

A place to meet

**Coach/Sponsor/Mentor/
Peer Support**



Call ahead for a private space to meet with a sponsor, sponsee, coach, or peer. Help yourself to a cup of coffee or something to eat in our kitchen. Have a group idea? Bring it to the community and we'll help you start it!



A Place to be

CORE

**Peer Recovery &
Resource Center**

CONTACT US

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CORE

**Peer Recovery &
Resource Center**



At CORE, we strive to maintain a safe environment to begin, explore and maintain all pathways of recovery.

**A COMMUNITY CENTER OF
RECOVERY FOR CAPE ANN**

A COMMUNITY OF RECOVERY

*Looking for help?
Looking to help others?*

We offer hope to people seeking recovery from problematic substance use. All pathways to recovery are honored here. Our goal is to provide options, and fun sober activities that unify us in recovery.



We are a peer-led, peer-run center, which allows people in recovery to share our experiences with people who understand. Connection gives us strength, hope, and insight. Community members shape everything we do here.

You don't have to be alone!

RECOVERY COACHING AVAILABLE

Recovery coaching assists individuals in developing their personalized recovery path, while promoting hope, optimism, and empowerment. Individual appointments can be scheduled. We also offer support for families and loved ones.



CORE Provides space and opportunity to build your own unique support system based on your interests and goals.

- Community meals & cooking
- Peer-led support groups
- Social events & holidays
- Yoga, tai chi and meditation
- Outings & adventures
- Creative arts and music
- Movie & game nights
- Computer lab and wifi
- Life skills & advocacy
- Fitness equipment & classes

CONNECTING TO RESOURCES

CORE can help you access local programs and services that might be difficult to navigate such as food assistance, housing advocacy, employment resources, healthcare, and behavioral health counseling.



FAMILY EDUCATION & SUPPORT

Because problematic substance use may impact our families and those close to us, CORE offers opportunities for family education and group support meetings, such as Learn to Cope, ACA, Al Anon, and grief support.