# Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **What are the hazards?** | **Who might be harmed**  | **Controls Required** | **Additional Controls** | Risk Owner |
| **Spread of Covid-19 Coronavirus** | * **Visitors to the premises**
* **Vulnerable groups – Elderly, Pregnant clients, or those with existing underlying health conditions**
* **Therapist**
 | **Hand Washing*** Hand washing facilities with soap and water in place.
* Stringent hand washing taking place immediately upon arrival.
* Drying of hands with disposable paper towels.
* Gel sanitisers in all areas, including where washing facilities not readily available.

**Cleaning**Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.Washing of all used soft material after each client, followed by thorough disinfecting off all areas.**Social Distancing**Reducing the number of persons in any area to comply with the 2-metre (6.5 foot) gap recommended by the Public Health Agency where possible.Social distancing to be adhered to at all other times when not carrying out treatments.All other contact where social distance cannot be followed will be kept to a minimum. Face to Face treatments, such as Indian Head and Facial treatments, will not be offered until government advice changes.**Removal of all soft furnishings**Soft furnishings (covers and pillows) to be removed from all areas where appropriate.**Visors and Facemasks** Visor to be worn when administering treatments. Face masks optional for clients.**Aprons** Disposable Aprons to be worn during treatments and these will be disposed after each client **Training**Therapist has completed the Health, Safety & Hygiene – Returning to Work COVID-19 course **Person showing signs of illness**Clients asked to fill in a COVID 19 disclaimer prior to arrival and temperature of all clients taken upon arrival using a non-contact thermometer. Anybody showing symptoms will be refused entry.Track and Trace will be used for all clients and records kept for mandated 21 days | Clients to be directed to wash hands for 20 seconds with water and soap and the importance of proper drying with disposable towels. Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands. Tissues will be made available throughout the premises.Hand sanitiser will be available throughout the premises.To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice - <https://www.publichealth.hscni.net/news/covid-19-coronavirus>All surfaces will be covered with a removal and washable covering where appropriate. Additional, closable and cleanable bins will be placed throughout the premisesClients to be reminded the importance of social distancing where possible.Face mask will be considered as an additional to visors if working on high risk clients.Anybody displaying symptoms will be asked to leave and track and trace updated. All members of household to self-isolate for fourteen days. | Owner and ClientsOwnerOwner and ClientsOwnerOwner and ClientsOwnerOwnerOwner and Clients |