COMFORT CHECKLIST

A SOFT START TO SUMMER

001-LEMONS, DAFFODILS & SMALL JOYS

THINGS I WANT TO TRY

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RECIPES I WANT TO COOK

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SELF CARE TO SCHEDULE

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JUNE

- Family outings
- Picnic
- Walk at the beach
- National Trust Visit
- Read more books
- Bake more bread
- Enjoy the quiet days

Comfort Checklist For June....

MY CREATIVE CHRONIC LIFE
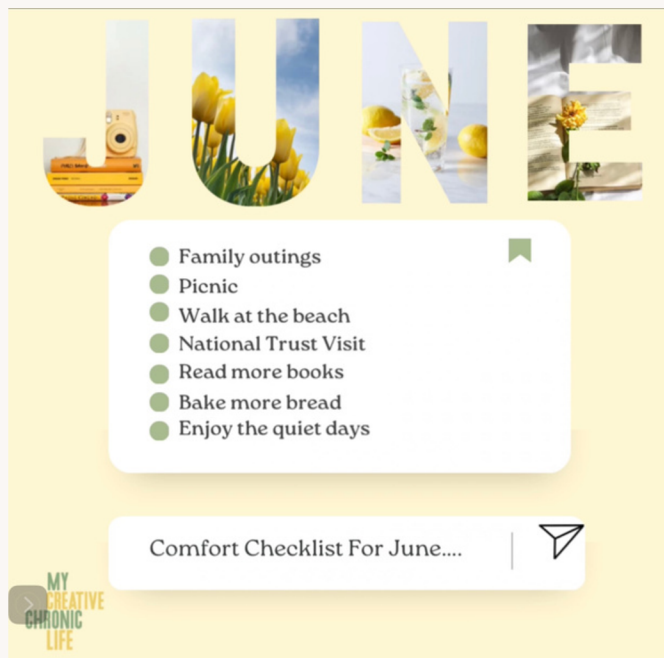
HERE ARE SOME IDEAS THAT I HAVE FOR MY JUNE COMFORT CHECKLIST

BOOKS/TV SHOWS THIS MONTH

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HOBBIES TO TRY – CONTIINUE

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