CORE SCHEDULE

NOVEMBER 9TH - NOVEMBER 14TH

CORE PEER RECOVERY & RESOURCE CENTER
11-15 PARKER STREET, SUITE 212, GLOUCESTER MA 01930
PHONE # 351-217-1427

Monday **9** Open 1-8	6-7:30 Women's ACA 7:00 NA - Just For Today 3:00 Narcan Training
Tuesday **10** Open 8:15-7:30	8:30 Restorative Yoga (75 Minutes) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 1-3 Reiki with Dan 6:00 LGBTQ & Friends AA
Wednesday **11** Closed	 Closed
Thursday **12** Open 8:15-9	8:30 Resorative Yoga (75 Minutes) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 12:00 Knitting Group 3:00 Overeaters Anonymous 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA
Friday **13** Open 8:15-9	8:30 Slow Flow Yoga 10:00 Meditation 10:30 Many Paths: Recovery Literature 11:30-2:30 Regional Meeting! 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA
Saturday **14** Open 8:15-4:00	8:30 Vinyasa Yoga (75 Minutes) 10:00 Meditation 12:00 Sober & Free AA 1:00 Creative Recovery

MEETINGS, GROUPS AND CLASSES ARE ONE HOUR LONG UNLESS OTHERWISE SPECIFIED :)