

DECEMBER 7, 2022

CHOOSE YOUR PATH ANNUAL REPORT - YEAR 2



MEMBERSHIP

Choose Your Path Executive Board

President: Chief of Police David Wermes, Wauconda Police Department

Vice President: Reverend Dr. Kristopher Hewitt, Pastor Ivanhoe Congregational Church

Treasurer: Jennifer Kuhn, Wauconda Village Trustee

Secretary: Deena Krieger, Matthews Middle School Guidance Counselor

Members at Large: Dr. David Wilm, Superintendent of District 118 Schools
Tim Staton, Executive Director of Wauconda Park District

Choose Your Path Sector Representatives

Youth: Stephanie Campuzano

Parents: Tara Simonelli

Schools: Dr. David Wilm

Youth-Serving Organizations: Tim Staton

Law Enforcement: David Wermes

Religious/Fraternal Organizations: Rev. Dr. Kristopher Hewitt

Business: Tracy Lehman

Media: Maria Weisbruch

Civic/Volunteer Organizations: Mark Kisselburg

Healthcare Professionals: Keeley Gallagher

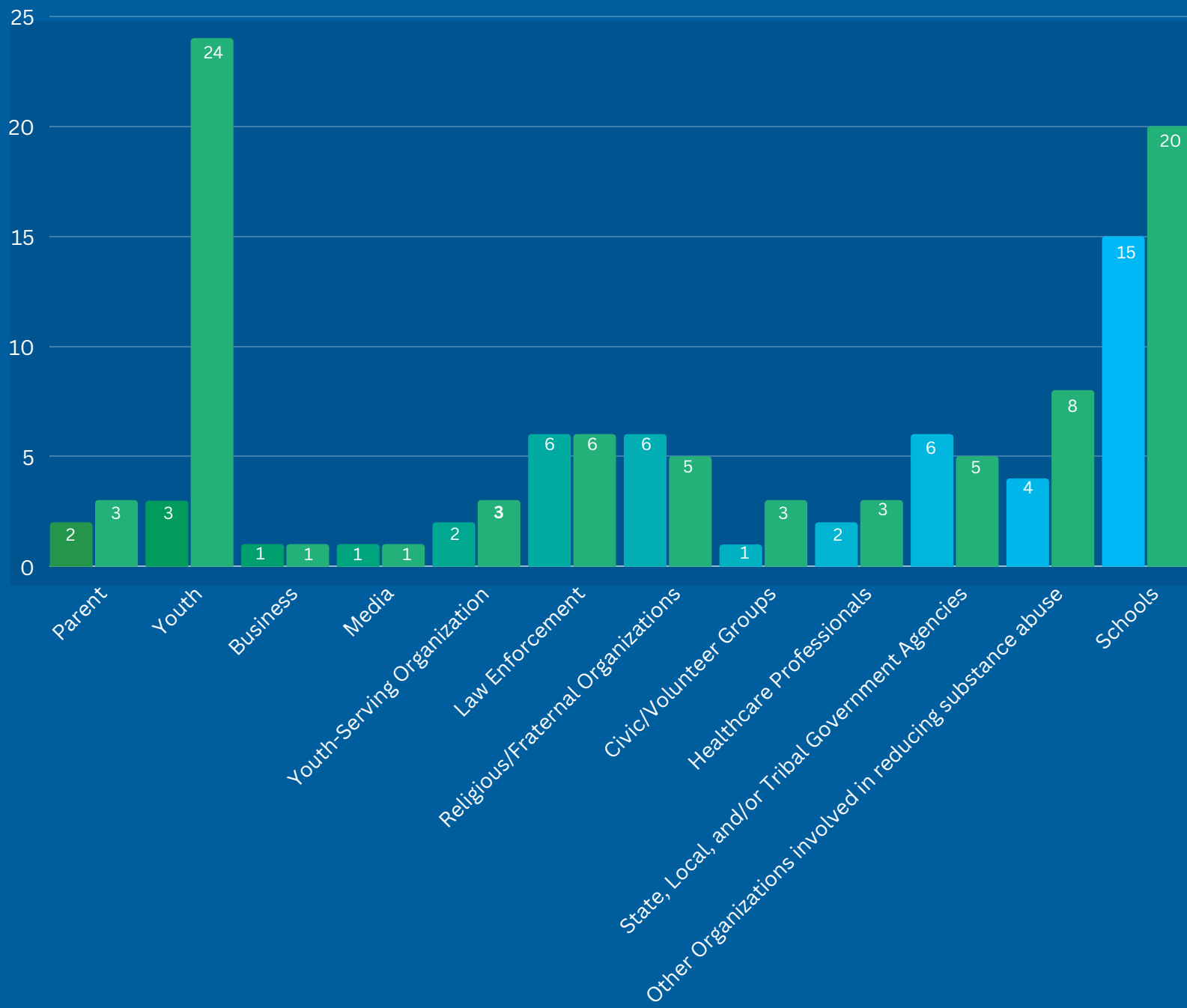
State, Local, and/or Tribal Government Agencies: Jennifer Kuhn

Other Organizations involved in reducing Substance Abuse: Bill Gentes

- Choose Your Path members attended 18 different events throughout the year.
- Choose Your Path had a total number of 49 meetings throughout the year to complete the work of the coalition. This included monthly meetings, Executive Board meetings, Youth Advisory Board meetings and committee meetings.
- Choose Your Path coalition members contributed a total cumulative number of 652 volunteer hours throughout the year. This includes attending events, attending monthly meetings, and attending committee meetings. That equals to \$19,560 to in-kind contributions for the year!

MEMBERSHIP

Choose Your Path currently has 82 members, 24 of those members are Youth.



What is being done to increase membership?

- The Outreach Committee created a recruitment flyer to be shared throughout the Wauconda area.
- Wauconda High School students have spent time speaking with their fellow classmates about the club and why they should join.
- Youth Advisory Board members have gone to speak with the 8th grade class at Matthews Middle School and Wauconda Middle School about why they should join the club when they come to the high school.
- The Project Coordinator has attended other agencies meetings to continuously speak about Choose Your Path.
- The Wauconda School District sent out a Postcard to all families in the district which had information about why they should get involved with Choose Your Path

QUALITATIVE AND QUANTITATIVE DATA

During the past year Choose Your Path has been able to spend some time collecting data needed for the Prevention efforts put forth by the coalition. We need both Quantitative Data and Qualitative Data. All of the data relates back to the Drug Free Communities Core Measures which are Past 30 Day Use, Perception of Harm, Perception of Peer Disapproval, and Perception of Parental Disapproval. Below is the list of all the data that was collected in the past year.

- Youth Focus Groups
 - Adult Focus Groups
 - Environmental Scan
 - Compliance Checks
 - Illinois Youth Survey (IYS)
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Focus Groups

Choose Your Path had two Adult Focus Groups take place in February and one Youth Focus Group take place in April. There were a total of 14 adults who participated in the Adult Focus Groups and 13 students who participated in the Youth Focus Groups. The data collected from these Focus Groups were added into our Logic Models and helped us with our Prevention strategies.

Environmental Scans

Our Environmental Scans took place on May 11, 2022. Choose Your Path members visited 14 establishments throughout Wauconda, Island Lake, and Volo. When visiting the establishments volunteers were looking for advertisement geared towards youth, items that were left unsupervised and advertised as "grab and go", "We ID" signs, or any products that would have been geared towards Youth. This full report can be found on our website.

Compliance Checks

The Wauconda Police Department completed Compliance Checks in June and visited 19 establishments. Out of the 19 establishments, only 1 was found to be in violation.

QUALITATIVE AND QUANTITATIVE DATA

Illinois Youth Survey (IYS) 2022

The Illinois Department of Human Services (IDHS) has funded the administration of the Illinois Youth Survey (IYS) biennially since 1990. The IYS is a self-report survey administered in school settings and is designed to gather information about a variety of health and social indicators including substance use and perceptions, bullying, school climate, nutrition, and physical activity.

When looking at the results of the IYS 2022 Survey for 8th, 10th, and 12th graders in the Wauconda School District all our of Core Measures were trending in the right direction! You can see some of the highlights below, otherwise the full presentation can be found on our website.

Percentage of students **NOT** using the following substances in the past 30 days:

	8th Grade - Wauconda Middle School	8th Grade - Matthews Middle School	10th grade	12th grade
Alcohol	96%	91%	82%	67%
Tobacco	99%	98%	100%	99%
Marijuana	98%	97%	97%	85%
Prescription Drugs	99%	100%	99%	99%



CHOOSE YOUR PATH

Substance Use Prevention Coalition

YEAR 2 IN REVIEW

DECEMBER 2021

- We gained two new Youth members this month.
- We welcomed 3 new Executive Board members - Deena Krieger, Tim Staton, and Jennifer Kuhn.
- We submitted a Spring Ad for the Wauconda Park District.
- We updated our Teen Resource Guide to include another LGBTQ+ resource.

JANUARY 2022

- Choose Your Path attended the CADCA Leadership Forum.
- Deena and Rebecca presented on the National Coalition Academy Week 1.
- Shared updated Teen Resource Guides to various organizations throughout the Wauconda Area.

FEBRUARY

- Choose Your Path attended the CADCA Leadership Forum.
- Adult Focus Groups were conducted.
- We attended the Wauconda Area Chamber of Commerce Expo Event.
- Youth Advisory Board Members attended the Mid-Year training from the Cebrin Goodman Teen Institute.
- Our February Progress Report was submitted.

MARCH

- Created Youth T-shirts
- Youth Advisory Board members attended a Lions Club meeting to discuss Choose Your Path.
- Students from the Youth Advisory Board presented on the Color Run and how they would like to get a committee to start meeting about possibly putting one on.

APRIL

- Student Focus Groups were conducted
- We hosted a National Drug Take Back event with the Wauconda Police Department and the Wauconda Township. We collected 41 lbs. of unused medications
- Color Run Committee started meeting.
- Youth Advisory Board members created a "Positivity Video" and shared it with the coalition.

MAY

- We shared information regarding National Fentanyl Awareness Day (May 10th)
- The Youth Advisory Board received Narcan Training
- Environmental Scans were completed in Wauconda, Volo, and Island Lake.
- The Youth Advisory Board went to speak with the 8th grade class at Matthews Middle School. The students talked about the group but also answered any questions the students had about High School.
- We gained a new Business Sector Representative - Trach Lehman from Bungalow Printing!
- We sent out our Parent Survey this month through the school district
- During Prom we promoted the "Parents Who Host Lose the Most" Campaign

JUNE

- Our monthly meetings starting taking place at the Wauconda Area Public Library in their Lincoln Room.
- Our Postcards were mailed out to all families in District 118.
- Choose Your Path volunteered with the Summer Lunch Program in Wauconda.

JULY

- Our Got Outcomes Application was submitted
- We started attending the Wauconda Farmers Market
- Choose Your Path volunteered with the Summer Lunch Program in Wauconda.

AUGUST

- Our August Progress Report was submitted
- We attended the Wauconda Farmers Market
- We attended National Night Out
- Our Youth Advisory Board welcomed 10 new members
- Choose Your Path volunteered with the Summer Lunch Program in Wauconda.

SEPTEMBER

- Our Youth Advisory Board member, Autumn, won the Mayor Service Award.
- Rebecca Price presented on the Illinois Youth Survey Data from 2022
- We attended the Latin Heritage Fest.
- We attended the Wauconda Farmers Market
- Our Youth Advisory Board welcomed 2 new members
- During Homecoming week we promoted the "Parents Who Host Lose the Most" Campaign
- Our Youth Advisory Board voted on their own Executive Board.

COMMITTEE REPORTS

We had 4 subcommittees meet throughout the year of 2022

- Outreach Committee
- Strategic and Action Planning Committee
- Youth Advisory Board
- Sustainability Committee

Each committee met for various reasons and helped move along the work of the coalition. Choose Your Path members are always encouraged to join a subcommittee to work on a specific goal.

OUTREACH COMMITTEE

- The Outreach Committee met a total of 2 times in this past year.
- The committee created our Welcome Letter and our Recruitment Letter.

STRATEGIC AND ACTION PLANNING COMMITTEE

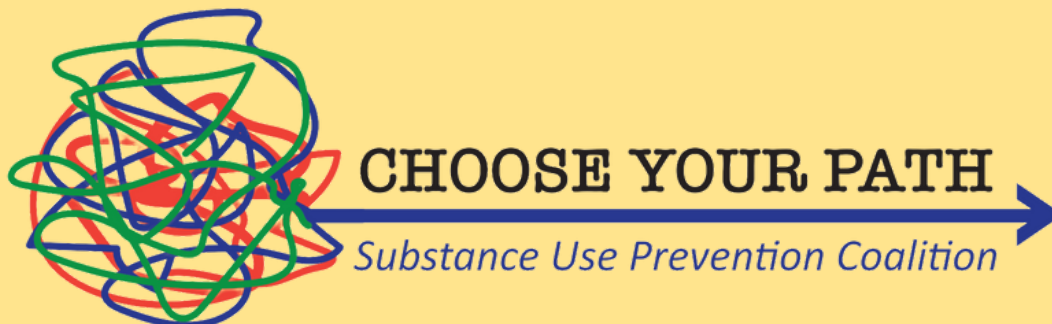
- The Strategic and Action Planning Committee met a total of 7 times in this past year.
- This committee has been in charge of keeping our National Coalition Academy Products up to date. This would include our Community Assessment, Logic Models, Action Plans, and Evaluation Plans.
- This committee was also responsible for planning both the Youth and Adult Focus Groups, the questions for both Focus Groups, and planning the Environmental Scans.

YOUTH ADVISORY BOARD

- The Youth Advisory Board met a total of 10 times in the past year.
- The Youth Advisory Board grew from 3 students to 24 students this year.
- The students asked to have their own Executive Board within the Youth Advisory Board. Voting for this took place in September.
- The Youth Advisory Board has helped with volunteering at events, creating social norm campaigns, participating in Environmental Scans, providing presentations to both 8th grade classes at the middle schools and overall helping spread the mission of the Choose Your Path coalition.

SUSTAINABILITY COMMITTEE

- The Sustainability Committee has met a total of 2 times this year.
- This committee is responsible for creating a Sustainability Plan for the coalition once the DFC Grant funding ends.
- This committee also started to learn about the process of becoming a 501(c)(3) organization in the state of Illinois. They are planning to have this process completed in 2023.



WHAT IS COMING UP IN 2023

Here are just some of the things Choose Your Path will be focusing on during the next year.

- Postcard Mailing - Our Youth Advisory Board is currently working on creating a postcard that will be mailed to households in Wauconda.
- Prom and Homecoming - During Prom and Homecoming we will be planning to educate the community on Social Hosting Laws and promoting the "Parents Who Host Lose the Most" Campaign.
- We will be completing our application to become our own nonprofit organization.
- Data Collection - we are planning to complete Focus Groups, Environmental Scans, Compliance Checks, and Key Informant Interviews.
- National Drug Take Back Day - we are hoping to plan the same event in April of 2023.
- Future Social Norm Campaigns - These will be created by our Youth Advisory Board and Coalition members.
- Trainings - Narcan training for our Youth Advisory Board, CADCA Leadership Forum, "Hidden in Plain Sight" Training



Choose Your Path would be no where without the hard work and dedication from all it's members! So THANK YOU for all that you do and we are looking forward to all the work we will do in the next year!

