

CORE SCHEDULE

APRIL 27TH - MAY 2ND

CORE PEER RECOVERY & RESOURCE CENTER
11-15 PARKER STREET, SUITE 212, GLOUCESTER MA 01930
PHONE # 351-217-1427



Monday

27

Open 1-8

6-7:30 Women's ACA
3:30 Tai Chi
6:30 Al-Anon
7:00 NA -Just For Today

Tuesday

28

Open 8:15-7:30

8:30 Restorative Yoga (75 minutes)
10:00 Meditation
10:00 Co-ed ACA
10:30 Fitness For Life
12:00 Women's Recovery
6:00 LGBTQIA & Friends AA
7:30 Learning to Cope with Grief (Hybrid)

Wednesday

29

Open 8:15-5

8:30 Slow Flow Yoga
10-10:30 Meditation
10:00 Men's Recovery
11:00 Creative Recovery
2-3:15 The Spirituality of IFS
3:30 Tai Chi
7-8:30 Learn to Cope (Zoom)

Thursday

30

Open 8:15-9

10:00 Meditation
12:00 Recovery Values
5:00 Creative Currents
6-7:30 Women's Augustine Fellowship
6-7:30 Women's ACA
7:30-8:45 Men's NA

Friday

1

Open 8:15-9

10-10:30 Meditation
10:30 Many Paths: Recovery Literature
1:45 Music Exploration
5:00 Young People's Hangout
6:00 The Writing Group
7:00 Young People's AA

Saturday

2

Open 8:15-4:00

10-10:30 Meditation
12:00 Sober & Free AA
4-6 Cooking Class!

MEETINGS, GROUPS AND CLASSES ARE ONE HOUR LONG
UNLESS OTHERWISE SPECIFIED :)

