

SEPTEMBER 2026  CORE peer recovery & Resource Center 11-15 Parker Street, suite 212 351-217-1427 www.corerecovery.org   Hours: Mon 1:00-8:00 Tues 8:15-7:30 Wed 8:15-5:00 Thurs 8:15-9:00 Fri 8:15-9:00 Sat 8:15-4:00 Closed Sunday					
MON	TUE	WED	THU	FRI	SAT
6-7:30 Women's ACA 7:00 NA -Just For Today	1 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	2 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope	3 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	4 8:30 Slow Flow Yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	5 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 1:00 Creative Recovery
7 ★★★★★ LABOR DAY ★★★★★ Closed	8 8:30 Restorative yoga (75 min) 9-4 Recovery Coach Training 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	9 8:30 Slow flow yoga (1 hr) 9-4 Recovery Coach Training 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope (Zoom)	10 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	11 8:30 Slow Flow Yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	12 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
14 6-7:30 Women's ACA 7:00 NA -Just For Today	15 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 1:30 Come As You Are: Peer Grief Support for People in Recovery 6:00 LGBTQIA & Friends AA	16 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope	17 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 3-5 Pottery Class @ Cynthia Curtis in Rockport 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	18 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	19 10:00 Meditation 12:00 Sober & free AA
21 6-7:30 Women's ACA 7:00 NA -Just For Today	22 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	23 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope (Zoom)	24 MOAR Recovery Day! 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	25 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	26 10:00 Meditation 12:00 Sober & free AA 1:00-2:30 Pool & Games @ CORE!
28 6-7:30 Women's ACA 7:00 NA -Just For Today	29 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 4-7 CORE'S 4th Anniversary Open House 7:30 Learning to Cope with Grief (Hybrid)	30 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 The Art of Knot Tying 2-3:15 The Spirituality of IFS 3:30 Tai Chi 7-8:30 Learn To Cope (Zoom)	 NATIONAL RECOVERY MONTH 		