

CORE SCHEDULE

JUNE 29TH - JULY 4TH

CORE PEER RECOVERY & RESOURCE CENTER
11-15 PARKER STREET, SUITE 212, GLOUCESTER MA 01930
PHONE # 351-217-1427



Monday

29

Open 1-8

6-7:30 Women's ACA
6:30 Al-Anon
7:00 NA - Just For Today

Ticket sales are open for
our 4th Annual CORE
Recovery Cruise!
Scan the QR code to
reserve your spot
Or speak to any CORE
staff



Tuesday

30

Open 8:15-7:30

8:30 Restorative Yoga (75 minutes)
10:00 Meditation
10:00 Co-ed ACA
10:30 Fitness For Life
12:00 Women's Recovery
6:00 LGBTQIA & Friends AA
7:30 Learning to Cope with Grief (Hybrid)

Wednesday

1

Open 8:15-5

8:30 Slow Flow Yoga
10-10:30 Meditation
10:00 Men's Recovery
11:00 The Art of Knot Tying
2-3:15 The Spirituality of IFS
3:30 Tai Chi
7-8:30 Learn to Cope

Thursday

2

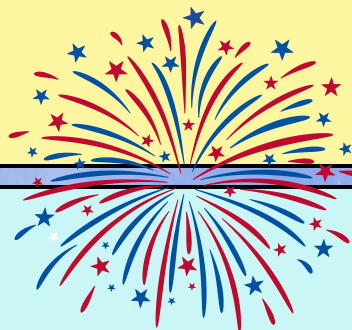
Open 8:15-9

8:30 Restorative Yoga (75 minutes)
10:00 Meditation
12:00 Recovery Values
3:00 Overeaters Anonymous
6-7:30 Women's Augustine Fellowship
6-7:30 Women's ACA
7:30-8:45 Men's NA

Friday

3

Closed



Saturday

4

Closed

4th of July

MEETINGS, GROUPS AND CLASSES ARE ONE HOUR LONG
UNLESS OTHERWISE SPECIFIED :)

