



Surf Life Saving NSW's 'Community Lifesavers' Program



What is it?

An exciting hybrid between team building and corporate volunteering, built to mobilize your people for good.

What's the session's main focus?

Saving lives and building a stronger sense of community.

How is it delivered?

- Either **Face-to-face over 3 hours** - at your office, or any venue of your choosing such as a conference venue or a hotel
- Or **online over 2 hours** - whether people are spread geographically over the region, or simply working from home

How will my team benefit?

This is more than just a team building activity. This is a fun, fast-paced, interactive session with prizes to be won, where your people connect on a deeper level and find better ways to work together, whilst helping a charity in the process. This experience is about building empathy, building connection, and building commitment not just to Surf Life Saving NSW, but to your colleagues and your company.

How will Surf Life Saving NSW benefit?

As we're in partnership with Surf Life Saving NSW, they receive 50% of the net profit from every session, which translates to at least \$500 plus GST for every session. So, by joining in your people are making a financial difference to Surf Life Saving NSW and helping to save lives.

What does the session cover?

- **Introductory icebreaker** – we start with a reflection of people's experiences of the beach and Surf Life Saving – from childhood memories or their family connections to a local club. We invite people to share their stories.
- **Appreciating the work of Surf Life Saving NSW** - an overview of the charity including inspirational stories about how they help to save lives and build strong communities by creating 'Great Australians'. We explore the fact that Surf Life Saving are an emergency service and discuss the public's perception. We also celebrate the essential role of volunteers in saving lives each day.
- **Competing in the 'Myth or Fact' beach quiz** – team quiz exploring common beach myths and how they can jeopardise beach safety.
- **'Spot the Rip' exercise** – practical exercise to teach people how to spot a rip together with other beach safety messages to keep your people safe.
- **'Virtual Club House' challenge** – we task individual teams to design their own virtual clubhouse and explore different ways to work better as a team and how they can take the learnings from the world of Surf Life Saving NSW back into the work environment to make for a safer, more community-focused place within your organisation. This creative exercise determines the overall winning team.
- **Commitment to action** - at the end of the session, the group will have the time to reflect on what they've learned and commit to taking personal action to make a difference both at work and for Surf Life Saving NSW, helping them to save lives.

We hope to hear from you soon and have the opportunity to host a Surf Life Saving NSW 'Community Lifesavers' program for you and your team. Call 02 9158 9600 or email info@teambuildingwithpurpose.com.au