

PEP

Parents as Educational Partners
Padres como Socios en la
Educación



Belmont Station
Elementary School

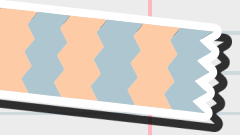
Presented by Lisa Depew and Kristen Anglin

Unit 6:

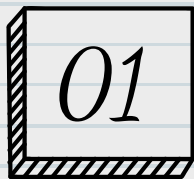
Study Skills

and

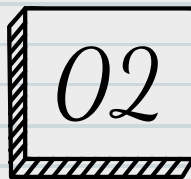
SOL Prep



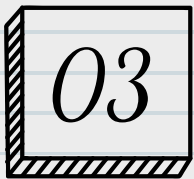
Today's Topics:



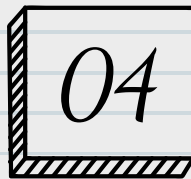
What are SOL exams?



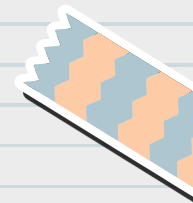
How do they ← affect my student and the school?



SOL Prep



Grade Level Test Dates



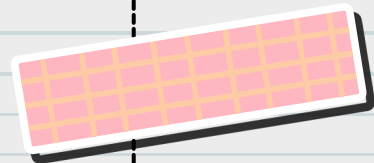
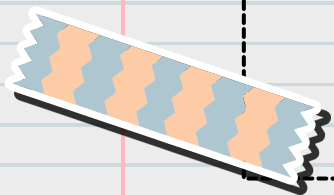


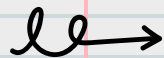
Today



At the end of this session, families will be able to:

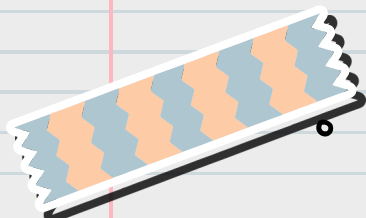
- Use various techniques and strategies to help students throughout their academic years.
- Gain a new understanding about the Standards of Learning Tests





Community Builder

Game: Are You
Smarter Than a 5th
Grader?



Join at www.kahoot.it
or with the Kahoot! app

Game PIN:

961 663



01

What are SOL tests?


- The **Standards of Learning (SOL)** test for Virginia Public Schools establishes minimum expectations for what students should know and be able to do at the end of each grade or course in English, Mathematics, Science, History, and Social Science.
- These tests are taken online and are untimed.
- Additionally, they are used to monitor student growth, evaluate effectiveness of instructional methods and to inform teachers of needed review.

02

How do SOL scores affect my child? .

- Student scores are reported in one of 4 different categories:
 - Pass/Advanced: 500-600
 - Pass/Proficient: 400-499
 - Fail: 0-399
 - Fail/Basic: means that partial understanding was demonstrated
 - Fail/Below Basic: means that minimal understanding was demonstrated
- If students score between 375-399 on any of the SOL assessments, they will have the opportunity to take the assessment again. Parent permission is necessary for this to take place.

How do SOL scores affect my child? .

- In elementary school if a student fails their SOL test it does not automatically mean that they will fail the grade or be held back. 
 - Most often students who receive a failing score will be recommended for intervention groups and/or Summer School to receive intensive remedial support.
- Once students begin taking upper level courses (Middle and High School) a passing score of 400 or higher is required to obtain verified credits needed for a high school diploma.





How Do SOL Scores Impact Our School?

- SOL scores are part of the School Performance Report
- They measure the success of students in meeting the Board of Education's expectations for learning and achievement
- Inform parents and communities about whether students , individually and collectively, are meeting expectations in English, Math, Science, and Social Studies



03

SOL Prep

- Classroom teachers have been working with your children to deliver the essential content for their grade level during the entire year. Teachers will be reviewing test taking strategies with students to ensure that students understand the format and presentation of questions to better enable them to demonstrate their understanding of the content.

Why Study?

- Studying can be important before a test. ↷
- Research shows that good study skills **increase competence and self-esteem.**
- It can also help with **overcoming anxiety** about tests and project deadlines.



Study Skills

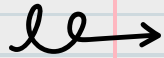
2nd-5th grade students can word study words, math facts, and content vocabulary at home (Study Guides are a great tool!)

Study Skills

- Students should have their upcoming tests written in their Agenda, weekly homework sheet, and/or Schoology

- When a test is coming up, please have your student study a little each night, instead of waiting to cram until the night before

The Study Cycle



Check

- Are my Study Methods working?

Study

- Use a calendar
- Plan backwards
- Teach Others (even a pet or stuffed animal!)
- Space Retrieval- Quiz every few days on the material rather than cramming the night before

Preview the material

- Essential Questions

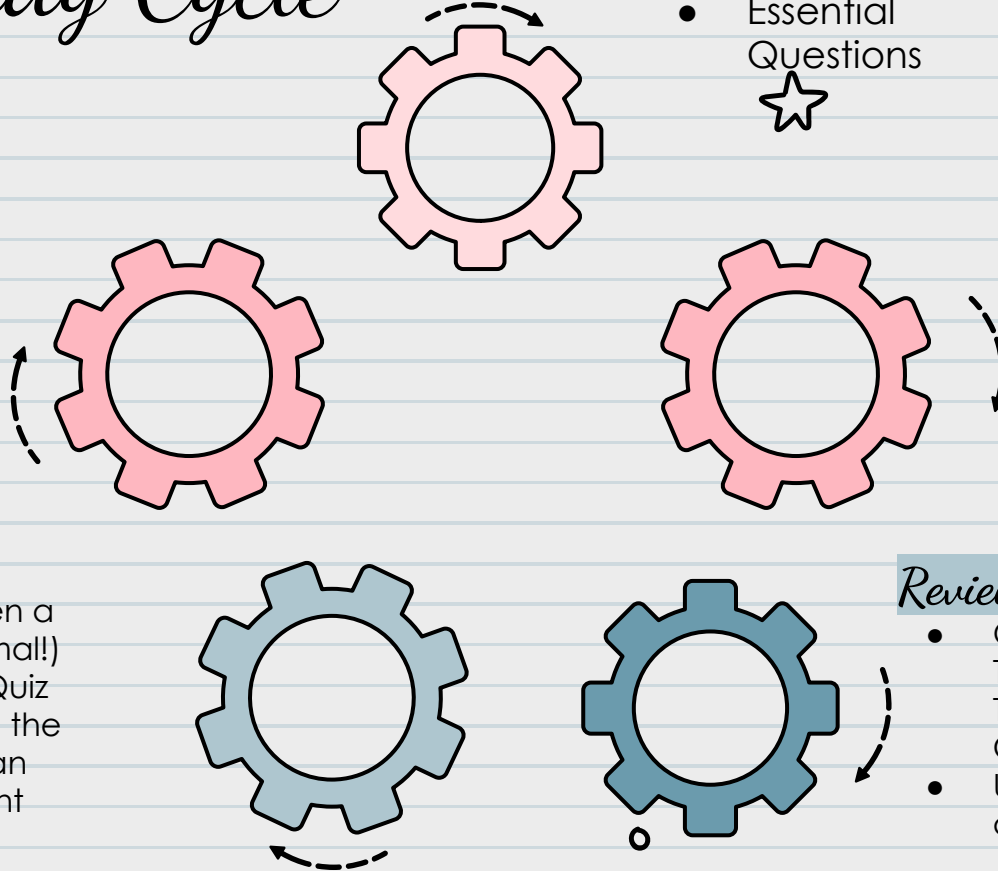


Attend to Learning

- Ask Questions
- Take Notes

Review

- Quizzable Study Tools like flashcards, T-Charts, Homework Cover-up
- Use as many senses as you can!



☆ Creating Study Plans

- Create a weekly schedule that displays all of your scheduled activities.
 - You can do this in your child's planner or create an electronic calendar.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
3:00					TEST	
4:00	Basketball Practice	Basketball Practice	Science Project	Homework	Science Project: Gather Materials	Homework
5:00			Homework	Basketball Practice		Science Project: Begin Experiment
6:00	Dinner	Dinner	Dinner	Homework	Dinner	
7:00			Game against Central	Dinner		
8:00	Homework	Homework				
9:00			Homework			

STUDY TIP:
Color code your schedule.

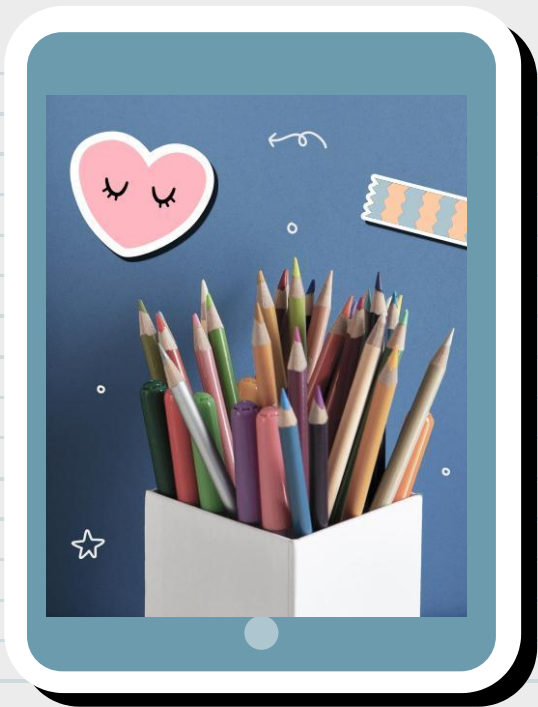
☆ Creating Study Plans

- After recording your scheduled activities, schedule some time to study.
- Be specific with how long you will study and which strategies you will use.

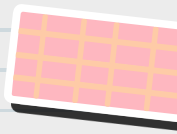


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5:00		NOTE CARDS	Homework	Basketball Practice		Science Project: Begin Experiment
6:00	Dinner	Dinner	Dinner	Homework	Dinner	
7:00	Homework	Homework	Game against Central	Dinner		
8:00				HAVE MOM QUIZ ME		
9:00	REREAD/HIGHLIGHT NOTES	CREATE A STUDY GUIDE	Homework			

STUDY TIP:
Planning ahead will allow you to have more free time.



What Can I Do To Help?



Remember:

- Establish a routine.
- Provide a quiet place to work.
- Check over their work. Ask them about what they have worked on or read.
- Communicate with your student's teacher about any questions or concerns you may have.
- Check ParentVue frequently for assignments.



**Quick Tips for the SOL Tests*

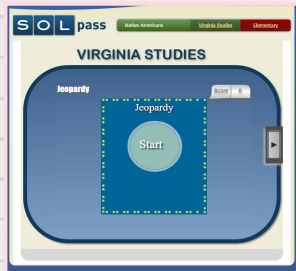
Allow your child to practice “endurance” reading

Review strategies for solving math problems.

Ask your child questions about what they’re reading.

Review basic math facts

Review a copy of your state’s released test items.



SOL
Test-taking
Tips



04

SOL Dates

Grade Level	Spring (SOL) 5/6/24-5/31/24
Grade 3	Reading: 5/8/24 at 8:00 Math: 5/22/24 at 8:00
Grade 4	Reading: 5/8/24 at 9:00 VA Studies: 5/15/24 at 9:00 Math: 5/22/24 at 9:00
Grade 5	IRW: 4/25/24 at 8:00 Reading: 5/8/24 at 8:30 Science: 5/15/24 at 8:30 Math: 5/22/24 at 8:30

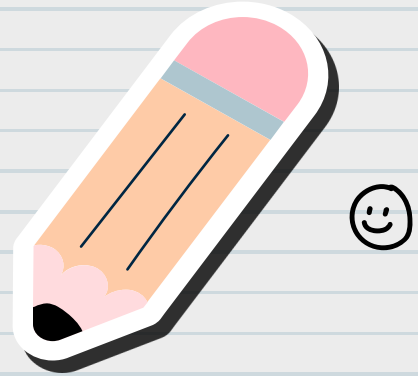


Visit the **VDOE site** to find answers to SOL related questions. Encourage students to practice good study skills at home.



What can families do to help?

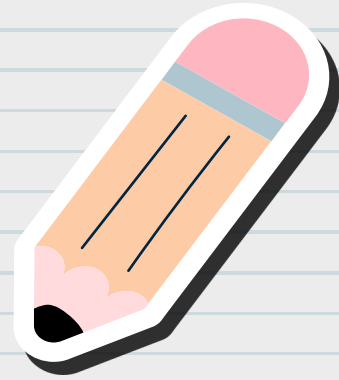
Can you think of any other ways that have worked for you in the past and would like to share with the group?





• Upcoming Dates •

Holiday: NO SCHOOL -
Wednesday, April 10, 2024



• **Next PEP Meeting:** •
Tuesday, May 14, 2024
Family Engagement





Questions/Family Table Talk/Discussion/Relationship Building

