

# CONTROL YOUR CAREER

## **QUIZ: End Career Confusion Now**

Your Personal Guide to Finally Get Clear on Your Goals and Move Forward

### **Introduction:**

Are you ready to take your career to the next level but unsure where to start? This quiz will help you assess how clear your career goals are and identify areas where you might need more focus. Answer the following questions to gain insights and discover how prepared you are for your next career move.

### **Questions:**

#### **1. Have you identified your core strengths and weaknesses?**

- A. Yes, I have a clear understanding of my strengths and weaknesses.
- B. I have a general idea but need more clarity.
- C. No, I haven't taken the time to assess them (or: Are you kidding? Who has time to do that?)

#### **2. Have you identified areas where you could improve?**

- A. Yes, I have a clear understanding of what I could do better.
- B. I have a general idea but need more clarity.
- C. No, I haven't taken the time to identify these areas.

#### **3. Do you know what aspects of your job you enjoy the most?**

- A. Yes, I know exactly what I enjoy.
- B. I have some ideas but need to think more about it.
- C. No, I'm not sure what I enjoy.

#### **4. Have you defined what you want to happen next in your career path?**

- A. Yes, I have a clear vision of where I'm going.
- B. I have some ideas but nothing concrete.
- C. No, I haven't thought that far ahead (or: That's hard to do when I'm stressed and burned out all the time).

#### **5. If you have defined what's next for you, have you taken any steps toward those career goals?**

- A. Yes, I have taken some steps.
- B. I have taken a few steps but I need to do more.
- C. No, I have too much going on.

**6. Have you sought feedback from career counselors or hiring specialists about your career direction?**

- A. Yes, I regularly seek and receive feedback.
- B. I have received some feedback but not regularly.
- C. No, I haven't sought feedback from others yet.

**7. Are you staying informed about industry trends and opportunities?**

- A. Yes, I regularly research and stay updated.
- B. I occasionally check industry trends.
- C. No, I don't follow industry trends closely.

**8. Do you have a clear personal definition of success?**

- A. Yes, I know exactly what success means to me.
- B. I have some ideas but they seem unrealistic.
- C. No, I haven't defined what success means.

**9. Do you know what is stopping you from moving forward?**

- A. Yes, I have my reasons.
- B. I only sometimes think about this.
- C. No, I don't really think about this.

**10. Are you able to manage your stress while pursuing your career goals?**

- A. Yes, I have effective stress management techniques.
- B. I manage stress somewhat but could do better.
- C. No, I struggle to manage stress.

**Scoring**

- A = 3 points
- B = 2 points
- C = 1 point

**Results (simple PDF):**

**24-30 points: Career Clarity Champion**

You have a very clear understanding of your career goals and are well-prepared to take the next steps. Keep up the great work and continue to refine your plans as you move forward.

**16-23 points: Career Focus Finder**

You have a good sense of your career goals but there are areas that need more focus. Take some time to refine your goals and create a more detailed action plan to achieve them. Consider talking to a trusted career advisor.

**10-15 points: Career Path Pioneer**

Your career goals are not very clear and need significant attention. Consider doing more self-assessment, seeking feedback, and creating a structured plan to clarify your path forward. You might want to reach out to an expert for help.

**Your Next Step Forward**

If you scored in the Career Focus Finder or Career Path Pioneer range, it might be time to seek professional guidance. Contact me today to schedule a consultation. Together, we can create a tailored strategy to help you achieve your career aspirations and move confidently toward a fulfilling future.

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