NOVEMBER 2026

CORE PEER RECOVERY & RESOURCE CENTER
11-15 PARKER STREET, SUITE 212
351-217-1427
WWW.CORERECOVERY.ORG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 6-7:30 Women's ACA 7:00 NA -Just For Today	3 VOTE 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 5:00 CORE Member Meeting 6:00 LGBTQIA & Friends AA	4 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 1:00 Mindfulness Walk 2-3:15 The Spirituality of IFS 3:30-4:45 Tai Chi Walking 7-8:30 Learn To Cope	5 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 3:00 Overeaters Anonymous 4-6 NPH Visit 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	6 8:30 Slow Flow Yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 4-6 Reiki with Dan 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	7 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 1:00 Creative Recovery
9 6-7:30 Women's ACA 7:00 NA -Just For Today 3:00 Narcan Training	10 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 1-3 Reiki with Dan 6:00 LGBTQIA & Friends AA	11 Veterans Day  Closed	12 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	13 8:30 Slow Flow Yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 11:30-2:30 Regional Meeting! 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	14 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
16 6-7:30 Women's ACA 7:00 NA -Just For Today	17 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 1:30 Come as you Are: Peer Grief Support for People in Recovery 5:00 CORE Member Meeting 6:00 LGBTQIA & Friends AA	18 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 1:00 Mindfulness Walk 2-3:15 The Spirituality of IFS 3:30-4:45 Tai Chi Walking 7-8:30 Learn To Cope	19 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 1-3 Candle Making Workshop 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	20 8:30 Slow Flow Yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	21 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
23 6-7:30 Women's ACA 7:00 NA -Just For Today	24 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA 7:30 Learning to Cope with Grief (Hybrid)	25 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 1:00 Mindfulness Walk 2-3:15 The Spirituality of IFS 3:30-4:45 Tai Chi Walking 7-8:30 Learn To Cope (Zoom)	26 THANKSGIVING DAY 8:30 Grateful Flow Restorative Yoga (75 min) Open 8:15-11	27 8:30 Slow Flow Yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	28 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 2:00 Movie at CORE
30 6-7:30 Women's ACA 7:00 NA -Just For Today					HOURS: MON 1:00-8:00 TUES 8:15-7:30 WED 8:15-5:00 THURS 8:15-9:00 FRI 8:15-9:00 SAT 8:15-4:00 CLOSED SUNDAY