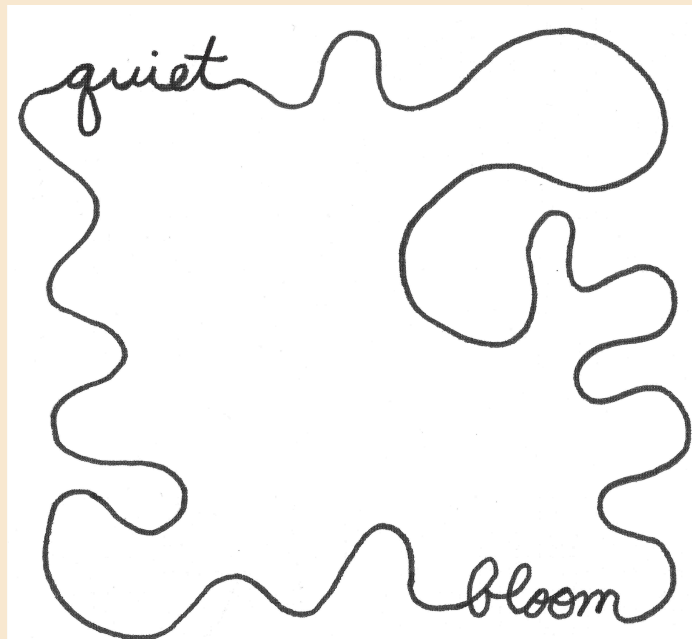


# LANTERN TREE MOMENTS

## Reflection Cards

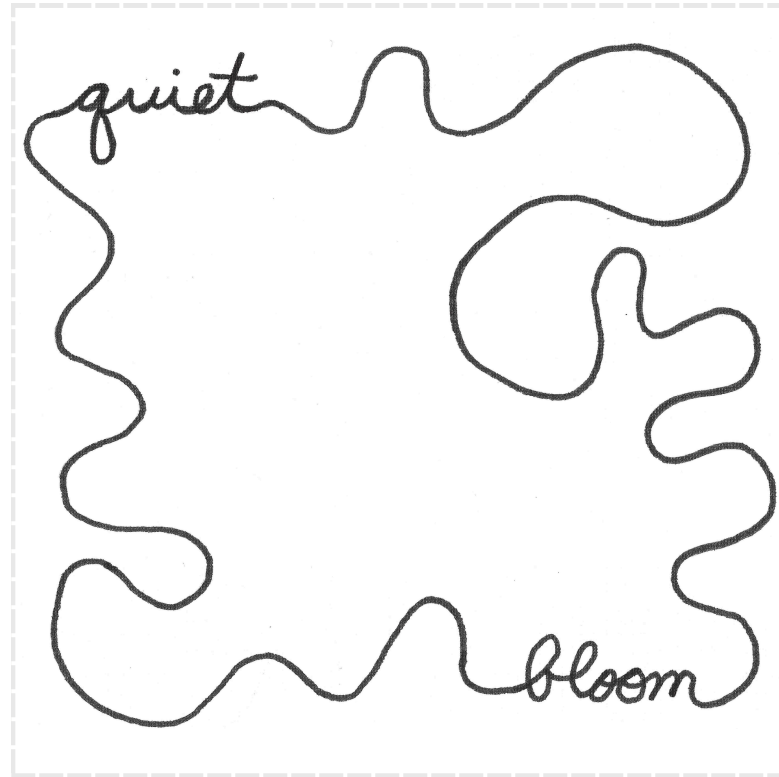
*You are invited to fill, or not fill, each card slowly and in any way that feels good.*



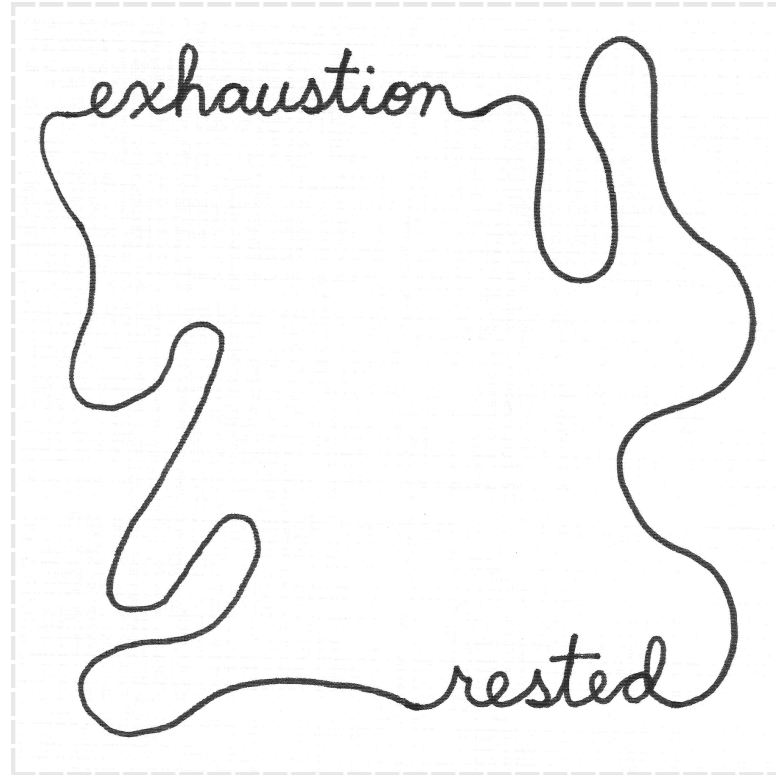
INSTANT DOWNLOAD  
PDF FILE



PRINT ON CARDSTOCK  
OR ART PAPER



-- cut along the dotted line --



-- cut along the dotted line --



-- cut along the dotted line --



-- cut along the dotted line --

# LANTERN TREE MOMENTS

## The Lantern Tree

Imagine you are walking through a quiet forest at dusk, the air soft and expectant. The trees grow taller, their branches weaving a hush above you—until the forest opens into a clearing, and there it stands: a great, ancient oak, its wide arms outstretched like an embrace.

From every branch hang lanterns—tiny flickers and steady glows alike, made of glass, twine, and time—each holding its own quiet light.

As you step closer, the light softens around you, asking nothing, only offering—and somewhere deep in your chest, something long held begins, gently, to loosen, as if this place has been waiting for you all along.

## A Lantern Tree Moment

A lantern tree moment isn't something you chase—it's something you quietly arrive at. It's the instant when the noise softens just enough for something true to rise. A small shift. A little more room to breathe. A quiet light where there was once only holding.

Learn more about Lantern Tree Moments and sign up to be notified of new offerings at [www.lanterntreemoments.com](http://www.lanterntreemoments.com)