



BREAKFAST

OCTOBER 2026

Tamaroa Grade School Cafeteria

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Empanada
Hashbrowns
Or
Cereal & Toast
Fruit/Juice
Milk

Blueberry Liege Waffle
Or
Cereal & Toast
Fruit/Juice
Milk

Chicken Sausage
Muffin
Or
Cereal & Toast
Fruit/Juice
Milk

Pancake Puffs
Yogurt
Or
Cereal & Toast
Fruit/Juice
Milk

NO
SCHOOL!!!

NO
SCHOOL !!!

Fruit Pizza
Or
Cereal & Toast
Fruit/Juice
Milk

Cinnamon Pretzel Stick
Cream Cheese Glaze
Or
Cereal & Toast
Fruit/Juice
Milk

Smothered Breakfast Chicken
Or
Cereal & Toast
Fruit/Juice
Milk

Egg, Cheese, Turkey Sausage Sandwich
Or
Cereal & Toast
Fruit/Juice
Milk

Breakfast Empanada
Hashbrowns
Or
Cereal & Toast
Fruit/Juice
Milk

Blueberry Liege Waffle
Or
Cereal & Toast
Fruit/Juice
Milk

Chicken Sausage
Muffin
Or
Cereal & Toast
Fruit/Juice
Milk

Pancake Puffs
Yogurt
Or
Cereal & Toast
Fruit/Juice
Milk

Scrambled eggs, sausage & Toast
Or
Cereal & Toast
Fruit/Juice
Milk

Mini Cinnamon Donuts
Yogurt
Or
Cereal & Toast
Fruit/Juice
Milk

Fruit Pizza
Or
Cereal & Toast
Fruit/Juice
Milk

Cinnamon Pretzel Stick
Cream Cheese Glaze
Or
Cereal & Toast
Fruit/Juice
Milk

Smothered Breakfast Chicken
Or
Cereal & Toast
Fruit/Juice
Milk

Egg, Cheese, Turkey Sausage Sandwich
Or
Cereal & Toast
Fruit/Juice
Milk

[Menu may be subject to change]