



AUGUST 2026

CORE PEER RECOVERY & RESOURCE CENTER
11-15 PARKER STREET, SUITE 212
351-217-1427
WWW.CORERECOVERY.ORG



HOURS:
MON 1:00-8:00
TUES 8:15-7:30
WED 8:15-5:00
THURS 8:15-9:00
FRI 8:15-9:00
SAT 8:15-4:00
CLOSED SUNDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
3 6-7:30 Women's ACA 7:00 NA -Just For Today	4 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	5 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope	6 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	7 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	8 10:00 Meditation 12:00 Sober & free AA
10 6-7:30 Women's ACA 7:00 NA -Just For Today	11 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	12 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope (zoom)	13 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	14 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	15 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 2-4 Cooking Class!
17 6-7:30 Women's ACA 7:00 NA -Just For Today	18 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 1:30 Come as You Are: Peer Grief Support for People in Recovery 6:00 LGBTQIA & Friends AA	19 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope	20 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	21 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	22 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
24 6-7:30 Women's ACA 7:00 NA -Just For Today	25 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA 7:30 Learning to Cope with Grief (hybrid)	26 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope (zoom)	27 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 3:00 Overeaters Anonymous 5:00 Creative Currents 5:30 Parent Recovery Connection @ Cape Ann YMCA 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	28 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	29 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
31 6-7:30 Women's ACA 7:00 NA -Just For Today 6:30-8:30 Luminaries & Love Gloucester Overdose Vigil					