

Placenta Encapsulation Contract

~Lavender + Honey Doula Services~

Name_____

Due Date_____ Phone Number_____

Email_____

Address_____

Pick Up Location: hospital_____ birth center_____ home_____

Address of Birth Location:_____

Any known allergies?_____

Would you like photos to be taken of your placenta and included? YES___ NO___

May I use the photos taken for educational, advertising, and marketing purposes?

Your privacy will be protected; no identifying information will be available.

YES___ NO___

Any blood pathogens? HIV___ AIDS___ HEP___ STDs___ None___

It is your responsibility to inform me of any known blood-borne illness(es) or other health issues that I, Jessica Bair, may become infected with through contact of bodily fluids (specifically maternal and fetal blood and amniotic fluid).

By signing this I am stating I have read the above and have given, to my best knowledge, accurate information regarding my situation.

Client Signature:_____

Date Signed:_____

(if electronically done, just type name.)

It is important to note that there may be circumstances under which your placenta cannot be used. Significant abnormalities of the placenta may require your provider to send your placenta to Pathology for further examination. Other conditions, such as signs of infection during labor, may mean that consuming your placenta will not be beneficial to you. If in doubt we will consult with you before processing. It should be possible to claim your placenta after Cesarean surgery. If you are not able to obtain and use your placenta for any reason, everything but your deposit will be returned. Please let me know if you have any health concerns which may affect the health of your placenta or the health and safety of anyone who may come into contact with your placenta.

Your placenta must not be treated with alcohol, formalin, or any other preservative. Your placenta will be handled and encapsulated according to OSHA standards.

It is the client's responsibility to notify Jessica Bair as soon after the birth as possible. We will arrange pick-up/drop-off of the placenta as previously agreed upon.

Failure to do so will result in delayed placenta preparation, which can cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta. With an extended delay, spoilage of the placenta will occur and render it unusable for encapsulation.

It is also the client's responsibility to discuss release of her placenta with her health care providers prior to delivery. In addition, it should be properly stored immediately after delivery (proper storage will be discussed before labor and delivery) until it is picked-up or dropped-off to Jessica Bair for preparation.

If, for any reason, Jessica is unable to timely pick up your placenta she will have her backup doula come collect the placenta so she can start the encapsulation process as soon as possible. Ensuring your bonding time with the baby stays as peaceful as possible.

When it comes time to encapsulate your placenta, if there is an illness present in my home I will notify you and properly store your placenta until the

illness has passed to ensure the best quality of encapsulation. PPE is always worn and sanitation/cleanliness is my top priority when encapsulating.

Proper Storage

Your placenta may be kept at room temperature for 2-3 hours. After that it should be refrigerated or otherwise kept cool. If it is going to be more than 48 hours before the placenta can be prepared it should be frozen. A frozen placenta may require an extra one or two days of preparation time to allow for gentle thawing.

Preparation for pick-up/drop-off

Your placenta should be prepared for transport by placing it in a glass Pyrex container, large zip lock, or container the hospital provides. I will arrive within 2 hours of contact and will transport it in a disposable cold/hot bag. Each birth location follows a different policy, it is your responsibility to double check what your location's policy is, that way we can plan pickup accordingly.

Fee: Preferred payment is Venmo, @Jessica_Bair

There is a \$50 deposit due when you select me as your placenta encapsulation specialist. Remaining balance is due by the time of pick up of your placenta. Or you are welcome to pay in full!

Cash/Check is accepted as well, ask if there are ANY questions!

Your specific package may differ in price and will be discussed personally.

This package includes: (mark all add ons you would like)

☒ \$200 Placenta Encapsulation

Add on:

☐ \$10 Umbilical Keepsake

___ \$10 Placenta Art

___ \$15 (12) chocolates

___ \$15 Postpartum Sitz Bath

___ \$30 Placenta Salve

___ \$30 tincture

___ \$10 up to 3 herbs added into encapsulation

___ Lemon- is an antiseptic and helps to distribute the placenta throughout the body. It may also help with boosting immunity, improve digestion and support heart health.

___ Ginger- is a warming herb; it is thought to lend its properties to the placenta. Ginger will help the body's digestive system and absorb the nutrients. The ginger specifically acts as a facilitator for energy and good blood flow.

___ Lavender- may help with lowering stress levels. It can also lessen postpartum + menopausal hot flashes. It has been shown to lower blood pressure + heart rate. It may help improve sleep. It is a natural remedy for pain and some studies indicate it promotes hair health and growth.

___ Crushed Red Pepper- may be good for heart health, immune system support. It can boost energy levels and has been shown to reduce glucose levels.

___ Turmeric- Medicinally is now used to treat, among other things, arthritis, digestive disorders, respiratory infections, allergies, liver disease, and depression

___ Maca- Helps the body manage stress. It may help increase your energy. It is thought to also help with symptoms of PMS, menopause, and postpartum depression.

___ Red Raspberry Leaf- This astringent herb helps restore tone to uterine and pelvic muscles, may curb excessive bleeding, and assist with wound healing. This herb contains highly bio-available forms of calcium, magnesium, zinc,

potassium, Vitamin C, iron, and B vitamins. Red raspberry leaf can act as an anti-diarrheal, antiemetic, and as a galactagogue.

____ Ashwagandha- Relieves stress and anxiety. Ashwagandha is perhaps best known for stress relieving properties. It may also help support heart health, sharpen focus and memory.

If you are a doula client of *Lavender + Honey Doula Services*, this fee is waived and included in your doula support agreement.

I/We have read and agree to the services and terms of this Placenta Encapsulation Form.

****Client Signature**_____ **Date**_____

Disclaimer: The information on this page has not been evaluated by the Food and Drug Administration. The services I offer are not clinical, pharmaceutical, or intended to diagnose or treat any condition. Families who choose to utilize the services I offer take full responsibility for researching and using the remedies.