HOLY NAME OF JESUS CATHOLIC CHURCH

511 Second Street • Henderson, KY 42420 (270) 826-2096 holynameparish.net

MISSION STATEMENT

Holy Name of Jesus, a Catholic Parish in the Diocese of Owensboro, Kentucky, is dedicated to living the Gospel message. We strive to build community by celebrating God's presence in Word and Sacrament. Through our gift of diversity, guided by the spirit, we witness Christ's love for God's people by our compassion for all







Lenten Season: Focusing on our Prayer Life by Fr. Larry McBride

"The annual Lenten season is the fitting time to climb the holy mountain of Easter. The Lenten season has a double character, namely to prepare both catechumens and faithful to celebrate the paschal mystery. The catechumens, both with the rite of election and scrutinies, and by catechesis, are prepared for the celebration of the sacraments of Christian initiation: the faithful, ever more attentive to the word of God and prayer, prepare themselves by penance for the renewal of their baptismal promises." (Ceremonial of Bishops, 249) During Lent we are called to be ever more attentive to the word of God and prayer and since we are focusing on prayer this year in the diocese it gives us the perfect opportunity to put a greater focus on our prayer life.

Let us begin by asking ourselves a few questions:

Are we happy with our prayer life?

Do we need to spend more time in prayer?

Do we pray as a family together?

Do we regularly pray individually and with the community?



I think many of us would answer that we need to pray more or at least that more prayer would not hurt us any. There are some regular prayer opportunities in the parish that you may want to take advantage. On Tuesday at 9:30 AM a group gathers for Lectio Divina in the Parish Hall. Lectio Divina is an ancient form of prayer based on scripture reflection. Lectio Divina is also prayed every other Saturday morning following the 7:00 AM Mass. You can call the parish office to get dates. On Tuesday at 6:00 PM a group gathers in the Panis Angelicus Chapel to pray the Rosary.

During Lent we offer other times for Prayer in the Parish. The Stations of the Cross are prayed on Fridays following the 12:05 PM Mass and in Spanish at 6:00 PM on Fridays. During Lent, we also gather with our Christian brothers and sisters on Wednesdays at noon for prayer and worship. We gather at various churches for a prayer service and then lunch. You will find the schedule of churches in the bulletin. We cancel our Wednesday noon Mass during Lent so that more people are free to attend these wonderful moments of prayer. On Wednesday evenings, we have our "Light is On For You" Prayer. This begins with a light dinner at 5:30 in the parish hall followed by a presentation. We will then move to the Church for Eucharistic Adoration and the opportunity to receive the Sacrament of Reconciliation. This is a wonderful time for community, reflection and prayer. Our topic this year will be on Racism and how we are called to live out God's call for justice in our world. On March 19, we will have our Communal Reconciliation Service at Holy Name. This year Bishop Medley will be with us for the Communal Reconciliation Service to speak about, Mercy, Forgiveness and Encounter with Jesus as well as to hear confessions. Bishop Medley requested the opportunity to take part in Communal Reconciliation Services throughout the diocese as a part of our Year of Prayer in the Diocese.

I hope that you will take part in one of these opportunities to assist with your prayer life and to help prepare you to renew your baptismal promises during Easter.

Lent is also a wonderful time to strengthen our family and personal prayer life. I would encourage every family in the parish to try to find some time to pray together as a family. Is there a time when the family seems to naturally come together? This may be in the car, around the table or in front of the television. Take advantage of this time to shut off the radio or the television and to pray. Start small with 5 to 10 minutes and then seek to expand the time spent in prayer. Your prayer can be as simple as reciting memorized prayers or heart prayers and reflecting on Scripture. Praying together as a family has a great impact on the intimacy of the family.

St. Augustine says that our hearts are restless until they rest in God. Prayer is that act of letting our hearts rest in God. I am praying that this Lenten Season is one in which your prayer life becomes much more fulfilling for you and your family. Let us promise to pray for one another.

Voices in the Parish

Temporada Cuaresmal

by Padre Larry McBride

"La temporada Anual de Cuaresma es el momento más apropiado para escalar la montaña sagrada de La Pascua. La temporada de Cuaresma tiene un doble carácter, es decir, preparar tanto a los catecúmenos como a los fieles para celebrar el misterio pascual. Los catecúmenos, tanto con el rito de la elección y los escrutinios, como con la catequesis, están preparados para la celebración de los sacramentos de la iniciación cristiana: los fieles, cada vez más atentos a la palabra de Dios y a la oración, se preparan por medio de la penitencia para la renovación de sus promesas bautismales." (Ceremonial de Obispos, 249) Durante la Cuaresma estamos llamados a estar cada vez más atentos a la Palabra de Dios y a la oración, y dado que nos estamos enfocando en la oración este año en la diócesis, nos da la oportunidad perfecta para poner un mayor enfoque en nuestra vida de oración.



Comencemos por hacernos algunas preguntas:

- ¿Estamos contentos con nuestra vida de oración?
- ¿Necesitamos pasar más tiempo en oración?
- ¿Oramos juntos como una familia?
- ¿Oramos regularmente individualmente y con la comunidad?

Creo que muchos de nosotros responderíamos que tenemos que orar más o al menos que más oración no nos haría ningún daño. Hay algunas oportunidades de oración regulares en la parroquia que es posible que desee aprovechar. El martes a las 9:30 AM un grupo se reúne para la Lectio Divina en el Salón Parroquial. Lectio Divina es una antigua forma de oración basada en la reflexión de las Escrituras. Lectio Divina también se reza todos los sábados por la mañana después de la Misa de las 7:00 AM. Puede llamar a la oficina de la parroquia para obtener las fechas. El martes a las 6:00 PM, un grupo se reúne en la Capilla Panis Angelicus para rezar el Rosario. Y los Miércoles tenemos el Estudio Biblico en Español.

Durante la Cuaresma, ofrecemos otros momentos para la Oración en la Parroquia. El Viacrucis se reza los viernes después de la Misa de las 12:05 PM y en español a las 6:00 PM los viernes. Durante la Cuaresma también nos reunimos con nuestros hermanos y hermanas cristianos los miércoles al mediodía para orar y adorar. Nos reunimos en varias iglesias para un servicio de oración y luego un almuerzo. Encontrará el calendario de las iglesias en el boletín. Cancelaremos nuestra Misa de mediodía del miércoles durante la Cuaresma para que más personas puedan asistir a estos maravillosos momentos de oración. Los miércoles por la noche tenemos nuestra oración "La luz está encendida para ti". Esto comienza con una cena ligera a las 5:30 en la sala parroquial seguida de una presentación. Luego nos trasladaremos a la Iglesia para la Adoración Eucarística y la oportunidad de recibir el Sacramento de la Reconciliación. Este es un momento maravilloso para la comunidad, la reflexión y la oración. Nuestro tema este año será sobre el Racismo y cómo estamos llamados a vivir el llamado de Dios a la justicia en nuestro mundo. El 19 de marzo tendremos nuestro Servicio de Reconciliación Comunal en el La Parroquia del Santo Nombre. Este año, el Obispo Medley estará con nosotros para el Servicio de Reconciliación Comunal para hablar acerca de: Misericordia, Perdón y Encuentro con Jesús, así como para escuchar confesiones. El Obispo Medley solicitó la oportunidad de participar en los Servicios Comunales de Reconciliación en toda la diócesis como parte de nuestro Año de Oración en la Diócesis.

Espero que participe en una de estas oportunidades para ayudar con su vida de oración y para ayudarlo a prepararse para renovar sus promesas bautismales durante la Pascua.

La Cuaresma es también un momento maravilloso para fortalecer nuestra vida de oración personal y familiar. Animo a todas las familias de la parroquia a tratar de encontrar un momento para orar juntos como familia. ¿Hay algún momento en que la familia parezca naturalmente unida? Esto puede ser en el automóvil, alrededor de la mesa o frente a la televisión. Aproveche este momento para apagar la radio o la televisión y para orar. Comienza con algo pequeño con unos 5 a 10 minutos y luego busque expandir el tiempo dedicado a la oración. Su oración puede ser tan simple como recitar oraciones memorizadas o oraciones de corazones y reflexionar sobre las Escrituras. Orar juntos como familia tiene un gran impacto en la intimidad de la familia.

San Agustín dice que nuestros corazones están inquietos hasta que descansen en Dios. La oración es ese acto de dejar que nuestros corazones descansen en Dios. Estoy rezando para que este tiempo de Cuaresma sea uno en el que tu vida de oración se vuelva mucho más satisfactoria para ti y tu familia. Prometámonos a orar el uno por el otro.





Kentucky Department of Agriculture Mobile Science Activity Center (MSAC)

Pictures at Left: Holy Name School welcomed a visit by a Kentucky Department of Agriculture Mobile Science Activity Center (MSAC) January 11. There are currently three MSAC trailers that travel the state. They have 9-10 work stations and can hold up to 30 students per activity. The MSAC trailers are a great source of agricultural education and each activity connects with core curriculum. The trailer that visited HNS stayed all day and held hands on activities for students in 5th-8th grade. Students learned about absorption capacity of corn, wheat, and sugar and good lab practices of observation and recording results. The HNS middle grades science department also saw a boost in equipment to include 6 new digital scales and 6 new stereo microscopes. The students are enjoying learning proper laboratory technique as they begin using the new equipment in their daily science classes. The visit of the MSAC trailer and addition of equipment to the science department were made possible by the Henderson Community College Agriculture Department and Robbie Williams.





NATIONAL **Schoo** WEEK

Pictured Above & Left: Holy Name School 8th graders and a select number of 7th graders participated in the School Choice Rally on Jan. 23 in Madisonville. This rally was in support of parents making the best educational choices for their children based on their needs. The rally highlighted the current bill under consideration in Kentucky for Scholarship Tax Credits. Scholarship tax credits are when an individual or business contributes money to scholarship granting organizations, which provide financial assistance to families so they can afford an

individualized education for their child. In return, donors receive a tax credit to offset their state liability tax. Attending the rally was a great way for our students to learn about politics, the needs private schools have for backing from legislators and other supporters, and how private education impacts the community as a whole. For more information or to support this bill go to https:// www.votervoice.net/CCKY/Campaigns/55981/Respond.

Voices in the Parish

<u>Holy Name Youth</u> by Peyton Hutson, Director of Youth

As this New Year begins we have a full schedule of fellowship and religious opportunities available for the seventh grade, eighth grade and High School youth in Holy Name Parish. Our High School youth meet almost every Sunday night and some Wednesday nights. There are also many opportunities for them to attend retreats, camps, and mission trips. Our JR. High students do not meet on an every week basis, but when we do meet it is usually big, exciting, and full of fellowship. These are words that I would use to describe the JR. High lock-in that took place here in January. There were sixty-five seventh and eighth graders who braved staying up all night to enjoy praise and worship and a lot of fellowship experiences. We stayed awake for over ten hours throughout the night. The youth were placed into teams of five for a bulk of the night as they competed in minute to win it games,

which left many of them very messy. The compassion and love that these youth embody was shown tremendously throughout our time together at the lock-in.

Our High School youth had a short break throughout the Christmas season to enjoy Sunday nights with their families. We picked back up in January with a game show night, which was full of many laughs and a dating talk by our very own Director of Liturgy and Music Jenny Gorman and her Fiancé Seth Mills. As we charge full speed ahead please remember to check the bulletin for a list of all of the events happening with the youth here at Holy Name of Jesus. On behalf of the youth, we would like to extend great thanks for being such a supportive Parish family. Without your support and prayers, our youth ministry wouldn't be where it is today. For information regarding our Youth Ministries, please contact Peyton at 826-2096 or phutson@holynameparish.net.



SEEDS & SPROUTS

Book Review by the Saturday Morning Prayer Group "Leonardo Da Vinci" By Walter Isaacson **REVIEWED BY Paul Kuerzi**



Leonardo Da Vinci would create the two most famous paintings in history, THE LAST SUPPER and the MONA LISA. But in his own mind, he was just as much a man of science and engineering. With a passion that was both playful and obsessive, he pursued innovative studies of anatomy, fossils, birds, the heart, flying machines, optics, botany, geology, water flows, and weaponry. The bastard son of a Venetian notary, he became the archetype of the Renaissance Man. His ability to combine art and science made him history's most creative genius.

Leanardo had almost no schooling and could barely read Latin or do long division. His genius was of the type we can understand, even take lessons from. It was based on skills we can aspire to improve in ourselves, such as curiosity and intense observation. He had an imagination so excitable that it flirted with the edges of fantasy, which is something we can try to preserve in ourselves and indulge in our children.

If you are as fascinated with getting the real story behind such masterpieces as THE LAST SUPPER and THE VITRUVIAN MAN, then you must read Isaacson's seminal work.





February: American **Heart Month**

Submitted by Catherine Roberts RN, BSN

February is American Heart Month and a great time to commit to a healthy lifestyle. Start small, because even the smallest changes can lead to heart health improvement.

Heart Disease is the leading cause of death for men and women according to the Centers for Disease Control and Prevention. During American Heart Month men and women are encouraged to give the gift of love for Valentine's Day that can reduce their risk of heart disease and stroke. Here are a few ways to start small heart healthy habits.

First, schedule a visit with your doctor to talk about heart health. It is important to have regular check-ups. Partner with your doctor and health care team to improve your heart health. Do not be afraid to ask guestions.

Add exercise to your daily routine. Start slow by walking or riding a stationary bike 10-15 minutes 3 times a week. Increase your endurance about every 15 days.

Increase healthy eating by cooking at home and limit your eating out. Use low sodium/low fat recipes. Increase your vegetable and fruit intake.

If you smoke, take steps to quit. Your doctor and health care team can help. There are now medications and support groups to help you through this process.

Take your medications as prescribed. Talk to your doctor about the importance of high blood pressure and cholesterol medications and their side effects. Work with vour health care team in finding medications that are affordable.



February 2018

FAITH FORMATION NEWS

By Rose Wheeler, DRE

While the snow may have changed a few planned events, it did not cancel all of them. On Saturday, January 20, a small group of RE catechists and 8th graders went to "Meet me at the Cathedral" in Owensboro. A gathering of 140-200 confirmation students praying, laughing, discussing, sharing and being present to one another during breakout sessions, tour of cathedral, meal, Q/A time with Bishop Medley and liturgy.

The conversation at dinner following mass and the drive home with students made every minute of this Saturday away from home "worth it!" Hearing the excitement of learning, having fun and being with youth around the diocese who share their faith, concerns, reservations, worries, joys, love and to deepen the belief that families continue to pour into them in as many ways as they can gives them the courage to say out loud, "this is the faith that I choose for myself!"

On January 22, Second Graders with their families, gathered in Church to approach the sacrament of Reconciliation for the 1st time. What a joyous evening it was! Although our retreat experience was canceled due to weather, the children were eager to approach this sacrament of healing. Cautious at first, it did not take long before families began to flow into the chapel to say the penance prayer included in the service. Parishioners, if you have an opportunity in the

next week or so, located in the chapel is a collection of the children's response to the question,

"How do you feel after 1st Reconciliation?"











Voices in the Parish

Newly Baptized

Celebration of Holy Baptism— Welcome to your Parish Family



Above: **Andrew Robert Haile,** child of Ryan and Kristen Haile, was baptized January 7, 2018.



Above: **Micayla and Hallie Pirtle**, children of Caitlin & Mitchell Pirtle, were baptized December 2, 2017.

Families are invited to submit baptismal celebration photos to jhagan@holynameparish.net Be sure to include names & the date of baptism.



Above: **Emmalynn Marie Tabor,** child of Jacob and Taylor Tabor, was baptized November 25, 2017.

Holy Name Women's Retreat By Teresa Thomas

On Jan. 19-21, we were blessed to have Fr. Larry McBride as our leader at Sarto Retreat House in Evansville. Our theme for the weekend was "Teach Us to Pray," which is the first step in our four year process of Evangelization in the Diocese. Our discussions included praying with scripture, praying with art and living as missionary disciples. Some of our activities included praying, Mass, the Rosary, Eucharistic Adoration, and Reconciliation. Our social time gave us the opportunity to get to know each other through meaningful conversations, fun games and meals. There was lots of sharing and laughter, and we are already looking forward to our retreat next year.

The twenty-three attendees were: Pam Alderson, Sheila Beaven, Phyllis Blasser, Debbie Bull-

ock. Janet Daily. Ranni Dillard, Lucia Felty, Lisa Francy, Alice Giarusso, Paulette Layman, Shannon Long, Sonya Mauzey, Theresa Morris, Anne Myers, Connie Phillips. Denise Ringlein, Pat Smith, Doris Stetter, Teresa Thomas, Pattye Tweddell, Marti Vickers, Marcia Williams, and Mary Anne Williams.



"Faith Alive Reflection"

Submitted by, Jenny Gorman

Hello to our Holy Name family. My name is **Steve** from Faith Alive and I would like to share with you one of our favorite pieces. You would be familiar with "Christ Be Our Light", written by Bernadette Farrell. The piece was originally written for an outreach program, to bring others to her Church and it was later shared by others. The song has a special mean-

ing to me, as a guiding light for God's peace. The first four verses speak of the longing we all have and how the truth can be found in God. I hope the next time you hear this song, it gives you the peace that it has us.



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St. Patrick's Day Bourbon & Brew March 17 @ Holy Name School



Bourbon Tasting, Appetizers, Men's Club Meal, Dessert Auction, Green Beer, DJ & Dance

Purchase Tickets at the church or School office, \$20

Holy Name School Annual Used Book Sale

Holy Name Used Book Sale will be Saturday, March 24, 8:00 a.m. to 3:00 p.m. and Sunday, March 25, 11:00 a.m. to 2:00 p.m. in the Holy Name School gym.

We are so thankful for the community involvement. Start planning now to attend the sale and stock up on your reading material. Don't forget to spread the word about the sale – word of mouth is our best advertising tool.

Our Holy Name School Erminia Evans Media Center is supported solely by fund raisers. Thank you in advance for all your support and putting us on your calendar.