

ASTORIA DANCE CENTER SUMMER 2024

July 8th through August 15th



DANCE TOGETHER FOR 2'S & 3'S

(WITH MOM, DAD OR GUARDIAN)

Our Dance Together class is designed for children who are not yet ready to be in class on their own. The class is 45 minutes in length and Mom, Dad or guardian participates with the child. Music, movement, coordination and social skills are developed in this class. Dance activities include the use of many different types of props, along with fun song and dance routines.

45 minute class meets 1 time a week for 6 weeks

DANCE DISCOVERY FOR AGES 3-4.5

Our Dance Discovery Class introduces children to the world of dance in a fun learning environment. The class incorporates movement skills that help to develop a child's coordination, balance, poise and rhythm. Children will experience the joy of dance through song and movement activities. This is a great class to help prepare children for further study of ballet, tap and jazz.

45 minute class meets 2 times a week for 6 weeks

PRINCESS BALLERINA FOR AGES 5-7

Each week there will be a different theme centered around Ballet. Young dancers will learn Ballet steps and terminology. The use of classical music, storytelling, props and a craft will engage your young dancer's mind and body.

1 hour class meets 2 times a week for 6 weeks

HIP HOP FOR AGES 6-8

Fun, age appropriate hip hop moves, progressions and combinations are taught in this energetic class.

45 minute class – meets 1 time a week for 6 weeks

HIP HOP FOR AGES 9-12 & AGES 13 & UP

This Hip Hop class will include a wide range of styles including breaking, popping, tutting and gliding moves. Combinations and progressions as well as elements of original choreography will be introduced in this fun and engaging dance class.

1 hour class meets 1 time a week for 6 weeks

BALLET/MODERN GEMS

This Ballet/Modern Gems class includes a ballet class and a modern class. These classes are for students that are part of the following gemstone levels: Moonstone, Pearl, Rose Quartz. In Ballet, dancers will continue their training in Ballet technique and vocabulary. In Modern, the fundamentals of different styles of modern dance, concepts and terminology will be covered.

These classes meet 1 hour for Ballet and 1 hour for Modern for 6 weeks

BALLET/MODERN I BALLET/MODERN II

Our Ballet/Modern classes I & II includes a ballet class and a modern dance class). In these classes, students will be introduced to Classical Ballet technique and vocabulary. In Modern, the fundamentals of different styles of modern dance, concepts and terminology will be covered. The emphasis in this class will be on individual attention and the personal growth of each dancer.

These classes meet 1 hour for Ballet and 1 hour for Modern for 6 weeks

POINTE PREP – BY PLACEMENT ONLY

Our Pointe Preparation classes are designed for students that have previous dance experience and are at least 11 years old. This class is by placement only. Students will learn pre-pointe exercises, building strength and endurance to be ready for pointe. This class is by placement only.

1 hour class meets 1 time a week for 6 weeks

INTERMEDIATE BALLET WITH POINTE

Ballet technique and strengthening for Dancers who want to continue their training throughout the summer. This class includes barre exercises, strengthening and conditioning, center work, across the floor plus pointe work. It is important for young dancers, especially those who want to continue training en pointe, or eventually dance en pointe, to keep strong, and build up stamina, as well as learn how to properly execute movement while wearing pointe shoes.

1 hour class meets 1x a week for 6 weeks.

CONTEMPORARY

A style that incorporates elements of Ballet, Jazz, and Modern and blends it with emotive movement. Dancers will learn combinations and how to tie movement together with self-expression. This class is for dancers with 5+ years of dance experience.
1 hour class meets 1 time a week for 6 weeks.

STREET JAZZ

Street Jazz is a high energy class that combines Jazz and Hip-Hop style and focuses on technique and performance quality. Dancers will be focusing on learning and performing with confidence, artistry, and strong technique.
1 hour class meets 1 time a week for 6 weeks.