

ASTORIA DANCE CENTER SUMMER 2023

July 5th through August 15th
DANCE CLASSES AND INTENSIVES



DANCE TOGETHER FOR 2'S & 3'S

(WITH MOM, DAD OR GUARDIAN)

Our Dance Together class is designed for children who are not ready to be in class on their own. The class is 45 minutes in length and Mom, Dad or caretaker participates with the child. Music, movement, coordination and social skills are developed in this class.

Dance activities include the use of many different types of props, along with fun song and dance routines.

45 minute class meets 1 time a week for 6 weeks

DANCE DISCOVERY FOR AGES 3-4.5

Our Dance Discovery Class introduces children to the world of dance in a fun learning environment. The class incorporates movement skills that help to develop a child's coordination, balance, poise and rhythm. Children will experience the joy of dance through song and movement activities. This is a great class to help prepare children for further study of ballet, tap and jazz.

45 minute class meets 2 times a week for 6 weeks

PRINCESS BALLERINA FOR AGES 5-7

Each week there will be a different theme in ballet. Young dancers will learn ballet steps and terminology. The use of classical music, storytelling, props and a craft will engage your young dancer's mind and body.

1 hour class meets 2 times a week for 6 weeks

MINI JAZZ GEMS FOR AGES 5-7

Fun, upbeat, energetic movement class for young dancers to discover the basics of classic Jazz. Isolations, center, and across the floor movement combined with Fun choreography and combinations will keep your dancer engaged.

45 minute class meets 1x a week for 6 weeks.

HIP HOP FOR AGES 5-7, 7-9, 10-12

Fun, age appropriate hip hop moves, progressions and combinations are taught in this energetic class.

45 minute class – meets 1 time a week for 6 weeks

HIP HOP FOR AGES 11 & UP

This Hip Hop class will include a wide range of styles including breaking, popping, tutting and gliding moves. Combinations and progressions as well as elements of original choreography will be introduced in this fun and engaging dance class.

1 hour class meets 1 time a week for 6 weeks

BALLET/MODERN I

BALLET/MODERN II – WITH POINTE PREP – BY PLACEMENT ONLY

Our Ballet/Modern classes I & II includes a ballet class and a modern dance class (*Ballet II is combined with pointe preparation for experienced dancers*). In these classes, students will be introduced to Classical Ballet technique and vocabulary. In Modern, the fundamentals of different styles of modern dance, concepts and terminology will be covered. The emphasis in this class will be on individual attention and the personal growth of each dancer.

These classes meet 1 hour for Ballet and 1 hour for Modern for 6 weeks

INTERMEDIATE BALLET WITH POINTE

Ballet technique and strengthening for Dancers who want to continue their training throughout the summer. 1 hour of barre work, strengthening and conditioning, center work, across the floor plus pointe work. It is important for young dancers, especially those who want to continue training en pointe, or eventually dance en pointe, to keep strong, and build up stamina, as well as learn how to properly execute movement while wearing pointe shoes.

1 hour class meets 1x a week for 6 weeks.

CONTEMPORARY/LYRICAL

A style that incorporates elements of Ballet, Jazz, and Modern and blends it with emotive movement. Dancers will learn combinations and how to tie movement together with self-expression. This class is for dancers with 8+ years of dance experience.

1 hour class meets 1 time a week for 6 weeks.

ASTORIA DANCE CENTER'S SUMMER DANCE INTENSIVES

Our Summer Dance Intensive is a 5-day, full day program, and consists of technique classes in the morning half, including a group warm up, classical Ballet and Modern classes. The dancers will also partake in additional technique classes in the afternoon, which will focus on choreography to be performed in an informal studio showcase at the culmination of the week. They will be learning from various Dance Teachers throughout the week, and focusing on personal growth as a dancer and how to apply what they learned into their year round technique and training.

Level I: **Peridots, Sapphire & Advanced Beginners**

Level II: **Rubies, Opal, Topaz, Garnet**

WEEK 1 - July 17th through July 21st

9:00 - 9:30 GROUP WARM UP

	Level I	Level II
9:00 – 9:30	GROUP WARM UP LEVELS I & II	
9:45 - 10:45	Ballet	Jazz
10:45 - 11:45	Modern	Ballet
12:00 - 1:00	LUNCH	
1:00 - 2:00	Jazz	Tap
2:00 - 3:00	Musical Theatre	Contemporary
3:00 - 3:15	SNACK	
3:15 - 4:00	Lyrical	Jazz

*FRIDAY SCHEDULE WITH SHOWCASE WILL BE RELEASED AT A LATER DATE

WEEK 2 - August 7th through August 11th

9:00 - 9:30 GROUP WARM UP

	Level I	Level II
9:00 – 9:30	GROUP WARM UP LEVELS I & II	
9:45 - 10:45	Ballet	Modern
10:45 - 11:45	Modern	Ballet
12:00 - 1:00	LUNCH	
1:00 - 2:00	Jazz	Contemporary
2:00 - 3:00	Musical Theatre	Musical Theatre
3:00 - 3:15	SNACK	
3:15 - 4:00	Leaps, Jumps, Turns	Leaps, Jumps, Turns

*FRIDAY SCHEDULE WITH SHOWCASE WILL BE RELEASED AT A LATER DATE

Summer Dance Intensive Dates & Fees

Levels I & II : Monday July 17th through Friday July 21st – 9:00 AM to 4:00 PM

Levels I & II: Monday August 7th through Friday August 11th – 9:00 AM to 4:00 PM

Tuition Fee for 1 week: \$700.00

Tuition Fee for 2 weeks: \$1200.00 (**\$200.00 SAVINGS**)

*Your dancer can sign up for 1 week or both weeks