings will NOT be recorded for your protection. Yoga Factory is located at 3418 Penn Avenue, Pittsburgh 15201.

Mark only one oval.

- Online
- In-Person
- I will participate both ways

9. Any other information the Group Leader should know?

This program is reflective of the 12-Step structure, but is not religious in connotation. Any prior experience with the 12-Step method may be discussed below.

10. Waiver of Liability *

In checking the box below I agree that I am or will be participating in the Yoga Classes, Health Programs or Workshops offered by Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh during which I will receive information and instruction about yoga and health. These classes may entail physical activity and exertion by me. I recognize that such physical activity and exertion may be difficult and strenuous and may cause or aggravate a physical injury or medical condition. I am fully aware of and accept the risks and hazards involved. I understand that it is my responsibility to consult with a physician prior to and regarding my participating in the Yoga Classes, Health Program or Workshops, and to receive prior approval to participate. I represent and warrant that I am physically fit and I have no medical condition or injury which would prevent my full participation in the Yoga Classes, Health Programs and Workshops. In consideration of being permitted to participate in the Yoga Classes, Health Programs or Workshops, I agree to assume all full responsibility for any risks, conditions, injuries or damages, known or unknown, which I might incur or aggravate as a result of my participating in same. In further consideration of being permitted to participate in the Yoga Classes, Health Programs or Workshops (the "Programs"), I knowingly, voluntarily and expressly waive any claim I may have or acquire against Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh, or the landlord or any premises at which it may operate, for any injury, condition or damages that I may sustain as a result of entering or being on the premises or participating in the Programs. Unless I notify the school, in writing, within 14 days of this release, I further consent to the unrestricted use of any photographs or video taken of me or my child by or on behalf of Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh, or the Landlord of any premises at which it may operate, for any injury, condition, or death which arises, is caused by or is aggravated by reason of my participation in the Programs. I understand that it is my continuing responsibility to inform the instructor(s) at Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh of any previous medical conditions, injuries or surgeries prior to my first class and at such other times as I acquire information as to same. Any service fees paid or donations contributed hereafter are non-refundable. I understand that Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh or any premises at which it may operate are not responsible for any lost or stolen personal, or otherwise, items that I own and bring to the studio. I knowingly, voluntarily and expressly waive any claim I may have or acquire against Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh, or the landlord or any premises at which it may operate, for any lost, stolen, or broken personal, or otherwise, items. I also understand that, except for a monetary refund, I have no claims against Yoga Factory Pittsburgh and Yoga Recovery Pittsburgh, or the landlord of the premises, by reason of their refusal to allow me to participate in the Programs.

Check all that apply.

I agree

11. Date of Registration *

Example: January 7, 2019

This content is neither created nor endorsed by Google.

Google Forms