

# Kratom



<https://novarecoverycenter.com/addiction/heroin-addiction-what-is-kratom/>

Kratom is a plant based product sold "over the counter" in many convenience marts and vape shops. In recent years, this drug has been becoming a growing issue in the United States and most states have already banned any use for this drug.

Kratom can be used to relieve pain, improve concentration, boost energy, or help with Opioid withdrawal. Despite what people believed, health experts determined that Kratom does not help with addiction at all and should not be used medically.

The DEA lists Kratom as a Drug of Concern. The FDA's stand is to ban the purchase and selling of Kratom as a herbal supplement unless it is proven medically effective. According to the FDA, "Kratom is abused for its ability to produce substance-like effects...Kratom is an increasingly popular drug of abuse and is readily available on the recreational drug market in the United States. Evidence suggests that kratom is abused individually and with other psychoactive substances. In the United States, kratom is misused to self-treat chronic discomfort and withdrawal symptoms."

**Drug use problems can be complex and often vary from person to person. It is important to note that the information provided is to be used as a guide only and may not be suitable for your own situation.**



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## NICKNAMES FOR KRATOM:

- Biak
- Ketum
- Kakuam
- Ithang
- Thom

## PHYSICAL EFFECTS AND SIGNS OF USE:

### **Low/Moderate Dose:**

- Increased sociability
- Physical Energy
- Increased talkativeness
- Extreme happiness
- Increased alertness

### **High Dose:**

- Opioid Like Effect
- Euphoria
- Respiratory Depression

### **LONG TERM:**

- Weight Loss
- Anorexia
- Dry mouth
- Skin Discoloration
- Constipation
- Psychotic Episodes
- Reduced Cognition
- Muscle Aches
- Paranoia
- Trouble feeling Pleasure
- Hallucinations
- Insomnia

## METHODS OF INGESTION:

- Chewing
- Powder for tea
- Tablet
- Capsule
- Extract

## OVERDOSE EFFECTS:

- Agitation
- Irritability
- Tachycardia
- Nausea/Vomiting
- Drowsiness
- Poor Concentration
- Psychosis
- Seizures
- Hypertension
- Liver Damage
- Death

**NOTE: Researchers are still attempting to figure out more symptoms that result from Kratom**

**Scan me to learn more!**

