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### **INFORMED CONSENT TO PHYSICAL THERAPY EVALUATION AND TREATMENT**

I hereby consent to evaluation and/or treatment of my condition by a licensed physical therapist employed by Thrive Physical Therapy & Wellness, PLLC. The physical therapist has fully explained to me the nature and purposes of the procedures, evaluation and course of treatment.

The physical therapist has informed me of expected benefits and possible complications or discomfort, which may result from skilled physical therapy care. In addition, the physical therapist has explained to me the risks of receiving no treatment.

I may experience an increase in my current level of pain or discomfort, or an aggravation of my existing injury or condition. This discomfort is usually temporary; if it does not subside in a reasonable time period, I agree to contact my physical therapist.

I may experience an improvement in my symptoms and an increase in my ability to perform daily activities. I may experience increased strength, awareness, flexibility and endurance in my movements. I may experience decreased pain and discomfort. I should gain a greater knowledge about managing my condition and the resources available to me.

The physical therapist has explained that there is no guarantee that the proposed course of treatment will improve my condition and that is possible, although unlikely, that the course of treatment may cause additional pain or discomfort or aggravate my condition.

In order for physical therapy treatment to be effective, I must participate in scheduled appointments unless there are unusual circumstances. I understand and agree to cooperate with and perform the physical therapy program developed for me. If I have trouble with any part of my treatment program, I will discuss it with my therapist.

The term "informed consent" means that the potential risks, benefits, and alternatives of physical therapy treatment have been explained to me. The therapist provides a wide range of services and I understand that I will receive information at the initial visit concerning the treatment and options available for my condition.

I have been given an opportunity to ask questions, and all my questions have been answered to my satisfaction. I confirm that I have read and fully understand this consent form. In the event of a change in medical status, I understand that my treatment may be modified, stopped, or referred to the appropriate practitioner. I reserve the right to withdraw at any time.

Printed Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_