

October 2026

awayoutofdomesticviolence.com

NEWSLETTER

A way out of Domestic Violence



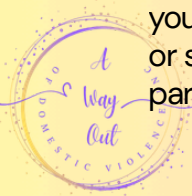
From Trauma to Triumph

Cut Your Own Bouquet Fireside Chat 2026

To our attendees, sponsors, donors, volunteers, and supporters,

A heartfelt and sincere thank you for helping to make From Trauma to Triumph: Cut Your Own Bouquet & Fireside Chat such a memorable, meaningful, and exceptional experience.

Your invaluable contributions, generous support, active participation, dedicated service, and steadfast commitment were instrumental in making this event a remarkable success. Whether you gave, served, sponsored, volunteered, attended, encouraged, or supported us from behind the scenes, you played an important part in bringing this vision to life.



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As the President of A Way Out of Domestic Violence Inc., I extend my deepest appreciation and gratitude to every one of you for your continued support of our organization and our mission. Thank you for standing with us. Thank you for believing in the mission. And thank you for helping us make a difference one life at a time.

With heartfelt gratitude,

Amanda Houston
President/CEO
A Way Out of Domestic Violence Inc.



Sponsor Highlight

We would like to extend our heartfelt gratitude to LadyBug's Bites for their generous support!

LadyBug's Bites has graciously provided delicious pastries and dedicated volunteer services to help make our efforts a success. Their generosity, time, and commitment to supporting our mission are truly appreciated.

Thank you, LadyBug's Bites, for being more than a sponsor, you are a valued part of our community. Your kindness and support make a meaningful difference!



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Farewell from our Secretary

Dear Board Members and Friends,

After our final fireside chat event, I find myself reflecting on the profound journey we've shared serving as board members at Away Out of Domestic Violence. Serving alongside you all as secretary has been one of the most meaningful chapters of my life. Our last event was a fitting reminder of the strength, compassion, and unwavering commitment that defines this board and our mission.

Thank you for your trust, support, and friendship. I have been continually inspired by your dedication to creating real change and hope for those who need it most. The stories, laughter, and solidarity we've shared will remain close to my heart.

Though I am stepping down from my role, my commitment to the cause, and to all of you, remains strong. I'll continue to cheer on your efforts and support Away Out of Domestic Violence however I can.

Wishing you all continued strength and success. Please keep in touch.

With deep gratitude,

Jenise Allen



Message from our Vice President

To our attendees, sponsors, donors, and supporters,

Thank you for helping make From Trauma to Triumph: Cut Your Own Bouquet & Fireside Chat such a beautiful and meaningful experience.

Your generosity, presence, and support allowed us to create an atmosphere filled with connection, encouragement, healing, and hope. Every contribution, whether through giving, volunteering, or simply showing up, made a difference.

As a first-year board member and Vice President of A Way Out of Domestic Violence, I am truly grateful to be part of an organization so committed to serving and supporting those impacted by domestic violence.

Thank you for believing in the mission, standing with us, and helping us create spaces where people can experience hope, support, and a way forward.

With sincere gratitude,

Sheila Barnes
Vice President
A Way Out of Domestic Violence



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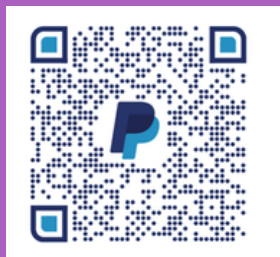
Volunteer Highlight

Massona Morrison, Cathy Roger, Jennifer Henry, Sherri Josephs, Alicia Ramdial, LadyBugs Bites



How to Donate ?

Please scan QR code or visit our website.



October is Domestic Violence Month

I Thought I Would Never Get Out

"My name is Juliet, and for years, I lived in a home where I never knew which version of the person I loved would walk through the door. I learned to recognize the sound of footsteps. I learned to read facial expressions. I learned when to speak, when to be quiet, and when to disappear into another room. I was constantly trying to prevent the next argument, the next insult, the next threat, or the next explosion.

At first, I didn't recognize it as abuse. It started with control. Where are you going? Who are you talking to? Why are you wearing that? Why didn't you answer your phone?

Then came the isolation. Little by little, I became disconnected from the people who loved me. I stopped going places because I knew there would be an argument afterward. I stopped telling people what was happening because I was ashamed and because I had become very good at pretending everything was okay.

Then the words became weapons. I was told I was worthless. That no one else would want me. I had lost myself. I lost my confidence. I lost my voice.

Today I am free. I am healing. I am whole. I am restored.
During Domestic Violence Awareness Month, I share my story for the woman who may be reading this while sitting beside the person who is hurting her.

My name is Juliet.

I survived domestic violence.

But survival was not the end of my story.

I found my voice.

I found myself.

And by the grace of God, I am fully restored.

Your abuse does not get to write the final chapter of your story"



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Upcoming Events

October 9th– Line Dance Fundraiser

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

IN COLLABORATION WITH A WAY OUT OF DOMESTIC VIOLENCE INC.:

JOIN US FOR A LINE DANCE FUNDRAISER!

Hosted by:
Amanda & Victoria

OCTOBER 9TH
7-9PM
DONATION: \$25

Passion Dance Studio
2074 Park Street ste 103
Hartford, CT 06106

Contact Us:
860.305.0183 or 860.853.4301
Passiondancestudioct.com

WEAR PURPLE AND WHITE!

ENJOY AN EVENING OF FOOD, LINE DANCE & STORIES FROM FORMER VICTIMS.

- ENCOURAGE
- UPLIFT
- INSPIRE

Register here:



October 10th– Candlelight

Candlelight

For Domestic Violence victims

Saturday October 10, 2026
6:30pm - 7pm

Location: Elizabeth Park Sunrise Overlook

****Candles are provided**

October 18th– We Wear Purple on Sundays!

A Way Out of Domestic Violence

We Will Be WEARING PURPLE

on

Sunday, October 18th

In Remembrance and Support of Domestic Violence Victims & Survivors

Rehoboth Church of God
1170 Blue Hills Ave, Bloomfield, CT 06002

11:30am service



December 2026 – Create Your Own Ugly Sweater Party

Create Your Own UGLY SWEATER Party

FOOD | LIVE MUSIC | GAMES

TBD DEC | Start at 6:00 PM | **FREE ENTRY**
Location - TBD

BRING YOUR OWN SWEATER & WE WILL PROVIDE THE UGLY!